



Sandesh

The biannual magazine

RAGHUBIR SINGH
JUNIOR MODERN SCHOOL

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English- Ms. Aarushi Tyagi
 Ms. Shivangi Rana
Hindi- Ms. Damyanti Bisht

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Dear Readers,

The school magazine is testimony to the constant buzz in the school corridors and the continuous growth we aspire to achieve. It is a mark of our perseverance, the wind beneath our wings and gives life to our aspirations. It is a reflection of the school's culture and ethos. With each passing year, with the invaluable contributions from our students, it has become an example of brilliance. Taking it forward with the same spirit, we present to you the latest edition of the school magazine – Sandesh.

You can read about the latest initiatives taken by the school

From the Editors' Desk

in the section 'New at RSJMS' which chronicles activities

and endeavours – primarily, the Happiness Curriculum, RoboWizard classes by NASCA and 'Three wise Men' the e-newsletter from the Savitri Pratap Singh Block. From Independence Day celebrations to Special Assemblies, School Excursions and travel accounts – the reports and articles are sure to delight you. This edition also covers the Founder's Day function. You will be delighted to know that members of our Doodle Team have worked tirelessly to create illustrations to go alongside articles written by students for Potpourri, Udaan and other sections.

Moreover, the issue captures the generosity and good will of our students. The experience of putting it together has been humbling and inspiring. We couldn't have achieved this without your contributions and suggestions. Do keep writing and keep the Sandesh inbox flooded with your mails. We hope you derive as much pleasure reading it, as we have while putting it together.

Aarushi Tyagi
Shivangi Rana
Damyanti Bisht





20th March 2019

Valedictory Ceremony

For the Outgoing P5 Batch
2018-2019

the Chief Guest highlighted in achieving success. He also spoke about life skills and career aspects and wished the outgoing students a bright and successful future. He urged the students to be "innovative" in all their future endeavours, as the future rests on the shoulder of these global citizens. Amidst an enchanting rendition of the songs "Lab pe aati hai dua" and "Eye of the tiger" by the students, the memorable ceremony drew to a close. It was a warm send off to the cherished members of the R.S.J.M.S family!

Ms. Sunita Patnaik, Teacher



As we walked into the Doris David Auditorium on the morning of 20th March, 2019 for the very last time, clad in the blue *khadi* which has become a defining part of who we are and has woven us into an unbreakable bond for the rest of our lives, one could tell that it was a momentous occasion for each and every one of us. We were to bid adieu to R.S.J.M.S, a place that saw us grow from singing nursery rhymes to singing songs that celebrate the unsung heroes of our nation and a place that helped us little toddlers blossom into proud young modernites, each with something special and unique to offer to the world.

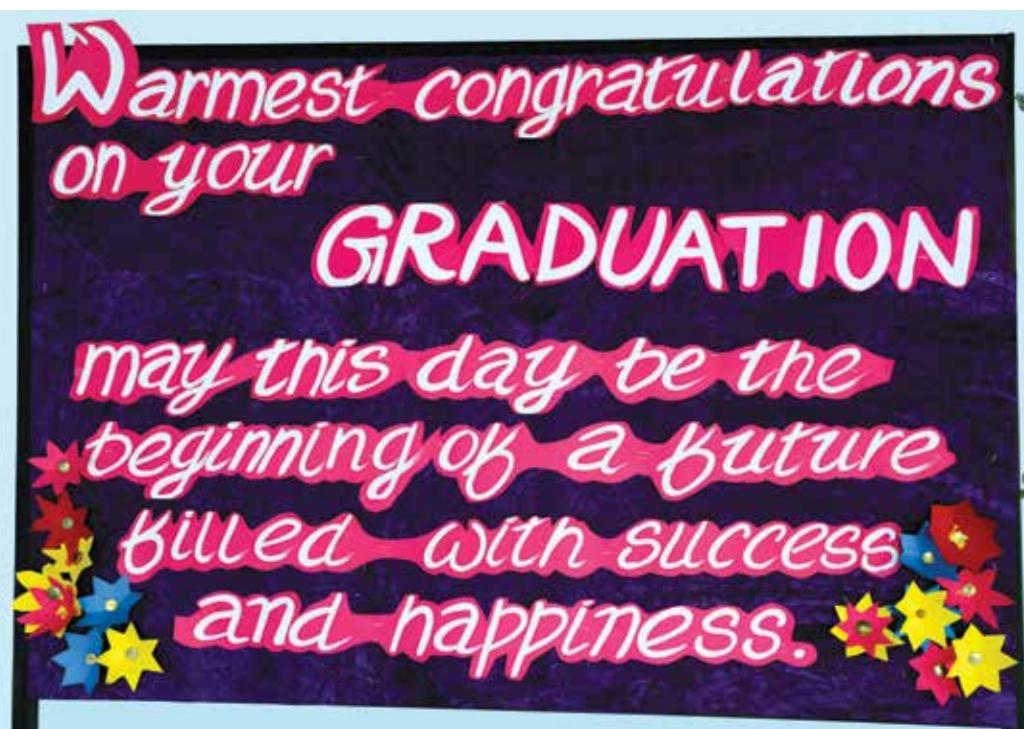
As another year went by, Raghbir Singh Junior Modern School was ready to bid farewell to another batch of P5 students. The annual Valedictory Ceremony for the outgoing batch of Class P5 students (2018-2019) was held on 20th March, 2019. The Chief Guest for the day was Mr. Vivek Sharma, Chairman Raghbir Singh Junior Modern School. The occasion was also graced by Mr Ashok Pratap Singh, Senior Trustee and former President Board of Trustees, Modern Schools and other distinguished guests.

The programme commenced with the valedictory speeches where the students nostalgically reflected upon their journey in R.S.J.M.S and expressed their heartfelt gratitude for all the learning received through the years. This was followed by the Awards Ceremony wherein the deserving students were honoured for their academic excellence and meritorious performance in co-curricular activities. The symbolic lighting of the lamp by the Headmistress, added to the heart-warming ceremony.

The Headmistress, in her address, urged the students to be achievers, aiming for the best always. In his inspirational speech,

the inspiring words of our Chief Guest, Mr Vivek Sharma will stay with me forever. He told us to follow our dreams and pursue excellence in all our endeavours. He urged us to think out of the box, to not succumb to mediocrity or convention but to carve our own path and to always be the best version of ourselves, not just as modernites but as future citizens of the world. In the same spirit our Headmistress, Ms Manju Rajput, wished the students happiness and success, and encouraged us to chart their future course in the light of values taught at the Junior School, alluding to the adage, "The routes may change, but the roots remain the same." The ceremony came to an end with the joyful flinging of the caps to mark the end of our journey at R.S.J.M.S, which would remain etched in my heart forever.

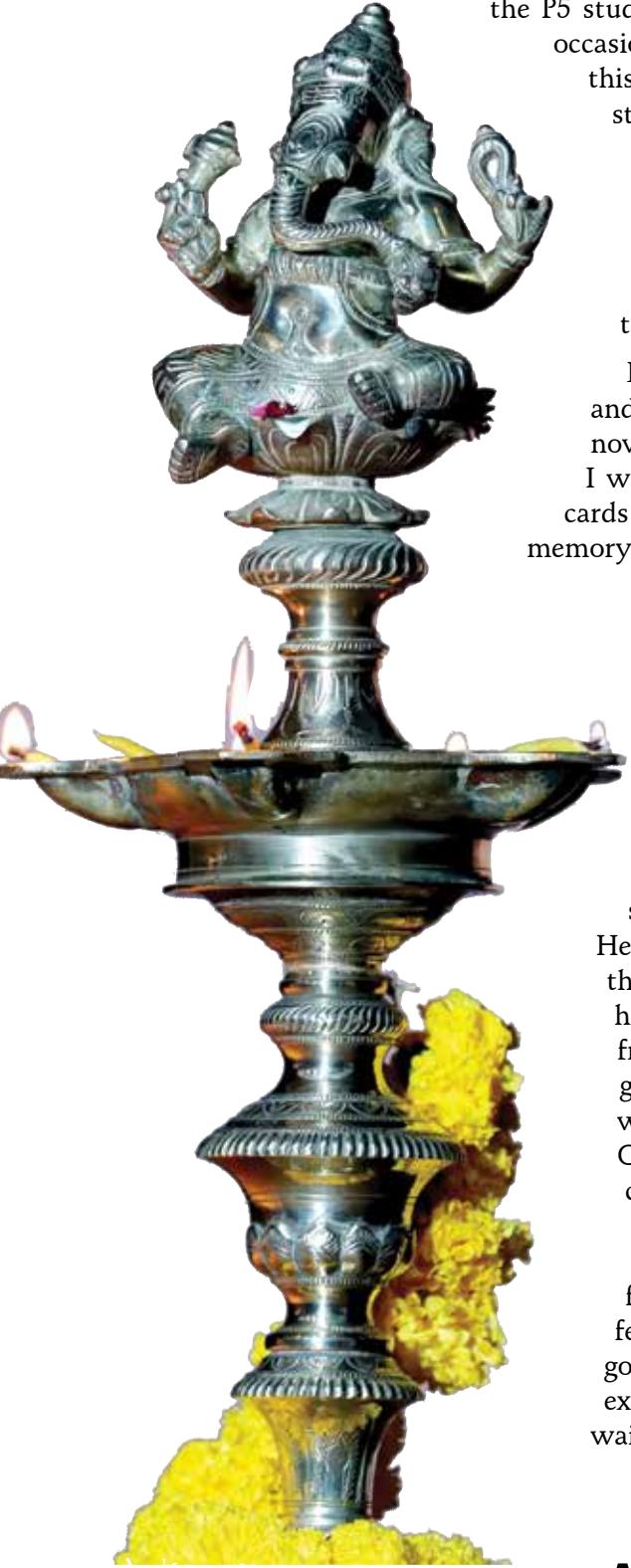
Zara Javed, P5 D (Now S1 A)



The Valedictory Ceremony was the most special day of my life as I got the chance of giving the valedictory speech. It was a very memorable experience as I spoke in front of almost seven hundred people. While practicing I thought that I will forget something in front of such a big audience. I was very nervous at first but did very well on the final day. I got appreciated for my speech by the chief guest. I got an award for the third position in the "Savitri Pratap Singh Hindi Elocution Contest". The valedictory ceremony was a moment of both sadness and happiness for us P5 students. We were all standing there with mixed feelings. I enjoyed a lot in the function. I will forever cherish every single moment of the prestigious event.

Miraya Kwatra, P5 E (Now S1 C)

The term Valedictory means farewell. 20th March, 2019 was a special day at R.S.J.M.S as it was the Valedictory Ceremony for the P5 batch of 2018-2019. This day was going to be our last day in our beautiful school. Each one of



the P5 students wore a blue robe and black hat and got ready for the occasion. I had mixed emotions of nostalgia and anticipation on this day. The event began with the Award ceremony wherein students were awarded for excellence. I received the prestigious 'Headmistress' Most Promising Student of The Year' award.

The master of ceremonies Ms. Sunita Patnaik ma'am spoke a few lines on how delighted the teachers were with my performance. I knew that my parents would be in tears to see me getting honoured like this. I am thankful to all my teachers for having faith in me.

Later, our Headmistress ma'am and Vivek sir gave a wonderful and inspirational speech. I had tears in my eyes as I felt that now I have to leave this school where I spent my last 7 years. I was so attached to my teachers and school. I gave thank you cards to all my teachers and got a picture clicked with them as a memory that I will cherish forever.

Aarav Budhiraja, P5 E (Now S1 G)

On our last day at R.S.J.M.S, all the P5 children were nervous, excited, sad and happy in our new gowns and caps getting ready for the valedictory ceremony. The entire D.D hall was decorated for the ceremony.

All the award winners were very jittery to go up on stage in front of the audience and meet the chief guest and Headmistress. My proudest moment was when I went to receive the Headmistress' award for "The most promising student". My heart swelled with pride and I could see my parents beaming from the corner of my eye. Then it was finally the time to go on the ramps and start singing. After the first song it was wonderful to hear those inspiring words from the chief guest. One of the most exciting moments was when we flung our caps into the air at the end of the valedictory ceremony. After the ceremony when we went up to our class we all got a teddy bear wearing a Modern School uniform as a souvenir from R.S.J.M.S. When we were walking down the stairs it felt like these were our last steps here in school. Then while going out of the gate we felt sad and nostalgic. But there was excitement too, knowing that we have a new fun journey waiting for us at Senior Modern School.

Amaara Ahuja, P5 B (Now S1 A)

Au Revoir!

We, popularly known as the Puri Twins, Krishna Puri and Shiva Puri, pen our thoughts together as we take this nostalgic trip down the memory lane of Humayun Road, at our Alma Mater, R.S.J.M.S. Seven years of learning and acquiring knowledge mixed with sheer fun and joy were about to come to its pinnacle. We were at the crossroads of life, till now being

so comfortably sheltered, and here on to our first encounter with responsible freedom.

We all had put in our best efforts and had practiced diligently for this day, not letting the coinciding final examinations be a deterrent to our Final Day! We proudly adorned our shimmering graduation gowns and hats. The day started off with the welcome of the guest dignitaries, Our Headmistress Ms. Manju Rajput, and parents. The award ceremony followed soon after, and we were both ecstatic in being announced as recipients of a few commendations.

Among the various awards presented to deserving students, I, Krishna Puri, received the award for the second position in the Savitri Pratap Singh Hindi Elocution competition, and I, Shiva Puri, was presented with a huge glittering winner's Trophy for the same competition, and also received an award for the third position for the Geetanjali Maken English Elocution. It was an immensely proud moment for our parents and us. The highlight of the ceremony was a befitting presentation by our entire batch with a grand musical extravaganza culminating in a memorable moment wherein we all flung our hats in the air in enormous jubilation.

We shall always be indebted to our teachers and parents for all the selfless efforts they made by investing their energies and focus on us to

make us worthy of these accolades. We remain infinitely grateful and blessed to have had such mentors in our founding years. We shall forever cherish and treasure our memories at our R.S.J.M.S for the rest of our lives. Much as we are apprehensive of the life ahead, we leave as an immensely confident batch, equipped to take on the challenges of the oncoming level of life!

Krishna Puri and Shiva Puri, P5 D (Now S1 B)



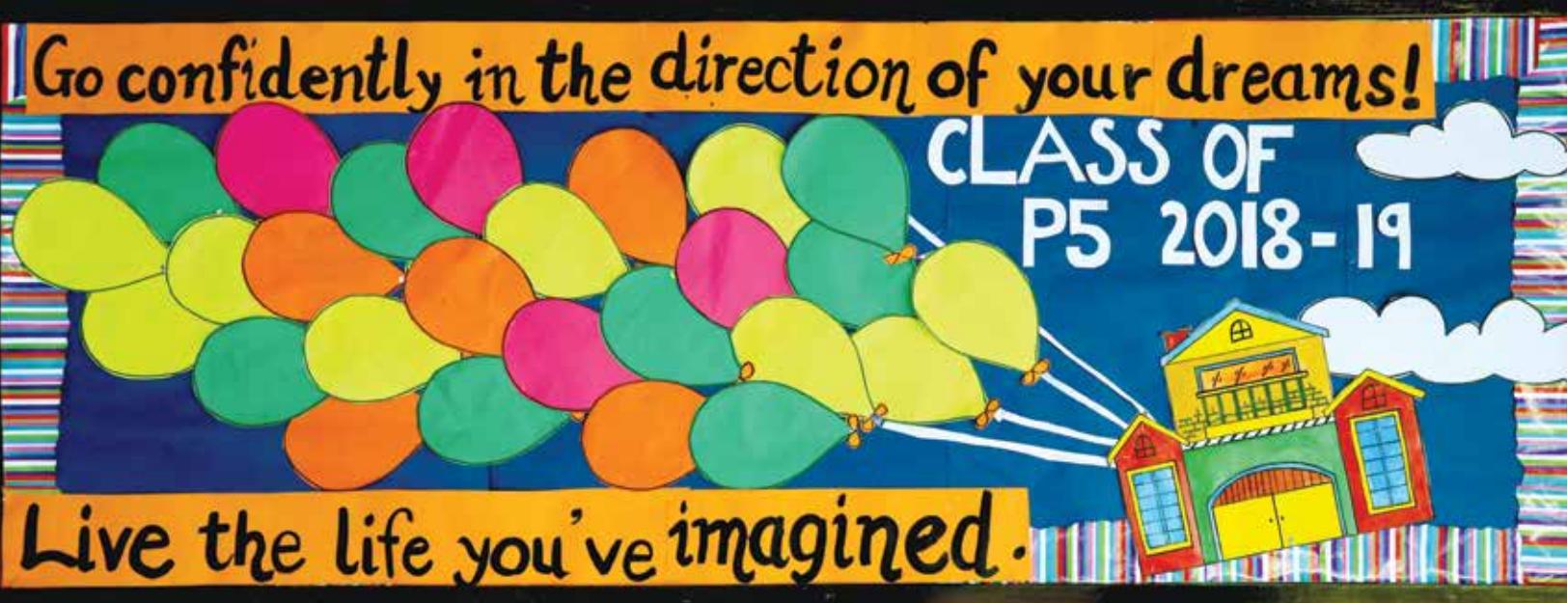


PHOTO GALLERY

VALEDICTORY FUNCTION





Nursery KG Orientation Programme 2019-20

On 9th April 2019, there was an air of excitement and anticipation at Raghbir Singh Junior Modern School. The parents of the new Nursery and KG classes were entering the precincts of RSJMS as a part of the Modern School family for the first time to attend the Orientation Programme!

The parents were familiarized with the history, vision and mission of the school as well as the impressive infrastructure, through a detailed and interesting slide presentation.

An insight was given into the teaching methodology and the activities that take place in the School. The presentation also highlighted the values which the RSJMS fraternity endeavours to inculcate in children and the importance of the role parents play in a child's overall development.

The Headmistress, Mrs. Manju Rajput gave the parents an overview of things to come, during their child's stay at the school. Thereafter, the Nursery and KG faculty was introduced to the parents.

Vandana Varadan, Teacher





Independence Day Celebration

8th August, 2019

Credits:

Co-ordinators:

Ms. Anupama Sharma
Ms. Lata Papnai

Directors:

Ms. Vandana Varadan
Ms. Damyanti Bisht

Script:

Ms. Damyanti Bisht

Training of Choir:

Ms. Lata Papnai
Mr. Suresh Kumar Bhatta

Training of Speakers:

Ms. Vandana Varadan
Ms. Damyanti Bisht

Training of Dancers:

Ms. Sudha Bhatt
Ms. Akanksha Grover

Audio Visuals:

Ms. Ritika Moza
Ms. Shivangi Rana

Costumes:

Ms. Anupama Sharma

Master of Ceremonies:

Ms. Malvika Dayal

स्वतंत्रता दिवस

हमारी पाठशाला में प्रत्येक वर्ष स्वतंत्रता दिवस के अवसर पर विशेष कार्यक्रम का आयोजन किया जाता है। इस वर्ष विद्यालय में स्वतंत्रता दिवस 8 अगस्त, 2019 को मनाया गया। इस अवसर पर गांधी जी के जीवन पर आधारित नाटक का मंचन किया गया। चूंकि इस वर्ष गांधी जी की 150वीं जयंती है और गांधी जी की भारत के स्वतंत्रता आन्दोलन में महत्वपूर्ण भूमिका रही है, इसलिए इस बार स्वतंत्रता दिवस का कार्यक्रम उन्हीं को समर्पित था। इस कार्यक्रम में गांधी जी के जीवन से जुड़े कई प्रसंगों को नाट्य रूप में प्रस्तुत किया गया था जैसे उनका दक्षिण अफ्रीका का अनुभव, नमक आन्दोलन इत्यादि। कार्यक्रम के मुख्य अतिथि भारत के मुख्य न्यायाधीश श्री रंजन गोगोई थे। वे भी इस प्रस्तुति से बेहद अभिभूत हुये। उन्होंने नाटक की भूरि-भूरि प्रशंसा तो की ही, साथ ही साथ बच्चों का उत्साहवर्धन भी किया।

पुलकेसी पाटिल, पी5 डी

मेरी पाठशाला में इस वर्ष स्वतंत्रता दिवस के अवसर पर गांधी जी के जीवन पर आधारित एक गीत नाटिका प्रस्तुत की गयी थी। इसमें गांधी जी द्वारा अहिंसा के धर्म को अपनाते हुए देश की आजादी में दिये गए सहयोग को प्रदर्शित किया गया था।





इसमें मैंने “दांडी मार्च” वाले गांधी जी का किरदार निभाया था। इसमें गांधी जी का दक्षिण अफ्रीका का अनुभव, नमक आंदोलन, गांधी जी के जीवन में अहिंसा का महत्त्व आदि दृश्यों का बेहद खूबसूरती के साथ मंचन किया गया। हमारी प्रस्तुति का मुख्य उद्देश्य दर्शकों को यह बताना था कि हमारे देश को स्वतंत्रता दिलाने में हमारे बापू और राष्ट्रपिता मोहनदास करमचंद गांधी का महत्वपूर्ण योगदान था। वे एक ऐसे व्यक्ति थे जिन्होंने अहिंसा के मार्ग पर चलकर भारत देश को बिना किसी अस्त्र-शस्त्र के आज़ादी दिलाई। हमें गांधी जी के जीवन से प्रेरणा लेनी चाहिए तथा उनके बताए आदर्शों पर चलना चाहिए। गांधी जी आज भी उतने ही प्रासंगिक हैं जितने वे आज़ादी से पूर्व थे। इस नाटिका में भाग लेना मेरे लिए अविस्मरणीय अनुभव है।

सौविक जैन, पी5 डी

हर वर्ष की तरह इस वर्ष भी विद्यालय से स्वाधीनता दिवस समारोह का निमंत्रण प्राप्त हुआ। निमंत्रण पत्र पढ़ने पर एक सुखद अनुभूति हुई कि इस वर्ष का समारोह राष्ट्रपिता महात्मा गांधी को समर्पित था। बापू की एक सौ पचासवीं वर्षगाँठ पर इस से बेहतर कोई विषयवस्तु हो भी नहीं सकती थी। गांधी जी के दर्शन और आज के जीवन में उसकी प्रासंगिकता को इस गीत नाटिका में बहुत ही सुंदरता से अभियक्त किया गया था। इसमें बेहद सरल तरीके से समझाया गया कि गांधी जी का दर्शन उनके जीवन के अनुभवों से उत्पन्न हुआ दर्शन था न कि किताबों से अर्जित शुष्क ज्ञान से। यह एक बेहतरीन अनुभव था। एक ओर जहाँ यह देखकर मन को सुकून मिला

कि आज की पीढ़ी को इस आधुनिकता के माहौल में भी गांधी की सार्थकता को समझने का मौका मिला, वहीं दूसरी ओर इसके लेखन, मंचन और प्रस्तुति ने मंत्रमुग्ध कर दिया। इस नाटिका की संवाद शैली समकालीन थी लेकिन भाषा शैली साहित्यिक। जिस तरीके से गीतों का प्रयोग कर गांधी जी को मंच पर जीवंत किया गया वह भी एक अद्भुत प्रयोग था। साथ ही बालक-बालिकाओं के उत्तम अभिनय और संवाद अदायगी ने इस मंचन को चार चाँद लगा दिए। इतने छोटे बच्चों का इतना सुंदर अभिनय और सहजता हमें यह एहसास करा रही थी कि कितनी मेहनत की होगी इस कार्यक्रम से जुड़े शिक्षकों ने। यह कार्यक्रम बच्चों को संपूर्ण शिक्षित बनाने की दिशा में विद्यालय का एक बेहतरीन प्रयास था। इस कार्यक्रम में अपने बालकों की मंच पर मंझे हुए कलाकारों जैसी प्रस्तुति ने हमें आश्वस्त किया कि वास्तव में यहाँ उनका सर्वांगीण विकास हो रहा है।

प्रवीण सिंह, पिता – अनन्या सिंह, पी5 एफ

कछ स्मृतियां ऐसी होती हैं जो जीवनपर्यंत याद रहती हैं। मेरी ऐसी ही स्मृति इस वर्ष के स्वतन्त्रता दिवस के साथ जुड़ी है। इस अवसर पर पूरे देश के साथ-साथ मैं भी खुशी से झूम रही थी क्योंकि मैं अपने विद्यालय में स्वतन्त्रता दिवस के उपलक्ष्य में आयोजित किए जा रहे कार्यक्रम में पहली बार मंच पर सूत्रधार की भूमिका निभा रही थी। इस अवसर पर गांधी जी के जीवन पर आधारित गीत नाटिका का मंचन किया गया। इसके माध्यम से हमने गांधी जी के जीवन दर्शन को बारीकी से जाना और समझा। मंच पर अपने किरदार को निभाते समय मुझमें थोड़ी घबराहट तो थी



किंतु धीरे—धीरे मेरा आत्मविश्वास बढ़ता गया। मंच पर प्रस्तुति देते समय अपने माता—पिता तथा अन्य सभी दर्शकों के साथ—साथ अध्यापकों की आँखों में अपने लिए प्रशंसा देखकर एक अलग ही गर्व की अनुभूति होती है, जिसका वर्णन शब्दों में नहीं किया जा सकता है। मैं अपने इस सुखद अनुभव को जीवन में बार—बार दोहराना चाहूंगी तथा उन सभी का हृदय से आभार व्यक्त करना चाहूंगी जिन्होंने मुझे यह सुअवसर प्रदान किया।

अन्विता उपाध्याय, पी5 सी

इ स वर्ष हमारे विद्यालय के स्वतंत्रता दिवस समारोह के अवसर पर हमारे प्रिय बापू यानी गांधी जी पर कार्यक्रम प्रस्तुत किया गया। मैंने भी इस कार्यक्रम में भाग लिया और गांधी जी के बारे में बहुत कुछ जाना और सीखा। गांधी जी ने सब को सत्य, अहिंसा, विनप्रता आदि का पाठ पढ़ाया। वे कभी भी किसी से रंग—रूप और जाति के आधार पर भेदभाव नहीं करते थे। गांधी जी के सिद्धांतों पर चलकर ही हमने स्वतंत्रता प्राप्त की। मैंने गांधी जी के सिद्धांतों से यह सीखा कि सत्य और अहिंसा की कभी हार नहीं होती। आज भी अगर हम गांधी जी के सिद्धांतों पर अमल करें तो अपना जीवन बहुत सुखी बना सकते हैं। हम सबको मिलकर यह प्रण लेना चाहिए कि हम गांधी जी के दिखाए हुए पथ पर चलेंगे और अपना जीवन खुशहाल बनाएँगे।

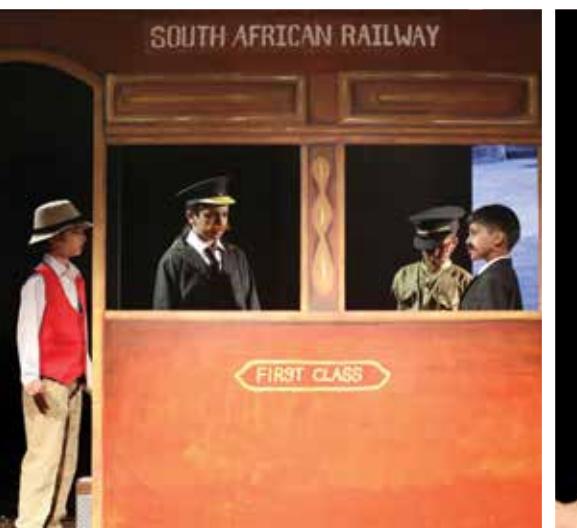
अमायरा जैन, पी5 ई

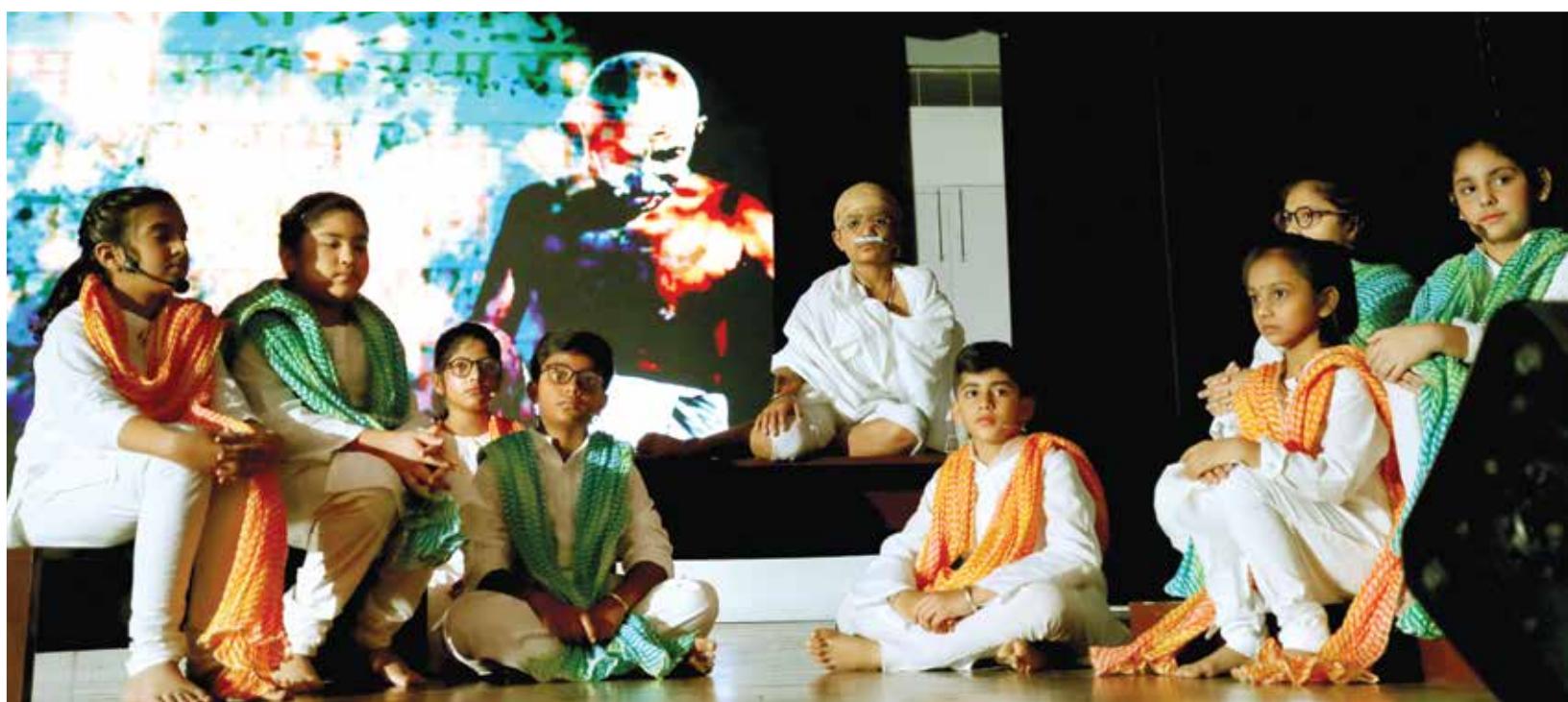
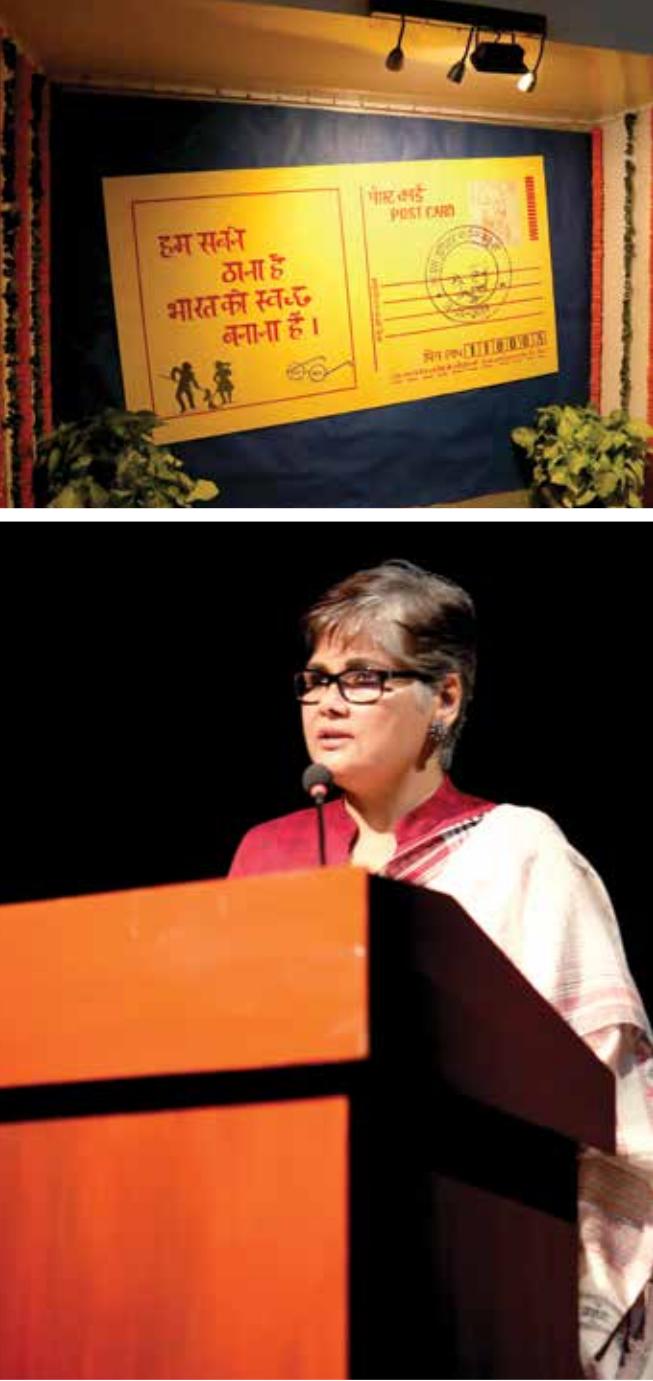


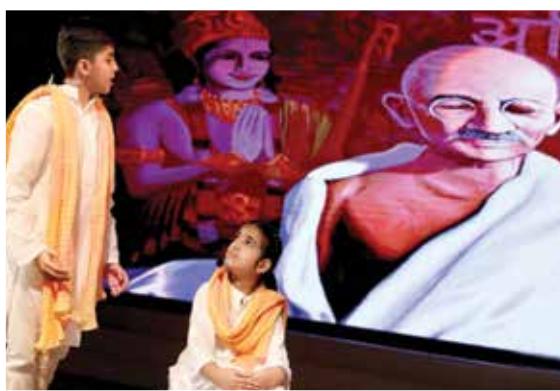
PHOTO GALLERY

INDEPENDENCE DAY CELEBRATION











28th September 2019

Founder's Day Celebration

Credits:

Concept and introduction

Ms. Manju Rajput

Creative team

Ms. Charu Mehta

Ms. Yameen Hasan

Ms. Sudha Bhatt

Ms. Akanksha Grover

Ms. Anshu Bedi

Costumes

Ms. Nita Gupta

Ms. Sudha Bhatt

Audio-Visual Presentation

Ms. Ritika Moza

Ms. Mona Singh

Coordinators

Ms. Alka Sethi

Ms. Charu Mehta

Ms. Nita Gupta

Ms. Puja Saxena

Master of Ceremonies

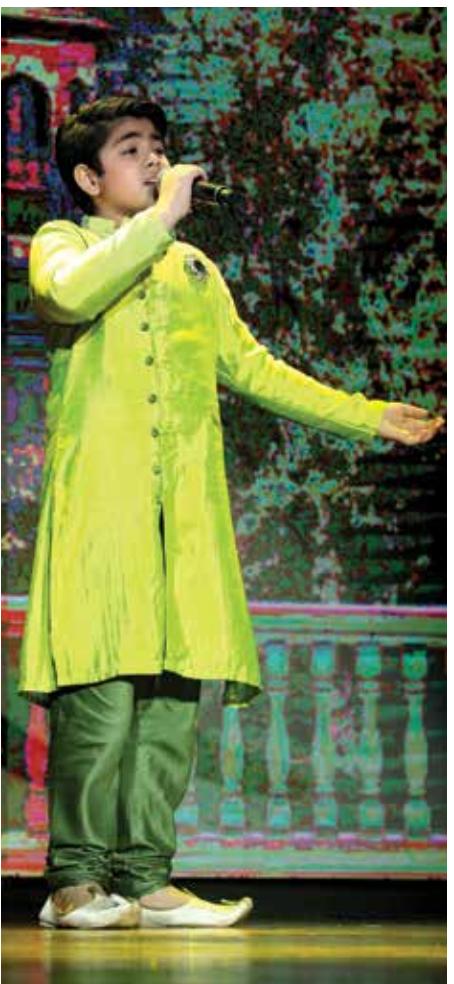
Ms. Amrita V. Singh

On the occasion of their Founder's Day, the students of Raghbir Singh Junior Modern School presented a spectacular musical 'Ek Pyaar Ka Nagma Hai' on 28th September 2019 at Sir Shankar Lal Hall, Modern School, Barakhamba Road. In a glorious tribute to one of the most respected and decorated playback singers of India on her 90th birthday - the legendary Lata Mangeshkar, the students highlighted her dedication, commitment and accomplishments in the field of music.

The Chief Guest of the day was Sh. Ashok Pratap Singh, Senior Trustee and Former President, Board of Trustees, Modern Schools. Ms. Ketaki Sood, President, Board of Trustees, Modern Schools, Ms. Anuradha Singh, Chairperson, Raghbir Singh Junior Modern School, Humayun Road and other dignitaries also graced the occasion. In her address, the Principal, Ms. Manju Rajput welcomed everyone and paid homage to the founder Lala Raghbir Singh.

Students looked resplendent in their costumes and enthralled the audience with their well-synchronized dances. The choir rendered melodiously some of the singer's most iconic memorable songs. The grand function ended with a loud and thunderous applause and appreciation for the magnificent presentation.

Anjali Singh, Teacher



Participating in Founder's Day: A thrilling experience

Getting the opportunity to take part in Founder's Day is one of the best things in P4. The thought of travelling to senior school for practices is most exciting.

For students of P4 and P5, it is also a fantastic opportunity to interact with the students of other sections and create a beautiful synchronised show together.

I was a part of the choir and I sang on the stage in front of my parents and grandparents. I was supposed to sing 'Ek pyaar ka Nagma' on the stage and on the final day I was very nervous and was actually shivering before going up on the stage, after all it was the title song of the entire event and all eyes would be on me! I hoped that I wouldn't make a mistake or trip and make a fool of myself. When the song was about to start, I remembered the last day of practice when Principal Ma'am and all the teachers had clapped for us and appreciated our hard work. I assured myself that my hard work will not let me go wrong. I built up my courage and gave my best.

I was participating in many other group songs like *Aapki aankon mein kuch*. It was the best moment of my life and I wish to participate in many such events in future. I cherished the fun I had in reaching school in the morning, running up to give attendance, sitting in the DD Auditorium, chatting with friends, quickly going and grabbing a seat in the bus, reaching senior school, putting our bags and getting into position. We would sit on the carpet. After 15 minutes we used to say our prayers and then the kids would split up. The singers would go on the choir ramp and the dancers would go back stage. The speakers would take their positions. After many run throughs, we would get time to grab a quick bite followed by another run through, which would finish by 4:30pm. I would reach home by 5:30 pm and get a royal treatment at home for doing so much hard work in school. I would be asked for my choice of breakfast and lunch contrary to a curt command to swallow down whatever was made at home or packed for school. I really hope I get selected for Founder's Day celebration practices again next year!

Vedaanti Gupta, P4 G



The Best Experience of my Life

My best experience in RSJMS was when I was selected for Founder's Day. I was honoured to get this opportunity. I was really excited to perform on the huge stage of Modern School Barakhamba Road. Our teachers worked really hard to make this event a success. The theme for our Founder's Day function was the legendary singer *Lata Mangeshkar*. Our function had a number of dance performances and legendary songs sung by the choir which were originally sung by Lata Mangeshkar in her magnificent voice. The best part of this function was it reminded the audience about the early 70s and 80s when these songs were very popular. I really enjoyed this function and loved spending time with my teachers and members of my dance group. Our performance was praised by the Chief Guest and our Principal Mrs. Manju Rajput.

Jiya Gupta, P4 F



Daughter of the Nation

A musical extravaganza... Truly mesmerizing and memorable in every way... An enchanting experience for both eyes and ears... This is in brevity my journey through and to the magical date 28th September 2019.

"EK PYAAR KA NAGMA HAI"

There could not be a better way to know and live the synonym of music: Lata Mangeshkar. A magnificent show in all its grandeur gave a glimpse of the artist who is immortal. A lively participation of energetic and melodious performances by narrators, of whom I was also one, characters, dancers and the choir took my young mind and soul deeply into the musical voyage. Instantly the complete journey of my preparation for the Founder's Day programme ran through my mind. From times of selections to practices and more practices reaching the final day, focusing on fine detailing of each and every aspect of stage performance including facial expressions, voice modulation and correct pronunciation of my script in narrating the journey of Lata Ji, my vocabulary got enriched.

I am a proud student of RSJMS and I am grateful to my school for enriching my life and making it musical with my first exposure to the iconic and ageless melody in the form of Lata Ji's voice which kept and will always keep echoing in my memory.

Laavanya Bhagwati, P5 E



Raghbir Singh Junior Modern School celebrated its Founder's Day on 28th September 2019 at Modern School Barakhamba Road. The school was decorated elegantly. Shri Ashok Pratap Singh, Senior Trustee and Former President, Board of Trustees, Modern School had been invited as the Chief Guest. He was given a grand welcome before he inaugurated the programme. I was very delighted when I came to know that I was selected in the choir group. Our performance was based on the theme 'Ek Pyar Ka Nagma Hai' through which we gave a tribute to Respected Lata Mangeshkar Ji on her 90th birthday. The preparations for this day began much ahead of the day itself, regular practice sessions were held, students were seen rushing for their practices and running back to their classes. We practiced at RSJMS for several days and in the last few days our teachers took us to the senior school. The choir comprised of around 80 students, all were immensely talented and I learned so much from everyone. Initially I was quite nervous for this performance but my parents and teachers encouraged me and I finally did it. The best part was, I learned a lot about Lata Mangeshkar Ji and had a chance to give her a tribute by singing some of her beautiful songs. Moreover, I couldn't take my eyes off the group of students who performed on these songs, their lovely postures, expressions, appealing costumes. It was a visual treat for me. Undoubtedly, it was great being a part of the choir group but I would also love to be a part of the dance group next time after being inspired by the dance performances this year.

In the end, I can't resist myself from saying....

Thank you RSJMS for giving me memories which I'll relish forever.

Viraj Chawla, P4 G

One of the most awaited occasions in any school is its Founder's Day. Great excitement and hurried activities are visible all around. The venue of the function, Modern School Barakhamba Road, was decorated with balloons, banners and lights.

Another important feature of the preparation was the regular practice session of the cultural programme to be staged on the appointed day. Students, participating in the dance, drama and music programmes were called for long rehearsals.

This year it has been sheer hard work as it was a musical tribute to the Indian Canary Lata Mangeshkar. We all participated in various acts to depict the life and songs sung by Lataji. Not just the dance and acts even the songs were sung by our school's students.

Our experiences during our rehearsals at senior school were so fun filled. Having awesome food at the school's canteen and sharing it with our new friends along with innumerable board games we used to play during our break made our day.

The long-awaited day finally arrived and everyone seemed to be immensely busy, rushing here and there for one reason or the other.

All, including the Principal, the teachers and the participants in the cultural programmes seemed greatly excited. Those who were supposed to come to the stage trembled in excitement and fear.

Finally, we performed really well and our programme winded up. The whole show looked as good as an IIFA event of Bollywood celebrities. This was our last performance from Raghbir Singh Junior Modern School. We would miss our teachers who brought the best out of us.

Neer Gupta, P5 D

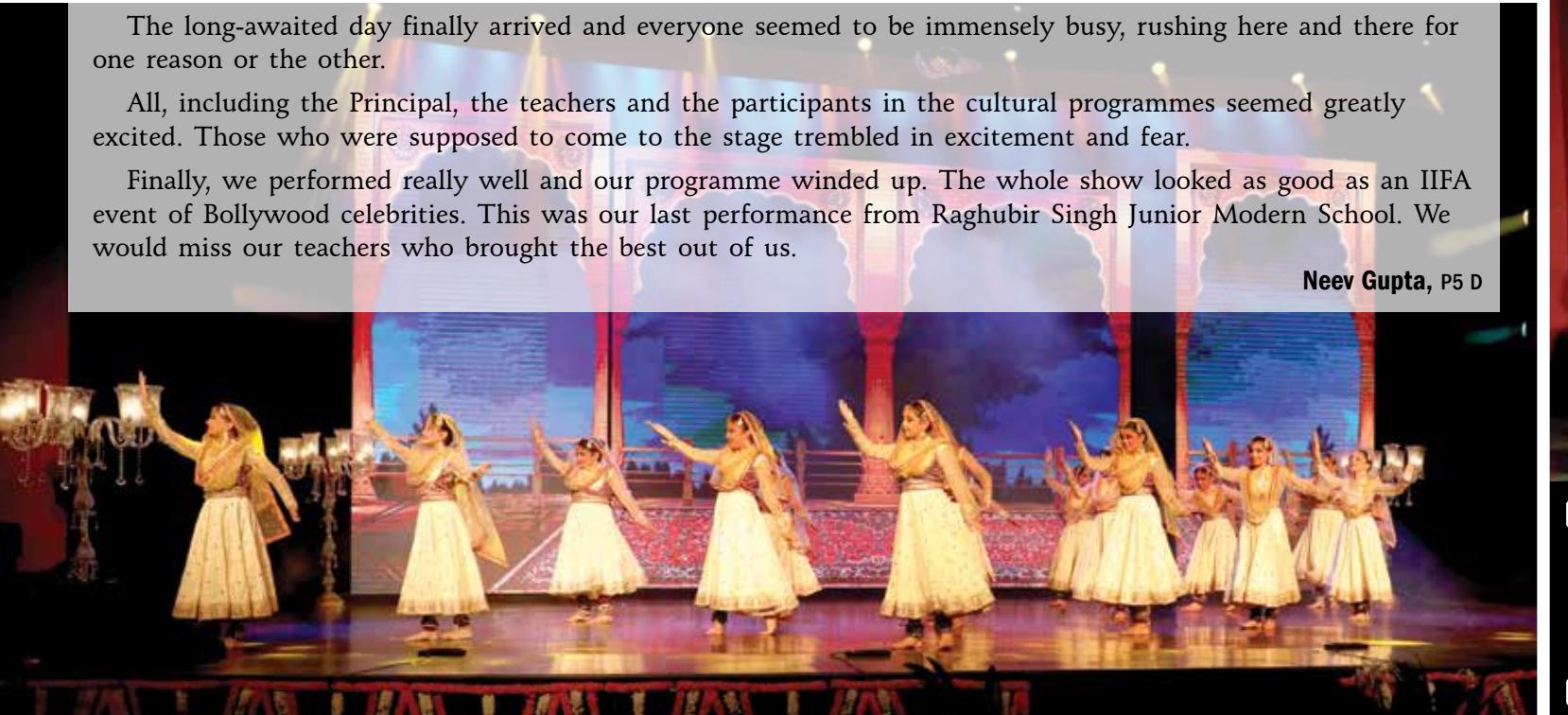
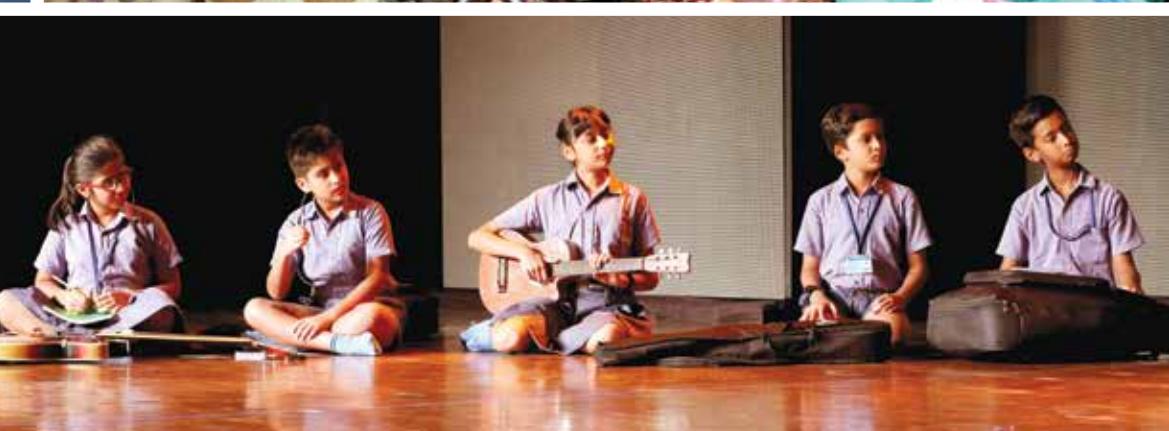
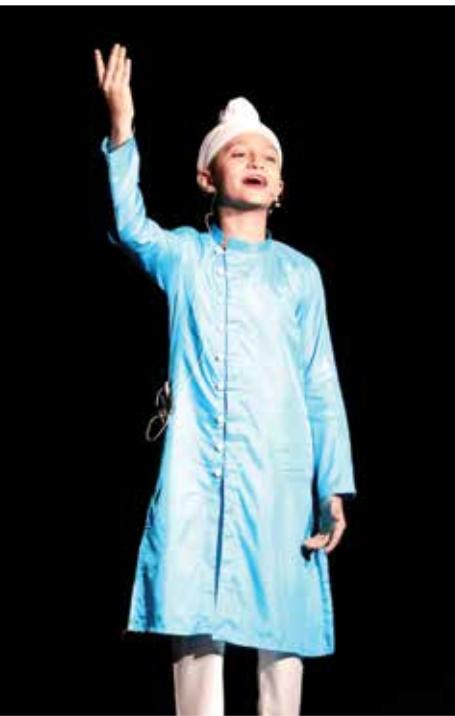


PHOTO GALLERY FOUNDER'S DAY CELEBRATION







Potpourri

The Day I Won a Prize

It is my dream to become a lawn tennis player and represent my country India, one day. My coach always encourages me and has full faith in me. My tennis academy had organized two separate tournaments for kids, *Under-8* and *Under-12*. There were players competing from other academies as well.

When the day came, I felt very nervous and tensed. However, Sir kept cheering me up as soon as our warm-up started. Given I was playing well in the warm-up phase and having realized my true potential, my coach asked me to compete against under-12 boys and girls instead of under-8. And then the tournament began. After winning the group stage, quarters and semi-final matches, I eventually reached the final round where I was competing against my opponent. As the match progressed, I started getting tired and my legs began to shake. My opponent was really strong and had a lot of stamina. I lost in the final round and got the silver medal. Although I came second, my coach was very happy with my performance. As it was my first tournament, he was proud of me. I hope one day I will be awarded the best player trophy for India and make my coach even more proud!

Niyansh Mittal, P4 B

A visit to the National Science Centre

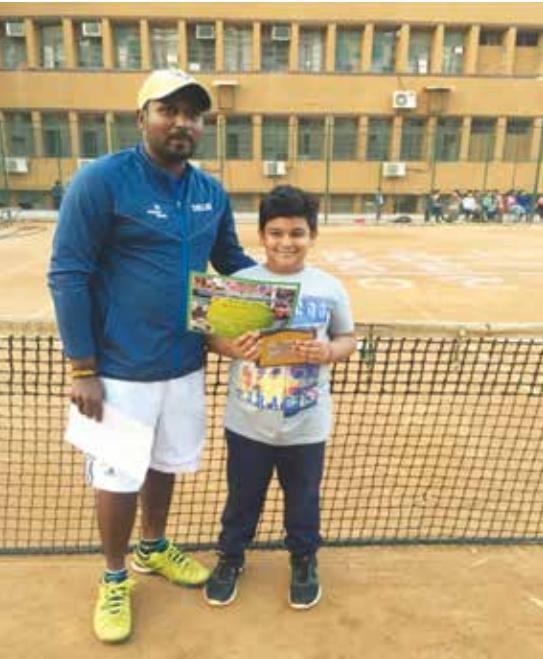
It was a Tuesday morning and despite being a weekday, I was at home since I had hurt my nose. I was not very happy to be home when all my friends were in school and I thought it was going to be a very boring day. Then, my mother suggested that I accompany her for some work to my brother's school. After finishing off at his school it suddenly struck my mother that we could spend the morning exploring the National Science Centre.

I got very excited with the idea and we decided to go to the Science Centre. As soon as we reached there, we saw students from other schools that had come there for a field trip. My mother got in the queue and bought the tickets.

As soon as we entered, we saw the first exhibit, which was a *magical tap*. It was astonishing as there was water flowing non-stop from the tap, but the tap was just hanging in mid-air and we wondered where the water was coming from. We then saw the freshwater and saltwater aquariums. I learnt that the clownfish, the famous character from Finding Nemo, is a saltwater fish.

Next, as we went to the section of inventions, my mother and I discovered that the number Zero was invented in India. We also learnt that cotton fabric was also discovered in India.

The next section was about Dinosaurs and I was looking forward to it. The models were amazing and looked so real. The Tyrannosaurus opened its jaw and mom and I shrieked and jumped with fright. The long neck of the Brachiosaurus swayed from side to side. We were really impressed with the re-creation of the Jurassic era in this section.





I curiously moved to the next section, which was all about my body. I found the skeleton, riding a bicycle, very amusing. My mother explained to me that it was showing us how all the joints in our body are used for riding a bicycle.

Finally, we came to the *Fun with Science* section, which had a mirror maze, magnets, rolling the ball and a bubble machine to explain viscosity. It was lots of fun trying out the various activities, and I would love to come here when I am older to understand some of the concepts better.

My school holiday turned out to be great fun and I was glad I didn't spend it watching television. The next day when I was back in school, I told my teacher and friends about my visit to the National Science Centre and how Science could be so much fun. I also suggested that it would be a good idea that all of us go to the National Science Centre for a field trip from school.

Vrinda Gupta, P4 D



Birthday Ritual

Birthday is a very special day for everyone. It's the time for celebrations in school and with friends and family. But for me, there is one more place where I like to celebrate my special day and that is 'PALNA'.

PALNA is an orphanage in Civil Lines. I have been celebrating there ever since I was three years old. On my special day, I host lunch/dinner for small children and distribute colouring books and colours. They get really happy to see cartoon shaped cakes and mostly enjoy black forest flavour. They cherish everything and their happiness brightens my day. After visiting PALNA, I have become more grateful for everything I have in my life. The feeling of gratitude and contentment I gained is the best gift I have received from PALNA. Everyone must celebrate their special day at places like PALNA to make it even more memorable.

Agasthya Kapur, P3 G

I am his Eyes, He is my wings

I am his Voice, He is my Spirit

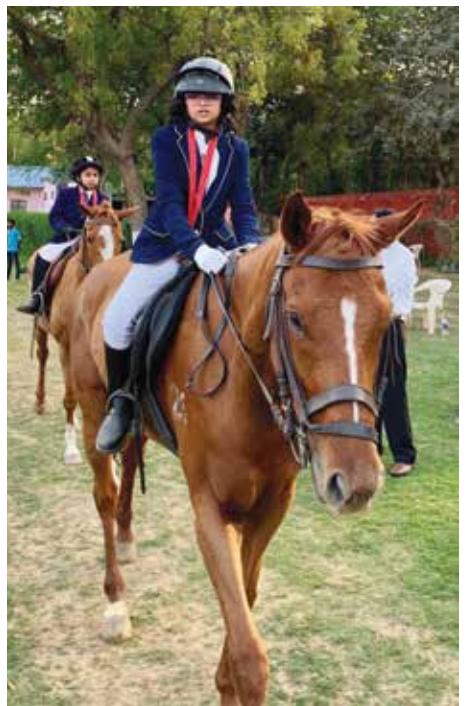
I am his Human, He is my Horse

I love horses and when I ride them, I feel I am free and I can fly. My horse Veeru is the kindest and most beautiful horse in the world. I speak to him and he understands me. He is calm and gentle and loves to run. When I canter on Veeru, I feel as if I am in a different world and I have no fears and worries.

I feel Veeru understands what I say to him and he always listens to me. When I rode Veeru at 34th DELHI HORSE SHOW 2019, he helped me win three medals and he won three ribbons. He is a young and gentle horse but, when he runs, he runs like the wind.

I look forward to wearing my breeches, boots, helmet, gloves and riding coat again soon.

Janya Verma, P5 F



My Encounter with a Tiger

My parents and I went to the Ranthambore Tiger Reserve in Rajasthan in January 2019. We hired a safari jeep and reached the jungle early in the morning to spot a tiger. It had been nearly an hour and we were eagerly waiting for the tiger to appear.

We were losing hope and were thinking of changing our spot. Suddenly I heard something, which sounded like a roar. I told my mother about it, but she dismissed it. We decided to move to another spot, however, before the driver could start the car, a huge tigress appeared from amongst the bushes. There were two cubs hiding behind her. She came very close to our car and roared. The trembling driver told us that she wanted to cross to the other side and our car was blocking the way.

But our driver had nearly frozen. My father gave a sudden thump on his back and the driver sprang back to life and immediately started the car. He reversed it slowly and parked it at a considerable distance from the tigers. The tigress then slowly moved to the other side with her cubs. As the tigress moved to the other side, she marked the forest as her territory and turned around to give us one last glimpse before disappearing into the jungle.

It was a nerve-wrecking experience for me, as I had never seen a tiger in the wild. I really enjoyed visiting Ranthambore and would love to go there again.

Contributed by Rehaan Rai, P2 E



My Kathak Performance

My name is Ananya Prasad and I am learning Kathak from Ms Asawari Pavar for the last one and a half years. Kathak is one of the major classical dance forms of India. As a part of Ms Pavar's Annual Show - 'Ulhas' - I got to perform on the stage at the CSOI on 10th May 2019.

I was a part of the junior group, which performed on four songs - *Ganesh Vandana*, *Kar Shringar*, *Tarana* and most fun of all - *Despacito*. The dance on Despacito was very interesting as we did Kathak on a Spanish song.

For the show, we wore a beautiful yellow and pink outfit that twirled as we danced. We had practiced hard for many weeks. The practice was very tiring but also a lot of fun as I got to spend time with my Kathak friends.

My teacher is my Guru, she is very nice and loving, just like my mother. She gave us a special treat of pizzas on the day of the show.

I was very nervous as well as excited as so many people had come to see our show. My grandparents, parents and friends came to see the show as well. On receiving a certificate from the Chief Guests, I felt on top of the world. Many people clicked pictures of my group and me.

My classmates from school and my class teacher had also wished me good luck. I wish all of them too were there to see the show.

I want to continue learning Kathak.

Contributed by - Ananya Prasad, P2 B

If I become the President of India

One of the major problems in our country, India, is *waste management*. It is creating a lot of health problems and is also polluting groundwater and killing animals. A lot is being done in our country, but we still need many strict laws to make India cleaner.

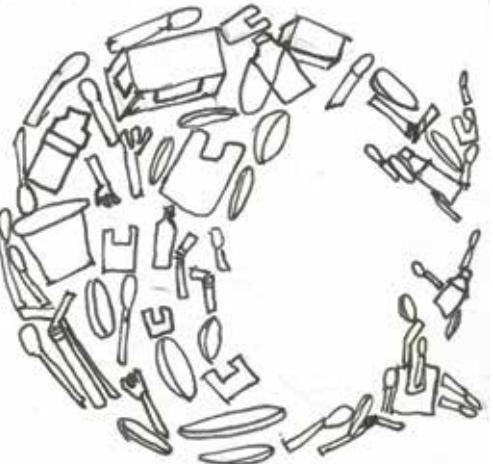
If I become the President of India, I will open centers where people will be taught about garbage disposal so that they can go from house to house to teach others. I will also make this topic compulsory in schools.

I will give benefits to scientists and companies who are working on new methods of using our waste.

Like there are electricity and water meters in our homes, there should also be a *garbage meter* so that we can check and reduce the amount of garbage disposal from every home.

It is my dream to make my country clean and green.

Aryan Gupta, P3 C



Pistachio Kulfi

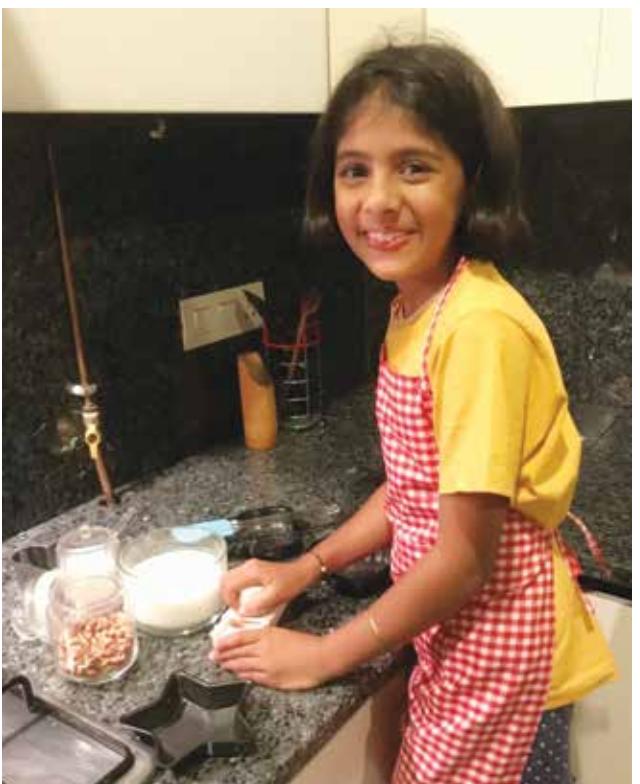
Kulfi is a universally loved sweet dish, which Indians eat at celebrations and also during summers whenever they get a chance to eat it. This recipe is quick, takes about 20 minutes and serves 4 to 6 people.

Ingredients

- Full cream fresh milk – 1litre
- Sugar -250 grams /6 spoons
- Pistachio -10 pieces
- Rose water -3 teaspoons

Instructions

1. Boil one litre of milk in a bowl and add sugar to it while boiling.
2. Let it cool down to room temperature.
3. Cut the pistachios into small slices and add them to the milk.



4. Add rose water. Stir the milk.
5. Now pour the milk in a greased ice-cream container and put it into a freezer for two hours.

Eat fresh and cold!!

Vedaanti Gupta, P4 G

Swallowtail Butterflies

Last summer I found some caterpillars at my grandparents' house. They were on a lemon tree, eating its leaves. I decided to keep them in a box. With my mother's help, I made a hole on the top of a shoebox and covered it with a net. The caterpillars ate leaves and became very fat. They changed colour from brown to bright green. Then they turned into cocoons. After about four to five days, they came out of the cocoons as beautiful black and white butterflies, with some orange, red and yellow spots.

We let them fly away and saw them around my garden often. By doing some research on the internet, we found out that these are *swallowtail butterflies*. I enjoyed this experience and loved seeing the butterflies flying in my garden. Later that year I found another variety of caterpillars on a milkweed plant. I kept these caterpillars too and they turned into *plain tiger butterflies*. I plan to continue keeping caterpillars and have even made a special netbox for them.

The population of butterflies in the cities is decreasing. Therefore, to help it increase, all of us must plant trees and plants, like milkweed, curry leaf trees, lemon trees, and China Orange trees, on which caterpillars and butterflies can live and grow.

Vivaan Backliwal, P3 D



CHAK DE! R.S.J.M.S

Who is not familiar with the movie "Chak de, India"? We at RSJMS have had a similar experience. The only difference is that instead of hockey, we played football!

When my twin sister and I started going for the morning practices, little did we know, we had to go through a rigorous routine of exercises on the first day itself. It was so tiring that we never wanted to go again for the practice. But the next day our mother insisted that we should forget our pains and go back for the morning practice. The second day was even worse than the first. We went back home with the thought of never returning back! But we pushed ourselves and with time the experience became better, and we were soon asked to start practicing after school also.

We were trained when it was hot, we were trained when it rained and we were trained when it was bitterly cold..... Then one day we were told that the Girls Football Team was going to participate in a football tournament at Cambridge School, Noida. The day of the tournament arrived. We were very nervous and when we saw our opponents we felt as if we had lost the match even before we had started. They were twice our size and double our weight. We lost the match against them.

But we were pushed, encouraged and guided to conquer our fears by our coaches and then we were told that we had to participate in the Vasant Valley Junior Sports Tournament next. This time we went with zero hope and a lot of anxiety.

On a cold winter morning, we played our first match and we WON!!! We couldn't contain our excitement. We went and played our second and third matches and after winning both of them, we reached the Semi Finals. All this happened when we had a wedding function going on in our house.

We won the Semi Final match against one of the strongest teams of SBS only to fight our last battle with the home team of Vasant Valley in the finals. On a cold winter morning, we lifted the Vasant Valley trophy by winning the Girls Junior Football tournament without conceding a single goal to our opponents throughout the tournament. We came back to our school to a huge welcome reception by our parents, teachers and our fellow football players.

The appreciation from our Principal was the icing on the cake. She congratulated us and made us feel so proud of our achievement.

Sana Gupta and Samya Gupta, P5 B



Young Poets



Amazing Childhood

I am six years old amazing,
I play, dance and giggle aloud.
I do not know how to keep quiet!
Rather I have hundred questions out.

I strout as a peacock some days,
And some days I like to scout.
I love to play board games,
And on weekend, iPad is allowed.

Tooth fairy grants all my wishes,
And so does Santa Claus.
My favourite issue is to find Unicorns,
As I seriously have my doubts.

My mom is my safe haven,
My dad is tall and stout.
I know I am not always right,
But my parents are always proud.

Don't burden me with many things,
I love to sing and dance.
Let me explore my abilities,
And let me SHINE and SPROUT.

Naisha Kaur Johar, P2 E

When I see stars....

The stars are very bright,
Like diamonds sparkling at night.

When I start counting them- one, two, three, four....
I wonder how they keep getting more and more.

They make different patterns and shapes,
Like mountains, rivers, snowflakes.

When I play with stars, I join the dots
I can make any shape in my thoughts.

They are sparkly white, pretty and shiny,
But my mother told me that they are very big and
only appear to be tiny.

They twinkle and are so full of light,
That they could light up the sky whole night.



Myra Rewal, P3 A

Sports Day

The time was here to get infinite compliments,
The day came with lots of excitement.

Yes, it was the sports day of my school,
All the children were looking super cool.

We greeted the chief guest with smiling faces,
March Past was done before the fun races.

Where the joy was of achieving the goal,
Everyone participated in their best role.

I asked myself to set the pace,
And tried harder to win the race.

I looked at the medal shining so bright,
Believe me, it was really a tough fight!

My house stood second in March Past and obstacle race,
Now I truly believe that slow and steady wins the race.

To win and hold the medal took me three years,
Motivation from teachers and friends helped me overcome my fears.

Reet Bhatia, P4 B



My Sister and I

I am my Sister and my Sister is me,
Do I look like her OR does she look like me?
We share each other's clothes and wear each
other's shoes,
We finish each other's sentences, so people
are always confused.
We sit beside each other
So, our teachers are forever puzzled,
We keep all our friends on their toes
They are always befuddled.
We love to bask in all this confusion
Our lives are full of fun and adventure,
We make new memories each and every day
I thank God for my Twin Sister when I pray!!!

Samya Gupta, P5 B



Our Earth

We have to save the earth
It is our home since our birth
We have to save it
Everyone must do their bit
Like never drinking from a straw
This should become a law
Reuse everything that you've got
To save earth, this could be our last shot

Saisha Gupta, P3 A



'Dosa Lovers'

I have a cute dog
His name is Sam
His favourite food is Dosa
and he is a Doberman
And whenever he sees a dosa on my plate
he gives a hungry howl, as he too wants its taste
He can sing the 'Happy Birthday' song too
He can hop on his hind legs,
While doing ballet!
He's the biggest sleepy head in the world.
I often yell in his ears, "Wake up!"
But He's also the best dog in the world,
We have one thing in common
We both have a huge appetite for "Dosas"

Ananya Rajan, P4 D



Merry Christmas!

Merry Christmas to one and all!
Santa Claus is big and tall.
Santa wears a red and white cap,
He's so busy, he doesn't take a nap.
My mother made the Christmas cookies,
Because my sister and I are rookies.
The Christmas colours are green and red,
The Christmas tree is next to my bed.
My sister and I together decorated the tree,
Because we share a great chemistry.
After that we did a bit of talking,
On the tree we put up a big stocking.
Outside the house we put up star lights,
Oh, the city was full of such beautiful sights.
At night, Santa gave me my favourite toy,
To all of us, Christmas brings so much joy.

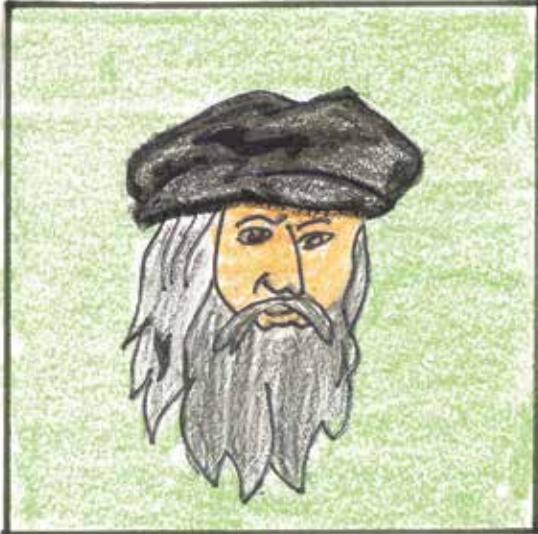
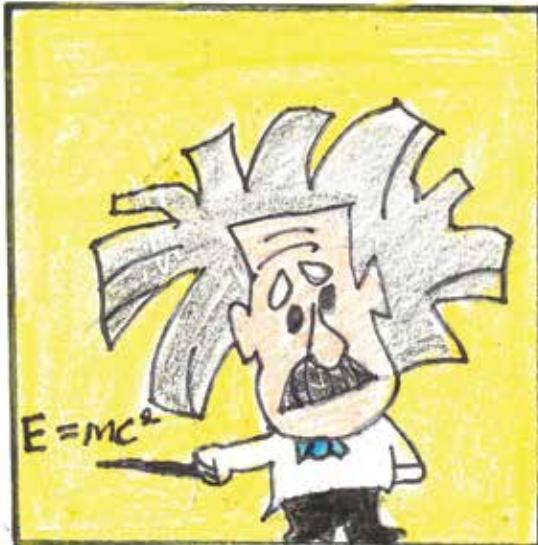
Aahana Backliwal, P4 C



A Few Good Habits

A few good habits that we should never forget,
Surely will they please everyone, I bet!
Wake up early, brush your teeth,
Take a bath, stay tidy and clean.
Look at your hands and feet,
Cut your nails to keep them neat.
Wear your uniform, have your breakfast
Reach school on time, don't be the last.
Be happy at school, obey your teachers,
Learn and play,
Complete your homework every day.
If you follow these rules,
You will be the best child of your school.

Rishaan Makkar, P2 A



My Class Friends

Roses are red, violets are blue
My love for my friends is so true
Together I, Samaira, Shivi and others
create new hues
we learn, play and grow together
and love to be in school
I wish all my classmates All the very Best
Together we will clear all our tests

Akshita Rani, P2 B

A whole new world (maybe)

We live in a world that has started to scare us all,
Between technology and old school,
There is a giant wall.
We see a lot of brain cancer,
But we can't find the answer
I think I liked it better before,
When I could hear the lion's happy roar.
When I could see people smile,
I agree, it's been a while!
Now I can hear sad lions roar,
The world has become such a bore!
Now I can see people cry,
I always have a question, why?
The new technological schemes are not making us safe,
The path we are walking on is the most unsafe.
Right now, we need creators like Walt Disney
We need inventors like Da Vinci
Maybe Chanakya we could pick,
Or Einstein could do the trick,
I dream of a world full of innovation,
For our entire generation
These great thinkers shall inspire,
And to be like them, we all should aspire,



Anirudh Tewari, P3A



Keep Smiling

A smile is a golden key
You take it from me,
It opens the doors to the hearts of all,
Whether rich or poor, big or small.

It turns sadness into cheer,
I must tell you my dear,
Let a smile become a part of your face,
It will help you walk with grace.
Smile a while and while you smile,
I am sure your life will be worthwhile.

Vanya Arora, P2 C

Imagination

My imagination is running wild.
I think I'm on a giant monster slide,
With great and mighty tentacles
Wearing large spectacles.

My imagination is running wild
And down the mountain I glide,
Suddenly there is a big storm
And I think I'm missing Mom.

My imagination is running wild
Around the world I take a flight,
Suddenly as we go high, I see the moon
Smiling, looking at me like a child.

My imagination is running wild
I am climbing a very big mountain
Then suddenly I see a fountain
In the fountain there are slithering snakes,
guarding one enormous cake.

My imagination is running wild
In the depths of the ocean
I find fish dancing with a motion
Suddenly comes a wild shark
At him I hurl a big piece of bark.

Suddenly, I see my younger brother
Coming towards me with his arms open wide.
So, I tell my imagination,
To come back after a while.

Vedaanti Gupta, P4 G



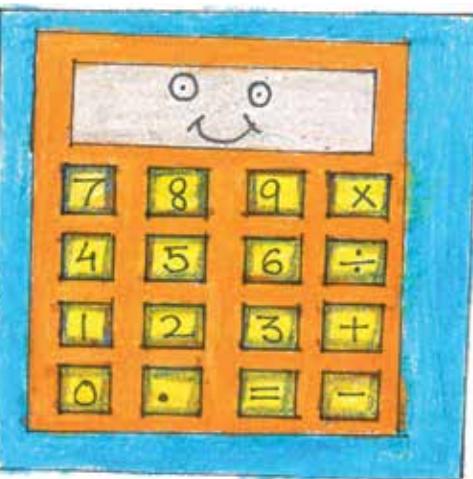


The Girl and the Frog

Once upon a time there lived a beautiful girl named *Crystal*. She had a pet frog named TIDIKA. One-night Crystal and Tidika lost their way in the jungle. They found themselves surrounded by hundreds of flies and insects. Tidika immediately sensed Crystal's concern and decided to help her get rid of them. Using his powers and magic words, "Zippiti Zappiti Zap!!!", Tidika made all the flies and mosquitoes disappear in no time. Finally, Crystal could peacefully walk through the way to her home without being troubled by the mosquitoes and in a short while Crystal, along with Tidika, reached her sweet home. Crystal and Tidika became the best of friends and always helped each other!!!

Avika Jain, P3 G

RSJMS Story Box



God's Calculator

This story is inspired by my father's teachings. Through this story, I want to tell everyone about *God's Calculator*. As we know, the world has billions of people, but God is only one.

So, God made a calculator to manage all the people. God's calculator gives scores to all of us. The negative score gives us sadness and positive score gives us happiness. God's calculator gives us a positive score if we do good work otherwise it gives us negative score.

Good things happen to us if we have a positive score or else bad things happen which makes us cry. My father taught me if we do good work, we get positive score and every time we do a good thing, a positive point gets added to our account in God's calculator.

Things like *showing good behaviour, obeying our parents, helping others, keeping the country clean, respecting elders, etc.* help us gain more positive points in God's calculator. With the calculator, it is easy for the God to manage all of us.

Aryan Juneja, P5 G

Amir Loves Cupcakes

One day Amir's mother was expecting some guests. So, she went along with Amir to a nearby bakery. His mother bought ten cupcakes. Amir was very fond of them. So, he requested his mother to let him eat a cupcake. She gave him a small cupcake as he had many cavities.

After finishing it, he told his mother that he wanted to go to his friend's house to play. His mother agreed. She paid the baker and went back home. In the evening, when Amir didn't return home, his mother called up his friend. He told her that Amir never came to his house. His mother got worried and went straight to the bakery. She saw that Amir was standing there and was still eating cupcakes. Amir got very scared when he saw his mother. His mother paid the baker and brought him home but did not say anything to him. In the morning, Amir felt terrible pain in his teeth and stomach and he couldn't go to school. He



Camping with a Ghost

Once upon a time, on a bright sunny day, my friends and I planned a camping trip to the jungle. We packed our lunch and bags and set off for the jungle. It felt like the forest was calling out to me. After reaching there, my friends started setting up tents for the night while I went to collect sticks for the bonfire. I didn't realize that I had come deep into the woods. I started experiencing a strange feeling of being followed by someone. I turned back to see but there was nobody there!

Suddenly, I felt a cold shiver and sensed someone was standing right next to me but to my surprise, no one was there. I started looking for the way out when I heard my friends calling my name. I ran to them.

Later that night, we had dinner, we sang songs, we all danced and everyone had great fun. After everyone went into their tents to sleep, I was startled by some spooky and very scary screaming voices from far end. I also saw a shadow and red eyes. I woke everyone up but no one seemed to have heard the voices.

I was very scared. I could feel goose bumps. I couldn't sleep that night.



Next morning, we all went for fishing when a friend saw a cave at the top of the hill. I was already getting some strange vibes from that place. I insisted on not going there but my friends said it will be adventurous to go there. We started trekking towards the cave. As soon as we entered the cave, the entrance got blocked by the rocks and all of us were trapped inside.

Now everyone was scared to death as no one had suspected this. As we all were getting adjusted to the darkness, we started hearing the same screaming and spooky voices which I had heard last night. Again, I felt a cold shiver and saw the same red eyes and black shadow. The strange figure started moving towards

me. I was horrified to see its cracked face and red eyes. He was calling me towards him. As he was about to come closer to me, I heard my mother's voice. She was waking me up to get ready for school. I opened my eyes feeling relieved that it was just a dream.

Myra Gupta, P3 E

..... And I Didn't Go

Excitement was at its peak! We were going to Pune – it was going to be great fun! All of us had planned the story telling sessions, games and of course all the sightseeing. Those would be our best days and we would cherish those memories forever. We planned to do so many things; the toys and toffees that we would share, the ice creams that we would enjoy and the visit to the strawberry farms. A day before the trip, I went to the market with my Mum and filled up my bag with chips and chocolates. All packed! I could not wait for the morning to reach school and fly off to Pune!

But alas!

It was not meant to be.....

I woke up in the morning burning hot with FEVER! I could not go on this trip. I was sad and disappointed – all the merry making dreams had crashed! But to overcome my disappointment, my mother told me that there would be many more exciting trips ahead and I would certainly join in.

Anahita Wadhwa, P4 A



Fred Cleans Up

Fred had the day off. It was a day for the teachers to meet and plan and do the paperwork so the children got to stay at home. Fred was so happy that he danced to his favourite music from his radio- Boom Box.

His mother wouldn't let him play it loud indoors. So naturally, when Fred went out in the garden with his Boom Box, he turned the volume up.

Fred wanted to find his friend Herman the squirrel, who had helped him discover "the environment" all around him. Fred spotted Herman in his little house on a tree, looking over the edge of his nest to see where the noise was coming from. His fur was still ruffled from sleeping. He looked a little upset.

"You woke me up!" He complained.

Fred said – "Sleepy head"!

"You said you would help me clean the environment. My teacher, Miss Sharma, says if we don't clean it up soon, it may make us sick." Fred shouted.

Herman peered over the top of his nest and yawned. "Oh, all right. But we'll need some help. Go get Rufus the rabbit. He is fast and lively. I will be down in a few minutes".

Fred soon found Rufus pulling out a huge carrot and chomping off its tender tip. Fred had to put his shoes between him and the next carrot to get his attention. Once he did that and Rufus heard him out, he was more than willing to help.

"We have to keep the earth clean and watered, so that more carrots and lettuce can grow". Wiggling his nose, Rufus said.

"It might be a big job! We should get help from Bertand the bear. He is big and strong. He can get a lot done".

"Where is he?" Fred asked.

"There in that cloud", Rufus said.

"Bertrand!" Fred shouted. "Are you on fire?"

The Bear spoke in deep rumble: "I am smoking a cigar."

When Fred told Bertand the bear about cleaning up the environment, he was ready to join.

"We should get Mabel the Moose as she knows the way around the woods." Bertand suggested.

When Mabel heard about the project, she got very excited and accidentally snapped three young rose saplings and some other plants.

All of them came together and made a plan to keep the environment clean.

"Rufus, if you eat all the carrots, the owners may decide it is not worth growing a garden or they might fence it." Mabel said.



"You break half the little trees before they get a foot tall". Rufus told Mabel.

Mabel understood that some plants are pretty, rare and medicinal.

Fred said, "Herman taught me that the environment is everything around us, but I have seen him toss shells and other things from his nest without caring about where they fall."

Herman told Fred, "You should not play loud music as it creates noise pollution."

Herman told others that we are too a part of the environment. It is not only the things around us, it is also us. We can be part of the solution. No more cigars. Fewer wasted carrots. No more stepping on plants and trees. Less trash and less Noise!

Let's Start Today!

Viraj Chaturvedi, P3 H

The Adventure of the Haunted House

"Rajiv, Rajiv! Stop reading that book and help me clear these dishes!"

Sorry about that! That was my mom screaming at me. My name is Rajiv Jain. I don't like to play video games. I like to read mystery books. Well, I was peacefully reading the latest mystery novel, when my mom called me. Unfair, right? But I cannot disobey my mother. So, I put down my book and I ran downstairs."

When I reached, she said "Well, I called you so that I could get your attention. Now, I just want to tell you that your father and I are going out to visit your aunt and we would be staying at her place for nine days. Well now you can go and read your book."

Just as I was going to read my book, the telephone rang. 'Agh', I said unhappily, but I picked up the phone.

"Hello Rajiv" said my friend Mukesh. "Meet me at the Chowk Lane, Good bye!" and he cut the phone.

Realizing it was important, I quickly jogged all the way to Chowk Lane. My friend was already there. He pointed, "The house there in front is mysterious and many strange things keep happening inside."

I told my friend that we had to explore it. Without any fear, we entered the house and we heard the doorbell ringing inside. Next, we saw the lights flickering and we were startled with a moaning sound. But we quickly realized it was an old bulb and the sound was coming from a radio. We saw many strange things but all these had a logical explanation. After checking all rooms, we came towards the exit. Seeing us safely coming out of the house, people gathered around us. People praised us for our bravery and grit in solving the mystery of the "Haunted House". They even nicknamed us as the 'Young Detectives'.

Ananya Rajan, P4 D



The Rescue of a Dog's Family

(Inspired by a real incident)

On a lovely winter evening, I went to play in a park near my house with my younger sister and my grandfather. While we were playing football, I heard a loud cry. We saw a dog's family near the entrance gate of the park. We all rushed towards the entrance of the park. The horrible accident had already happened. An elderly person was present at the gate. He explained to us what had happened.

It was about to get dark but the road was well lit with street light. We saw a car escaping. The driver had run over the dog's family, leaving one of the new born puppies to die and others injured.

They had broken legs and were in a lot of pain. The mother dog was growling loudly.

I, with my grandfather's help, made a call to the Animal Rescue Helpline Number. In the meantime, we fed the puppies with milk and some biscuits. The mother dog was very restless and defensive. She was pushing the puppies away from the milk bowl. Finally, the rescue team arrived with a veterinary doctor. It was difficult to deal with the angry mother. The people in the neighbourhood distracted the mother so the needed aid can be given to the puppies. We were able to save six puppies.

I was feeling very angry thinking about the car's driver and sad for the puppy that died. For many days I went back to the park to check on the mother dog and the injured puppies. I used to feed them with bread and milk.

Today, all of them are in good health. They all can walk, run and play.

I feel very proud to rescue a dog's family.

Kyra Mittal, P4 F

Little Superheroes

Dylan had made plans for the summer even before the summer holidays had started. He and his friends decided to spend their morning playing volley ball for a couple of weeks. Dylan had planned a family vacation to Singapore for the later part of the month.

On a cool and breezy Saturday morning, Dylan and his friends ran towards the beach in excitement. But they were surprised to see the state of the beach!

There was rubbish strewn all round! It was horrifying to see the beach like that. It had been a long time since they last visited it.

They couldn't believe their eyes. David and Sarah looked at each other as the plastic bottles and aluminium cans lay scattered on the sand, getting washed away into the sea. Justin appeared to be very disheartened.





Ashley said, in a very sad tone, "How can we play on this dirty beach?"

"We should clean up this mess," said Dylan.

Ashley agreed with Dylan and cried, "Let's clean it up!"

"Look!" said Justin pointing towards two volunteers who were picking up the garbage and putting it into the dustbin, "We can join them to clean up the trash".

They all ran towards the young volunteers and offered to help. They were given a pair of gloves each and a bag to collect garbage.

Soon the beach was spruced up and was looking pleasant. People gathered around and praised the volunteers and the children for their thoughtfulness and hard work. All the children felt pleased with themselves and decided to volunteer more often.

Dylan and his friends were happier to play on the beach now. They also decided to spread awareness about the importance of keeping the city clean and protecting the environment.

Pranshu Kanodia, P4 F



Percy Jackson & the Olympians

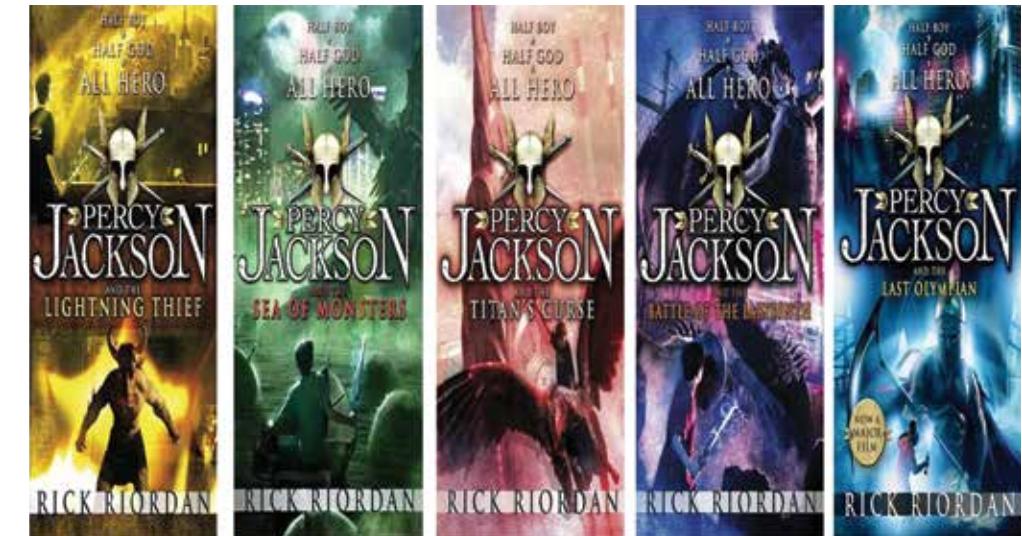
I would like to tell about a very interesting and humorous series called "Percy Jackson". It has also been on The New York Times Best Seller list for children's book series. The author of this series is Rick Riordan.

At first, I wasn't very sure if I would like it. But once I started reading a novel from this series, I found it to be an amazing book!

The story starts with a boy, Percy Jackson, discovering that he is a demigod and son of Poseidon (the Greek God of the sea). He travels to Camp Half-blood demigod training base, where he meets Annabeth and Grover the Satyr and with them, Percy goes on many adventures.

These books give a lot of knowledge about myths and mythologies. This is an awesome series, and I would recommend it for everyone.

Ananya Rajan, P4 D



Book Reviews



Good Night Stories for Rebel Girls

There are many reasons why this book will always be special to me. The extraordinary stories featured in this book, about many great women, who overcame the obstacles in their journey to success, have impressed me a lot. My favourite among these great women is Mary Anning. She was a Palaeontologist. Mary could not go to school because her family was very poor, so she learnt to read and write on her own. Her poverty could never come in her way to achieve her goals. She studied Geology to learn about rocks and Anatomy to learn about skeletons of the prehistoric animals.

She discovered the first ever Dinosaur Fossil, and named it Ichthyosauri, meaning fish lizard. Mary's discovery of the fossils helped to prove that there had been life on our planet for millions of years.

One thing that I have learnt from this book is we should never question ourselves by saying "WHAT IF I FAIL?"

HAVE FAITH in YOURSELF, GO AHEAD and WIN the WORLD!

Vedika Thukral, P3 G

The wish that came true

(A story by Enid Blyton)

Pippy and Flip were flying their big kite when their mother called them for dinner. She told them to haul the kite and put it down but Pippy told his mother that he wanted to tie the kite somewhere and leave it to fly on its own. Mother refused and told them that they had to go to see old Dame See-Saw after dinner. However, the children tied the kite to the old garden chair and went for dinner. When they went away, the wind grew stronger. In no time the kite flew high up in the sky and pulled the chair with it. The chair was swinging at the end of the long string of the kite. When the wind slowed down a little, the knot opened and the chair landed in a little garden. Old Dame See-Saw was tired of washing clothes all day and wished for a garden chair to ease her tired legs. Plop! dropped the chair into her garden and her wish came true. Old Dame See-Saw decided to have a little snooze on the comfortable garden chair before Pippy, Flip and their mother arrived. She wanted tell them how her wish came true.

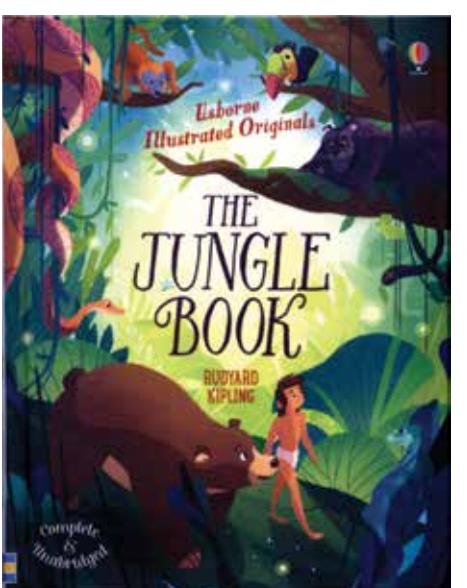
I found this story very humorous. My favourite character, the old Dame See-Saw, is a very interesting character. I loved the way in which her wish came true and I wish something like this happens with me too.

Nachiketa K Dhasmana, P3 A

The Jungle Book

By Rudyard Kipling

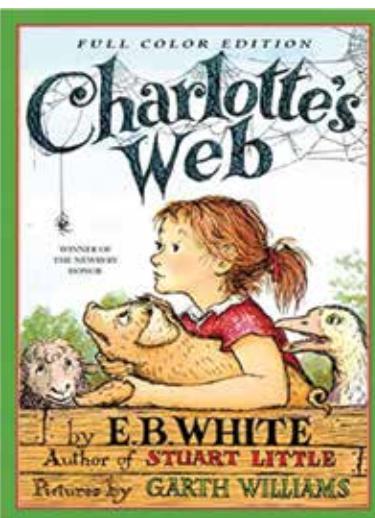
The Jungle Book is a very interesting book. I loved reading it because it has so many animals and all the animals are so strong and loving towards Mowgli. Mowgli was a man-cub who grew up in the forest. Sher Khan, the tiger was cruel and did not like Mowgli. He wanted to kill Mowgli because humans were not allowed to live in the forest. I like forests because there are many beautiful green trees, birds and animals there. The story ends with an exciting fight between Sher Khan and Mowgli with his animal gang, where they finally kill the tiger. I loved Baloo the bear and Bagheer at



he panther. I wish I also have best friends like them. My favourite part of the story is where Kaa, the Snake, saved Mowgli from the monkeys. This book is magical and I often imagine myself as Mowgli living happily in the forest with all the animals.

Shiv Gupta, P2 B

Charlotte's Web by E.B. White



Charlotte's Web is my favourite book. It's my favourite because it's about a generous spider named Charlotte who did all she could do to save the life of Wilber the pig (her best friend). It started with a little girl called Fern saving a pig and naming him Wilber. Very soon, he has to go to a farm. In the farm, he becomes friends with Charlotte and when Wilber tells her that he is doomed to die, Charlotte begins spinning words in her web to describe Wilber, the first being 'Some Pig'. The owner thinks it's a miracle and Wilber is a special pig and tells the whole town. Charlotte continues spinning miraculous messages in her web and make Wilber famous. If you want to know what happens next on their journey, read the book and find out!

Saisha Gupta, P3A

Harry Potter and the Chamber of Secrets

By J.K. Rowling



I recently read the book 'Harry Potter and the Chamber of secrets'. It is written by J.K. Rowling. This edition was published in September 2014. The main character in this story is Harry Potter who is mistreated by his uncle and aunt because he is a wizard. I enjoyed the book a lot. My favourite part is where Harry found out that Tom Riddle was actually Lord Voldemort, his arch enemy.

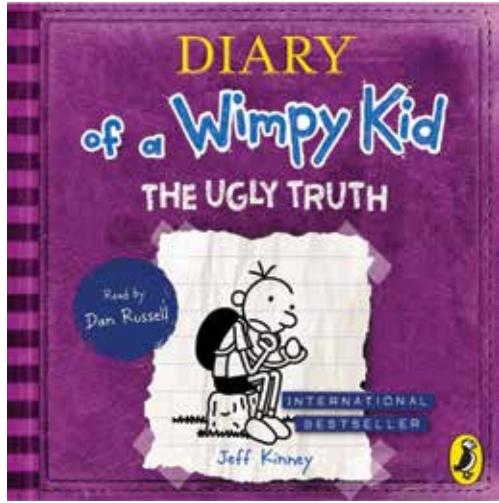
The story is about a chamber of secrets which is discovered by four people: -Huffle Puff, Raven Claw, Gryffyndor and Slytherine.

My least favourite character is the half-blood wizard Gilderoy Lockhart, who never actually did any of the heroic acts he claimed he had done, but instead used his considerable talent in Memory Charms to force the actual people, who had done them, into forgetting what they did.

One of the interesting parts is where Harry and Hermione brew a potion called Polyjuice. The potion allows them to assume the bodies of Slytherins and question Malfoy on the Chamber of Secrets. I think people of all ages should read this book because it is fantastic.

The readers will love the adventures and I cannot wait to get my hands on the other books in this series.

Parakram Sinh Rathore, P4 F

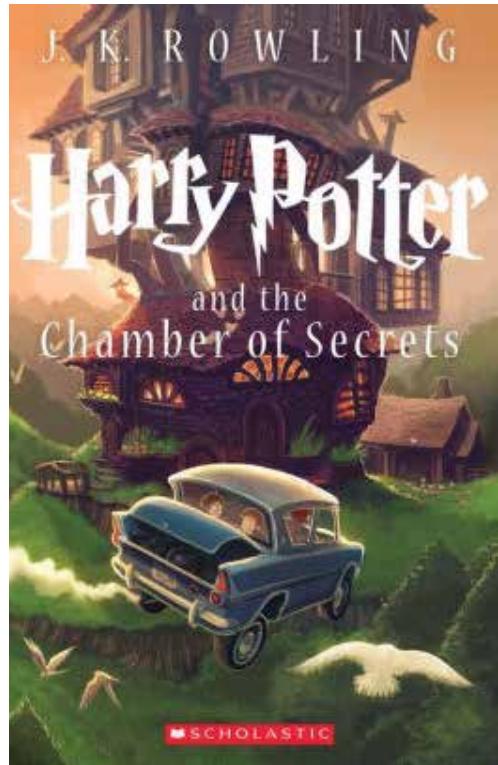


Diary of a Wimpy Kid (The Ugly Truth)

By Jeff Kinney

This book is fun to read. It is about a boy, Greg Heffley, and his best friend, Rowley Jefferson. They have a big fight during the summer vacation and they stop talking to each other. Greg worries about beginning the school year without a best friend, but does his best to remain optimistic. Greg, with others, attends a party called "Lock-In", hosted by his school where they play games like giving nicknames to each other with a surname and other games like "I never told this to anyone". In the end, Greg ultimately decides to enjoy his life on his grandma's advice, and patches up his friendship with Rowley. This book is full of funny things that students of middle school generally do. I enjoyed reading it a lot.

Vansh Gupta, P4 G



After a horrible summer at home with the Dursleys, Harry couldn't wait to return to Hogwarts for his second year. The Dursleys were very rude and imprisoned Harry in his bedroom for rest of the summer, but Harry managed to escape with his friend Ron Weasley's help. An elf named Dobby warned him that he must not return to the school as great danger awaited him there. Despite Dobby's warning, Harry returned to Hogwarts and got into the mystery of the Chamber of Secrets.

Harry and his friends were in great trouble. His friend Ginny picked up an unknown diary and followed it till she reached the Chamber of Secrets, and was fainted by a spell performed by Voldemort. It was Voldemort's diary!

Professors McGonagall (vice principal) and Dumbledore (principal) are two very important characters in this book. Harry always wanted to please them.

Harry defeated Voldemort's monster with the help of Dumbledore's pet phoenix which was Harry's best animal mate. Harry was a lucky young boy.

The book shows the power of courage. Harry's bravery allowed him to save Ginny's life and defeat the monster, risking his own life.

It is one of the best books in the whole Harry Potter series and I loved reading it.

Krishiv Raj Teluja, P4 G



पेड़ लगाओ

सब जन एक—एक पेड़ लगाओ,
अपने चारों ओर,
हरा—भरा एक बाग सजाओ।

पक्षी उन पर घोंसला बनाएँ,
पेड़ों पर खूब चहचहाएँ,
चहकने—कूहकने की उनकी आवाज़,
मन को खुश और शांत कर जाए।

पेड़ों से हमें ऑक्सीजन मिले,
जिससे हमारी सांसें चलें,
पेड़ों को न काटो तुम,
इनके बिन जी न पाओगे तुम।

पेड़ों से वातावरण शुद्ध हो जाए,
चारों ओर हरियाली छा जाए,
जब पेड़ झूम—झूम कर लहराएं,
सबके तन—मन खुश हो जाएं।

वानीश्री जैन, पी5 ए

पेड़ों का महत्व

पेड़ प्रकृति का अनमोल उपहार हैं। हमारे जीवन में पेड़ों का बहुत अधिक महत्व है। यदि पृथ्वी पर पेड़ न होते तो हम भी न होते। ये पर्यावरण से कार्बनडाइऑक्साइड लेते हैं और हमें ऑक्सीजन देते हैं। इनसे हमें फल, सब्ज़ी, लकड़ी, कागज़, दवाइयाँ इत्यादि मिलती हैं। पेड़—पौधों के कारण ही वर्षा होती है। ये भूमि के कटाव को भी रोकते हैं। गर्मी के मौसम में पेड़ हमें छाया देते हैं। पेड़—पौधे पृथ्वी को हरा—भरा और खुशहाल बनाते हैं। विकास के नाम पर आजकल पेड़ काटे जा रहे हैं। इसके कारण बाढ़, सूखा, प्रदूषण आदि फैल रहा है। पेड़ों को काटना अपने पैरों पर कुल्हाड़ी मारने जैसा है क्योंकि यदि पृथ्वी से पेड़ विलुप्त हो गए तो सभ्यता भी नष्ट हो जाएगी। यदि हम चाहते हैं कि पृथ्वी पर

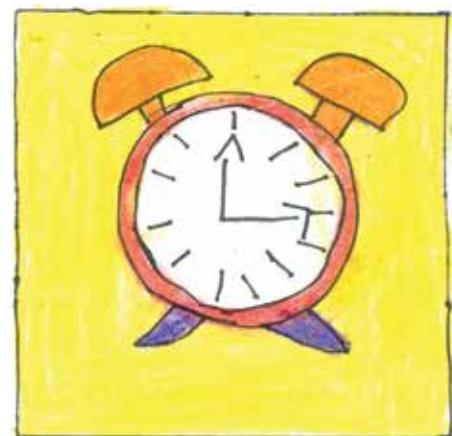
जीवन सुरक्षित रहे तो हमें पेड़ों को काटने से रोकना होगा। यही नहीं, अधिक से अधिक संख्या में पौधे भी लगाने होंगे, तभी हम पर्यावरण और स्वयं को सुरक्षित रख सकते हैं।

आरव वोहरा, पी4 सी

घड़ी

जीवन में अनुशासन बहुत आवश्यक है। समय का पालन हमें अनुशासन का पालन करने में मदद करता है। घड़ी या समय का हमारे जीवन में महत्वपूर्ण स्थान है। घड़ी बोलती है कि समय निरंतर चलता रहता है। यह किसी के लिए नहीं रुकता है। जीवन में लक्ष्य की प्राप्ति के लिए हमें समय के महत्व को समझना होगा। समय सबको यह संदेश देता है कि चलना ही जीवन है। हमें निरंतर आगे बढ़ने का प्रयास करते रहना चाहिए। मेरी घड़ी मुझे समयनिष्ठ और अनुशासित रखती है। मैं कभी भी देर से स्कूल नहीं पहुँचता हूँ। मैं भी घड़ी की तरह बनना चाहता हूँ। देरी करने से कुछ काम बिगड़ जाते हैं इसलिए हमें प्रत्येक कार्य समय पर करना चाहिए। हमें भी घड़ी की तरह गतिमान बने रहना चाहिए।

युवान मेहरा, पी4 बी

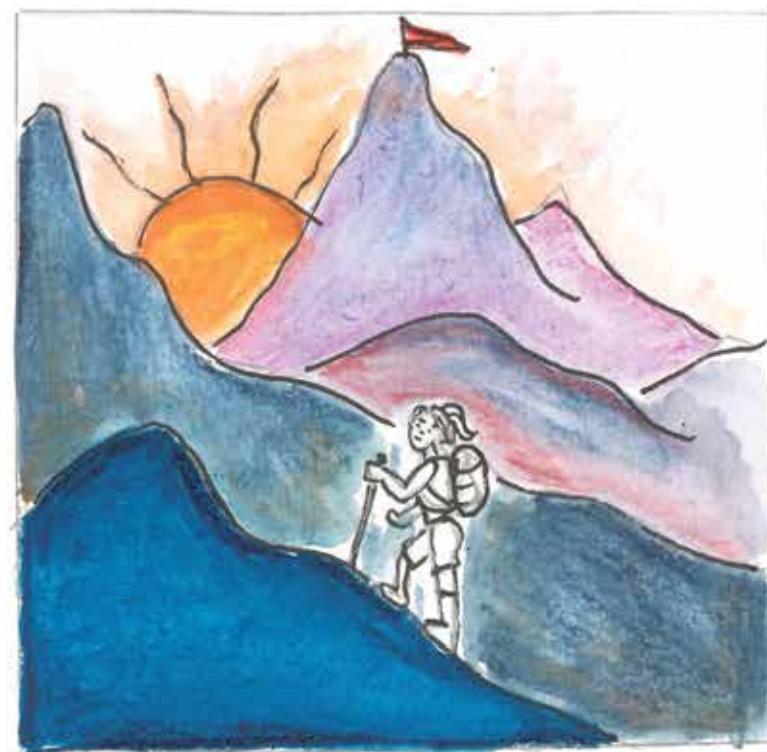


हिम्मती राधा

बचपन में मैंने दादा—दादी, नाना—नानी से बहुत सारी कहानियाँ सुनी हैं। उनकी हर कहानी में कुछ न कुछ संदेश व शिक्षा छिपी होती थी। ऐसी ही एक कहानी राधा नाम की लड़की की थी जिसने अपने जीवन में कभी हार नहीं मानी। यह कहानी मेरे लिए अत्यधिक प्रेरणादायक है। इससे जीवन में विपरीत परिस्थितियों का सामना करने और हर कीमत पर लक्ष्य को प्राप्त करने की प्रेरणा मिलती है।

एक गाँव में राधा नाम की एक लड़की रहती थी। राधा बचपन से ही बहुत हिम्मती और साहसी थी। वह कभी हार नहीं मानती थी। ऊंचे पहाड़ों को देखकर वह सोचती कि इन पर चढ़ने वाले ज़िंदगी की जंग में कभी नहीं हार सकते। ऐसे ही विचारों की लड़ियाँ बुनते—बुनते एक बार राधा का मन हुआ कि क्यों न एवरेस्ट पर चढ़ाई की जाए। उसे पर्वतारोहण का कोई अनुभव नहीं था। लेकिन वह एवरेस्ट फतह करना चाहती थी। उसने ठान लिया कि वह इस कार्य में अवश्य सफल होगी। वह पर्वतारोहण का प्रशिक्षण भी लेने लगी और शारीरिक और मानसिक रूप से स्वयं को सुदृढ़ बनाने के लिए मेहनत करने लगी। कुछ महीनों बाद वह अन्य पर्वतारोहियों के साथ एवरेस्ट चढ़ाई हेतु बेस कैंप पर पहुँच गई। उसने एवरेस्ट की चढ़ाई शुरू की परंतु अंतिम पड़ाव से कुछ समय पहले ही वह थक गई और उसकी हिम्मत जवाब दे गई। उसकी तबीयत खराब होती देखकर उसके दल के लीडर ने उसे वापस लौट जाने को कहा। राधा वापस गाँव लौट आई। गाँव आकर जब उसने देखा कि उसके साथ—साथ उसके घरवाले और गाँववाले भी उदास हो गए हैं। आज वे भी उसी की तरह हारा हुआ महसूस कर रहे हैं यह देखकर उसे बहुत दुख हुआ। उसने सोचा कि वह फिर से मेहनत करेगी और एवरेस्ट पर फतह हासिल करके ही रहेगी। उसने फिर से चढ़ाई शुरू की। अंततः कई कठिनाइयों का सामना करते हुए और मन में दृढ़ विश्वास रखते हुए वह एवरेस्ट की चोटी पर पहुँच गई। जब राधा गाँव लौटी तो सबने दिल खोलकर उसका स्वागत किया। सभी उसकी इस कामयाबी पर अत्यधिक खुश थे। आज वही राधा एयरफोर्स में अफसर है। किसी ने सोचा भी नहीं था कि राधा एक दिन गाँव का नाम इतना रोशन करेगी।

अहान अग्रवाल, पी4 ए



रसीला आम

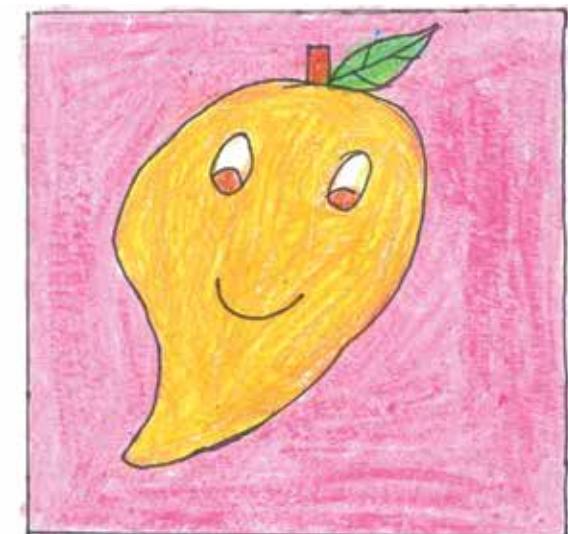
मैं हूँ एक छोटा—आम,
पर आता हूँ कई काम।
कच्चा हूँ तो बनता अचार,
खट्टा—मीठा बड़ा म़ज़ेदार।

पककर हो जाता रसीला,
रंग होता मेरा हरा और पीला।

फलों का मैं राजा कहलाता,
मुझको खाकर मज़ा है आता।

छोटे—बड़े रूप में आता,
हर घर में मैं लाया जाता।
राष्ट्रीय फल हूँ मैं कहलाता,
सबके मन को हूँ मैं भाता।

सिफत कौर, पी5 ए



प्रदूषण और समाधान

एक दिन विद्यालय से लौटते समय मैंने बस की खिड़की से देखा कि एक कारखाने से काला धुआँ निकल रहा था। सारे रास्ते मैं और मेरे दोस्त यही सोचते आ रहे थे कि यहाँ से इतना धुआँ क्यों आ रहा है। घर पहुँचते ही मैंने अपनी माँ को इस बारे में बताया और उनसे पूछा कि कारखाने से इतना धुआँ क्यों आ रहा था और वह हमें कैसे प्रभावित कर सकता है? माँ ने मुझे बताया कि कारखानों, वाहनों से निकलने वाला धुआँ बहुत खतरनाक होता है। यह हमारे वातावरण को दूषित करने के साथ—साथ धरती के सभी जीवों के लिए जानलेवा भी है। इस धुएँ में बहुत से हानिकारक पदार्थ होते हैं जो हवा और पानी में मिलकर बीमारियाँ फैलाते हैं। मुझे यह सुनकर

बहुत हैरानी हुई। मैंने माँ से पूछा कि क्या इसका कोई समाधान नहीं है? इस पर माँ ने बताया कि हमें अधिक से अधिक पेड़ लगाने चाहिए ताकि धरती पर अधिक से अधिक वर्षा हो। पेड़ों की अधिक संख्या होने पर वे अधिक मात्रा में ऑक्सीजन छोड़ेंगे जिससे हवा शुद्ध होगी। साथ ही, हमें वाहनों का कम से कम प्रयोग करना चाहिए और प्लास्टिक से बनी वस्तुओं का प्रयोग नहीं करना चाहिए। अगर हम आज सावधान रहकर प्रदूषण को कम करने के लिए कदम उठाएंगे तभी हमारी धरती और उस पर रहने वाले जीव स्वस्थ रहेंगे। उस दिन मैंने प्रण किया कि मैं अपने हर जन्मदिन पर एक पौधा अवश्य लगाऊँगा और प्रदूषण फैलाने वाली किसी भी वस्तु का उपयोग नहीं करूँगा।

विवान भाटिया, पी4 बी

स्वच्छ भारत

स्वच्छ रहे भारत हमारा,
हर गली, सड़क, नदी का किनारा।
कूड़ा कूड़ेदान में डालो,
बीमारी से छुटकारा पा लो।

सब्जी—फल के छिलकों को तुम,
पौधों का भोजन बना डालो।
प्लास्टिक का कर दो परित्याग,
तभी मिटेगा प्रदूषण का राग।

हर दिन पौधा नया लगाएँ,
पर्यावरण को शुद्ध बनाएँ।
सफाई अपनाकर गंदगी से करें किनारा,
स्वच्छ रहे भारत हमारा।

आर्यन गुप्ता, पी3 सी

पर्यावरण दिवस

पर्यावरण दिवस के अवसर पर,
आओ संदेश ये फैलाएँ,
पर्यावरण को बचाएँ,
और प्रकृति को सुंदर बनाएँ।

जितना संभव हो वृक्ष लगाएँ,
आस—पास हरियाली फैलाएँ,
कचरे प्रदूषण से मुक्ति पाकर,
वातावरण को स्वस्थ बनाएँ।

नीम, गुलमोहर, अमलतास,
पीपल, बरगद, कदम लगाओ,
छाँव मिलेगी, फूल खिलेंगे,
साथ ही वायु को स्वच्छ बनाओ।

आओ, अनार, अमरुद, जामुन,
ये पेड़ कितने लगेंगे भले,
जब होंगे मीठे—मीठे फलों से लदे।

बेला, चम्पा और गुलाब,
मोतिया, गेंदा, सदाबहार,
रंग—बिरंगे फूल लगाओ,
इस धरती की शोभा बढ़ाओ।

आओ पर्यावरण दिवस कुछ ऐसे मनाएँ,
चारों ओर हरियाली फैलाएँ,
करें मानवता का कल्याण
ये कार्य हैं अति महान।

अवि भाटिया, पी5 सी

किताबें

किताबें मनुष्य की सबसे अच्छी दोस्त होती हैं और प्रत्येक स्थान व काल में हमें सहायता प्रदान करती हैं। ये अपने भीतर ज्ञान का सागर समेटे होती हैं। किताबें पढ़ने से हमें कई विषयों जैसे साहित्य, गणित, इतिहास, संगीत, ज्योतिष आदि की जानकारी मिलती है। यही नहीं, पुस्तकें चरित्र निर्माण का सर्वोत्तम साधन हैं। उत्तम विचारों से युक्त किताबों के प्रचार-प्रसार से राष्ट्र के युवा कर्णधारों को नई दिशा दी जा सकती है। किताबों की दुनिया रोमांच और नवीनता से परिपूर्ण होती है। इसके अलावा, किताबें हमारी वास्तविक दुनिया की बोरियत को दूर करती हैं। किताब पढ़ने से हमारे ज्ञान की वृद्धि तो होती ही है, साथ ही साथ हमारा मनोरंजन भी होता है। पुस्तकें समय व्यतीत करने का सबसे अच्छा साधन हैं। परंतु हमें पढ़ने हेतु किताबों का चयन बहुत सावधानी से करना चाहिए। अच्छी पुस्तकें पढ़ने से जो आनंद मिलता है वह ब्रह्मानन्द के ही समान होता है।

अनमोल शर्मा, पी4 बी



जम्मू-कश्मीर

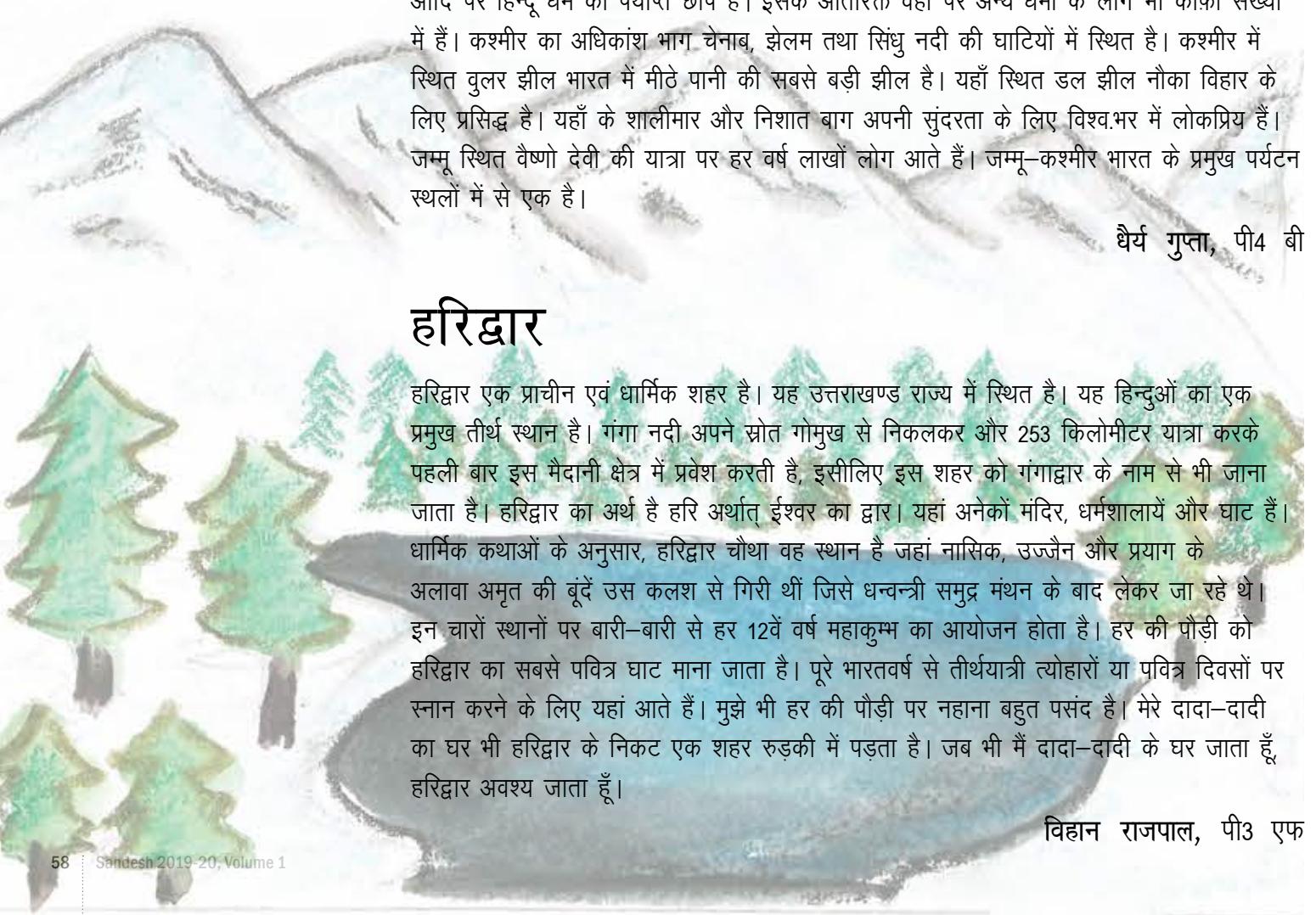
जम्मू और कश्मीर भारत में सबसे उत्तर में स्थित राज्य है। इस राज्य की आधिकारिक भाषा उर्दू है। जम्मू नगर जम्मू-कश्मीर राज्य की सर्दी की राजधानी है। वहीं कश्मीर में स्थित श्रीनगर गर्मी के मौसम में राज्य की राजधानी रहती है। जम्मू और कश्मीर में जम्मू कश्मीर, बाल्टिस्तान और गिलगित के क्षेत्र सम्मिलित हैं। यहाँ के अधिकांश निवासी मुस्लिम हैं, किन्तु उनकी संस्कृति, रहन-सहन, रीति-रिवाज आदि पर हिन्दू धर्म की पर्याप्त छाप है। इसके अतिरिक्त वहाँ पर अन्य धर्मों के लोग भी काफी संख्या में हैं। कश्मीर का अधिकांश भाग चेनाब, झेलम तथा सिंधु नदी की घाटियों में स्थित है। कश्मीर में स्थित तुलर झील भारत में मीठे पानी की सबसे बड़ी झील है। यहाँ स्थित डल झील नौका विहार के लिए प्रसिद्ध है। यहाँ के शालीमार और निशात बाग अपनी सुंदरता के लिए विश्वभर में लोकप्रिय हैं। जम्मू स्थित वैष्णो देवी की यात्रा पर हर वर्ष लाखों लोग आते हैं। जम्मू-कश्मीर भारत के प्रमुख पर्यटन स्थलों में से एक है।

धैर्य गुप्ता, पी4 बी

हरिद्वार

हरिद्वार एक प्राचीन एवं धार्मिक शहर है। यह उत्तराखण्ड राज्य में स्थित है। यह हिन्दुओं का एक प्रमुख तीर्थ स्थान है। गंगा नदी अपने स्रोत गोमुख से निकलकर और 253 किलोमीटर यात्रा करके पहली बार इस मैदानी क्षेत्र में प्रवेश करती है, इसीलिए इस शहर को गंगाद्वार के नाम से भी जाना जाता है। हरिद्वार का अर्थ है हरि अर्थात् ईश्वर का द्वार। यहाँ अनेकों मंदिर, धर्मशालायें और घाट हैं। धार्मिक कथाओं के अनुसार, हरिद्वार चौथा वह स्थान है जहाँ नासिक, उज्जैन और प्रयाग के अलावा अमृत की बूँदें उस कलश से गिरी थीं जिसे धन्वन्त्री समुद्र मन्थन के बाद लेकर जा रहे थे। इन चारों स्थानों पर बारी-बारी से हर 12वें वर्ष महाकुम्भ का आयोजन होता है। हर की पौँडी को हरिद्वार का सबसे पवित्र घाट माना जाता है। पूरे भारतवर्ष से तीर्थयात्री त्योहारों या पवित्र दिवसों पर स्नान करने के लिए यहाँ आते हैं। मुझे भी हर की पौँडी पर नहाना बहुत पसंद है। मेरे दादा-दादी का घर भी हरिद्वार के निकट एक शहर रुड़की में पड़ता है। जब भी मैं दादा-दादी के घर जाता हूँ हरिद्वार अवश्य जाता हूँ।

विहान राजपाल, पी3 एफ



चेन्नई

चेन्नई तमिलनाडु राज्य की राजधानी है। यह इस राज्य का सबसे बड़ा शहर है। चेन्नई शहर को पहले मद्रास के नाम से जाना जाता था। यहाँ पर तमिल भाषा बोली जाती है। भारतीय जनगणना 2011 के अनुसार यह चौथा बड़ा शहर है। चेन्नई में ऑटोमोबाइल, प्रौद्योगिकी, हार्डवेयर और स्वास्थ्य संबंधी उद्योग हैं। इस शहर को भारत का डेट्राइट भी कहा जाता है। चेन्नई का चलचित्र उद्योग जिसे कोलीवुड भी कहते हैं, भारत का द्वितीय सबसे बड़ा फिल्म उद्योग है। चेन्नई भरतनाट्यम का महत्वपूर्ण केंद्र है। चेन्नई का मरीना समुद्र तट विश्व स्तर पर दूसरा सबसे लंबा समुद्र तट है। कपालीश्वर मंदिर, पार्थसारथी मंदिर, अन्ना जूलोजिकल पार्क, विवेकानंद हाउस, सेंटेनरी लाइब्रेरी, बेसिलिका कैथेड्रेल इत्यादि यहाँ के कुछ प्रमुख पर्यटन स्थल हैं। चेन्नई को दक्षिण भारत का गेटवे भी कहा जाता है।

माहिरा जैन, पी4 सी



मनुष्य का शत्रु-आलस्य

सीमा और मीता दो बहनें थीं। दोनों आलसी थीं। वे कभी भी अपना काम समय पर नहीं करती थीं। माँ के सिखाने पर भी वे अपने प्रतिदिन के काम नहीं कर पाती थीं। समय बीतता गया, दोनों उच्च कक्षा में आ गईं। दोनों माँ की मदद के बिना विद्यालय का कोई कार्य पूरा नहीं कर पाती थीं। एक दिन उनकी माँ की तबीयत बहुत खराब हो गई। चूंकि दोनों को कुछ नहीं आता था इसलिए वे अपना गृह कार्य भी नहीं कर पा रही थीं। उनके पिता जो उनकी माता जी का ध्यान रख रहे थे, अतः वे भी उनकी मदद नहीं कर पा रहे थे। परीक्षा का समय निकट था किन्तु दोनों बहनों को कुछ सूझ नहीं रहा था कि पढ़ाई कैसे करें। दोनों सदैव अपना कार्य माँ से करवाती थीं और पढ़ाई पर ध्यान नहीं देती थीं। माँ की हालत में कोई सुधार नहीं था। परीक्षा शुरू हुई और दोनों बहनें परीक्षा में उत्तीर्ण नहीं हो पाईं। दोनों रोने लगीं। उनके पिता ने उन्हें समझाया कि आलस उनका सबसे बड़ा शत्रु है। यदि वे आलस त्यागकर मेहनत से कार्य करेंगी तो कभी असफल नहीं होंगी। वे अपनी गलती समझ चुकी थीं। तत्पश्चात् दोनों ने मिलकर यह निर्णय लिया कि वे अपने सारे कार्य खुद करेंगी और कभी आलस नहीं करेंगी फिर चाहे वह घर का काम हो या विद्यालय का। यह सुनकर उनके पिता बहुत प्रसन्न हुये।

इशाना, पी5 ए



मोबाइल

मोबाइल फोन विज्ञान का एक ऐसा अद्भुत आविष्कार है जिसने पूरी दुनिया का नक्शा ही बदल दिया है। मोबाइल के आने से टीवी और टेलीफोन का महत्व कम हो गया है। आज सभी लोगों के पास मोबाइल है और अब स्मार्ट फोन के रूप में इसने तहलका ही मचा दिया है। हम इसे मिनी कम्प्यूटर भी कह सकते हैं। जो काम कभी हम कम्प्यूटर से करते थे वे सभी काम हम सरलता से स्मार्टफोन की सहायता से कर सकते हैं। इसके कई लाभ हैं लेकिन साथ ही साथ बहुत से नुकसान भी हैं जैसे मोबाइल के अधिक प्रयोग से आँखों पर असर हो।

ता है, काम से ध्यान भटकता है और स्मरण शक्ति भी कमज़ोर होती है। इसके कारण अक्सर दुर्घटनाएँ भी हो जाती हैं। इसलिए हमें सोच-समझकर ही इसका उपयोग करना चाहिए ताकि यह हमारे लिए अभिशाप न बने।

अमायरा पुरी, पी4 बी

वायुयान

वायुयान या हवाई जहाज यातायात का सबसे तेज साधन है। इसका प्रयोग सामान व यात्रियों को एक स्थान से दूसरे स्थान तक ले जाने के लिये किया जाता है। सेना द्वारा इसका प्रयोग युद्ध में भी किया जाता है। वायुयान का आविष्कार 1903 में राइट बंधुओं ने किया था। तब इसमें केवल दो व्यक्ति बैठ सकते थे परंतु आज हवाई जहाज में 1000 व्यक्ति तक बैठ सकते हैं। यही नहीं, इसकी गति में भी काफ़ी वृद्धि हुई है। वायुयान मजबूत धातु से बना होता है। इसमें आगे एक पंखा, किनारे 2 पंख तथा अंदर यात्रियों के बैठने के लिए सीटें होती हैं। वर्तमान में यातायात की दृष्टि से यह अत्यधिक महत्वपूर्ण है। इसकी वजह से सभी देश आपस में जुड़ गए हैं और देशों के बीच की दूरियाँ कम हो गई हैं।

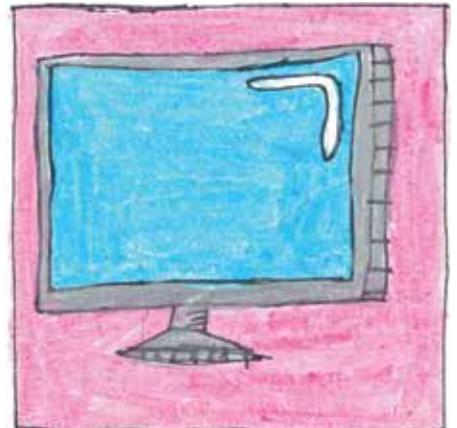
अनिषा रेजा, पी4 बी



टेलीविजन

टेलीविजन विज्ञान का बहुत ही महत्वपूर्ण उपहार है। इसके माध्यम से दूर की घटनाओं के बारे में घर बैठे जानकारी प्राप्त की जा सकती है। इसका आविष्कार सन् 1926 में जे.एल. बेयर्ड द्वारा किया गया था। पहले जहां टीवी पर एक ही चैनल होता था आज इसमें कई चैनल मौजूद हैं। आजकल टीवी पर चौबीसों घंटे कार्यक्रम प्रसारित होते रहते हैं। यह शिक्षा का एक बहुत ही सस्ता और प्रभावी साधन है। साथ ही इससे हमारा मनोरंजन भी होता है। टीवी पर खबरें, खेलकूद, फ़िल्में, गाने, जातू के कार्यक्रम, धार्मिक कार्यक्रम व बच्चों के लिए कार्टून इत्यादि दिखाई जाते हैं। आज टीवी ने भाषायी सीमाओं को खत्म कर दिया है।

आरव गुप्ता, पी5 ए



टेलीफोन

टेलीफोन एक ऐसा उपकरण है जिसके माध्यम से हम दूर बैठे व्यक्ति तक अपनी बात भेज सकते हैं। टेलीफोन का आविष्कार एलेक्जेंडर ग्राहम बेल ने किया था। उन्होंने 10 मार्च, 1876 को इसका पेटेंट प्राप्त किया था। बेल ने एलेक्जेंडर ग्राहम बेल से सबसे पहले फोन में मिस्टर वाटसन यहाँ आ जाओ। मुझे तुम्हारी ज़रुरत है।' ये वाक्य बोले थे। पहली नियमित टेलीफोन लाइन 1877 में बोस्टन, समरविले और मैसचुसेट्स के बीच बनी थी। बेल के इस आविष्कार ने संबंधों की दूरियों को कम कर दिया।

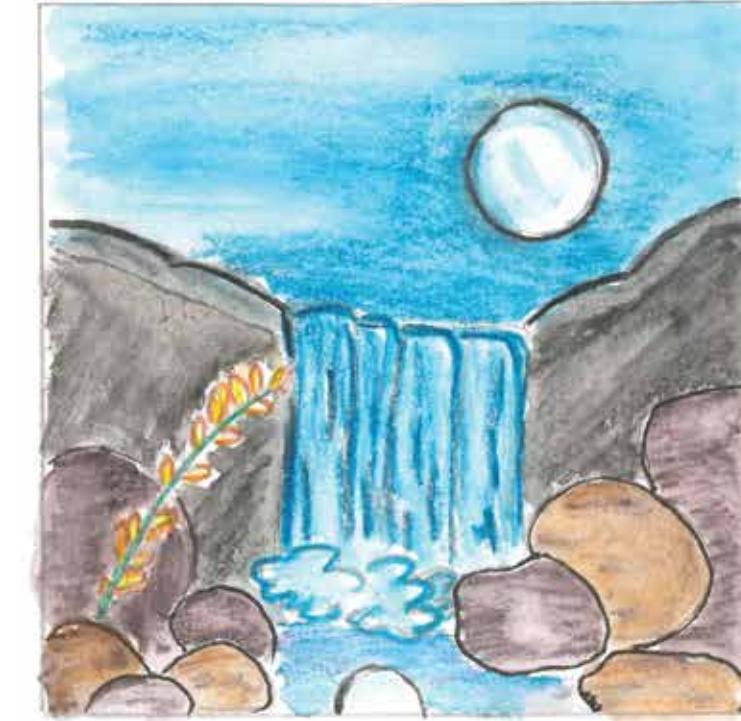
आन्या सिंघल, पी5 ए



पानी- एक अमूल्य उपहार

पानी हाइड्रोजन ओर ऑक्सीजन के मिश्रण से बना यौगिक है। पानी का न तो कोई स्वाद है और न ही कोई रंग-रूप। पृथ्वी की लगभग 71 प्रतिशत सतह पानी से भरी है। लेकिन, सिर्फ तीन प्रतिशत पानी ही पीने लायक है। हमारे शरीर का साठ प्रतिशत वजन केवल पानी है। पानी हमारे जीवन का अभिन्न अंग है। इसके बिना जीवन की कल्पना संभव ही नहीं है। यह हमारे रोजमरा के कार्यों में प्रयुक्त होता है। पानी से बिजली भी बनाई जाती है। पानी की बचत करना हमारा कर्तव्य है। ऐसा करके हम अपना भविष्य सुरक्षित कर सकते हैं।

अगस्त्य अय्यर, पी5 ए



सपने

हाँ, मैं सपने देखता हूँ।
निभर होकर सपने देखता हूँ।

इसलिए नहीं कि मेरे पाँव ज़मीन पर न टिकें,
इसलिए कि मैं अपनी सीमाओं की रचना खुद कर सकूँ
और उन्हें अनुभव भी कर सकूँ।
हाँ, मैं सपने देखता हूँ।

इसलिए कि मैं अपने जीवन को
निष्पक्षता और जिम्मेदारी के साथ जीना सीख सकूँ,
इसलिए कि मेरे हृदय, मन और पैरों को
अंधविश्वास की बेड़ियाँ न जकड़ सकें।
हाँ, मैं सपने देखता हूँ।

इसलिए भी कि मैं डर की बजाय खुशियों में निवेश करना सीख सकूँ,
इसलिए भी कि मैं दूसरों के लिए
एक उत्कृष्ट मार्गदर्शक बन सकूँ,
हाँ, मैं सपने देखता हूँ।

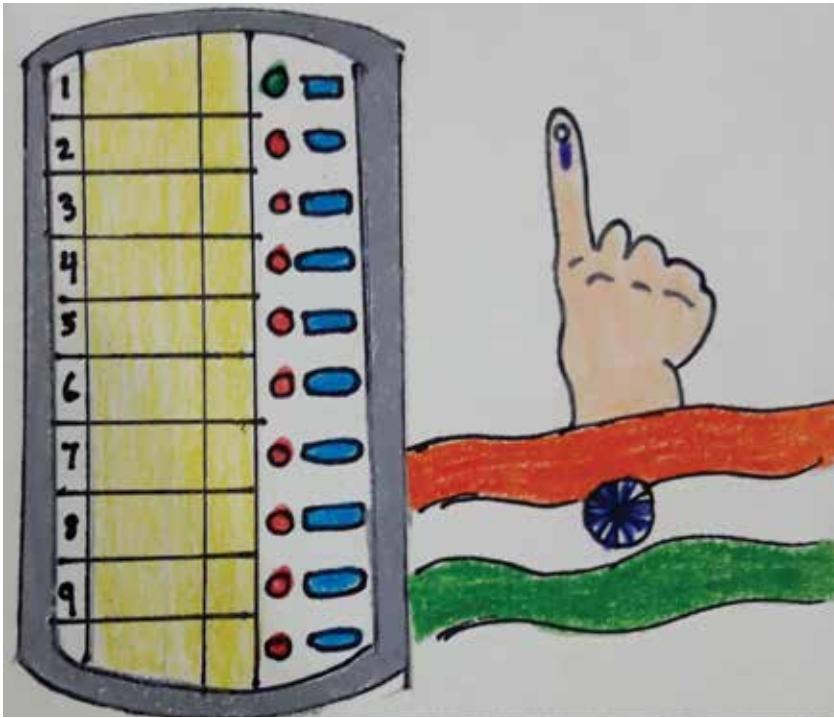
ताकि मैं अपने लक्ष्य सच्चाई, मेहनत और ईमानदारी से पा सकूँ,
ताकि मैं अपना, अपने परिवार और विद्यालय का नाम,
रोशन कर सकूँ।

हाँ, मैं सपने देखता हूँ।

क्योंकि सपने मुझे सिखाते हैं सच्चाई के मार्ग पर चलना,
और हिम्मत के साथ हर हालात का सामना करना,
क्योंकि सपने मुझे सिखाते हैं अपने आप को महसूस करना,
और अपने आपको मुकम्मल करना।
हाँ, मैं सपने देखता हूँ।



सोहम सोपोरी, पी5 बी



मैं वोट कब डालूँगी?

मैं वोट कब डालूँगी?

मैं अपनी ताकत कब आजमाऊँगी?

लगाकर उँगली पर स्याही का निशान,
बनानी है देश की एक नई पहचान।

वोट बनेगा मेरी ताकत,
लोकतंत्र की है ये इज्जत,
सोच-विचारकर चुनूँगी अपनी सरकार,
जो हमारी उम्मीदों को करेगी साकार।

जल्दी से दिन वो आ जाए,
जब मेरा भी वोट बन जाए,
शान से मैं मतदान करूँगी,
नए भारत का निर्माण करूँगी।

रीत भाटिया, पी4 बी

नानी-दादी

मेरी नानी-दादी की क्या है बात,
दोनों दे दें सबको मात।

नानी जैसे पुलिस ऑफिसर,
दादी लगती जनता की लीडर।
दोनों में हैं इतने गुण,
दोनों ही हैं बड़ी निपुण।

नानी सुनाती मुझे कहानी,
दिल मेरा कहता, वाह! नानी!
सिखाया पाठ उन्होंने बहादुरी का,
बन गया फैन मैं तो उनका।

दादी की है मधुर आवाज़,
हटकर है उनका अंदाज।

न जाने क्या पीती घुट्टी,
पल भर मैं कर देतीं सबकी छुट्टी।
नानी-दादी मेरी महान,
मुझको है उन पर अभिमान।

रेहान राय, पी2 ई



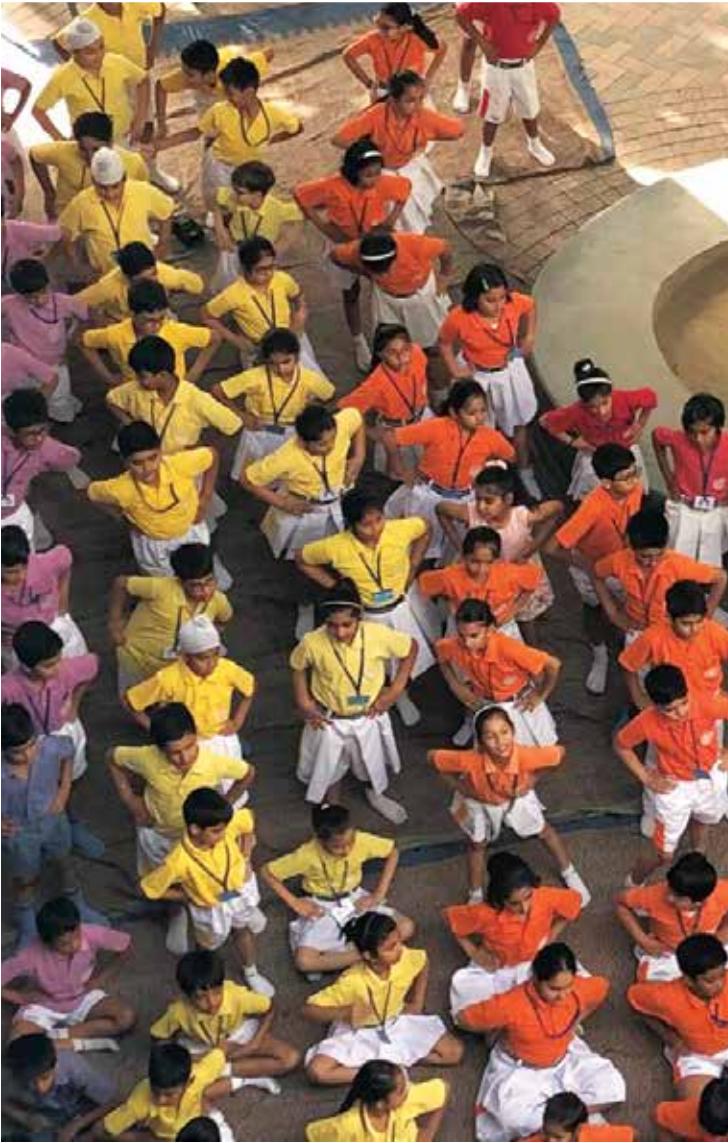


New at RSJMS Happiness Curriculum



Happiness is causal and brings many more benefits than just feeling good. Happy people are healthier, more successful, and more socially engaged. Many countries have recognized that education has a key role to play in building happier, healthier and more peaceful societies.

An important fact that has emerged in the last few years is that schools that can promote happiness, ensures better well-being, health, and achievement as well as success in future life and work. There are linkages between happiness and education: happiness is not only something that can be learnt, but learning can also be a great source of happiness. Education is, therefore, both a means and an end to happiness.



Quality of education and school happiness are inseparable, with the growing recognition that excellence can be a result of happier learners and happier school systems as opposed to standardized testing and examinations alone. Happiness and well-being in learners should not be considered only as an objective for education systems, but also as a means for higher educational outcomes and potential success in future life and work.

With the intent of creating a happy and positive environment, the school has introduced a new curriculum known as the “Happiness Curriculum” from April, 2019. The academic year has been divided into five modules- Introduction to Happiness, Care for the body, Care for the Mind, Care for Others and Care for our Passions. These are integrated across all pedagogical areas wherein all subject and activity teachers design their lesson plans relevant to the current module.

Children start their day with meditation and super brain yoga. The house meetings are also planned according to the module being followed in that particular month with lots of fun filled activities, zumba sessions, meditation etc. Happiness periods have also been introduced wherein activities are designed in a way that students can give expression to their thoughts and emotions through role plays, plays, discussions etc. that enhance Social Emotional Learning in students. The idea was to keep the children happy throughout the day, rather than just for an hour.

Hence, the focus is on giving the children an engaging environment where they benefit from experiential learning and let the process of learning be an enriching experience and a happy journey. The curriculum has gained immense popularity amongst the children who look forward to the upcoming activities with such excitement. The happiness on their faces has been the driving force behind this initiative and it has been the reward as well.

Coordinators, Happiness Curriculum



‘When you start each day with a grateful heart, light illuminates from within’

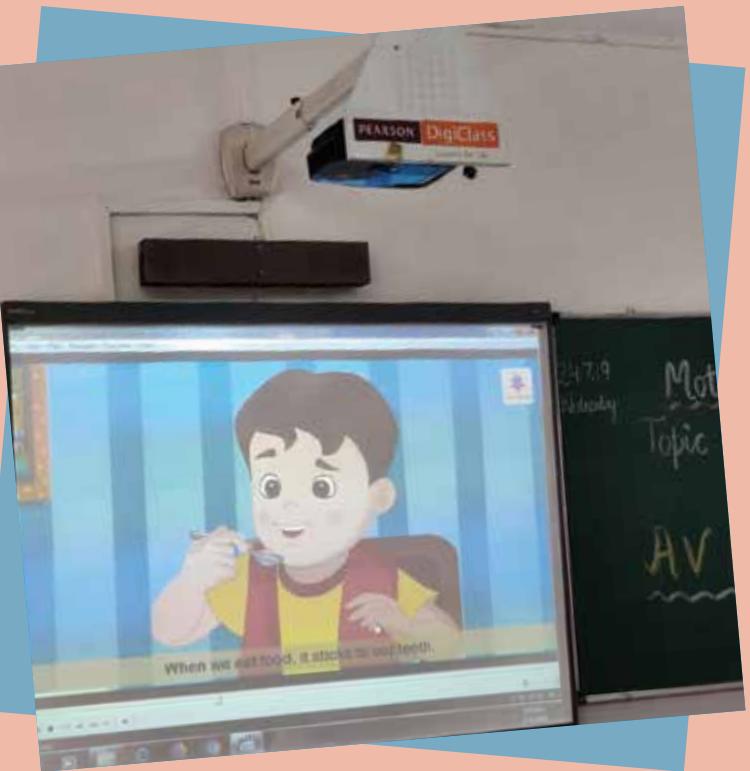
The morning starts with energizing Zumba sessions or relaxing meditation sessions. The musical start leaves them dancing to their own beats for the rest of the day.





‘Your happiness is a reflection of your health’

Children are made aware about topics like health and hygiene, as a healthy child is a happy child. Smart board videos are shown along with poster making activities.



‘Add friends, subtract tears, multiply joy and share happiness’

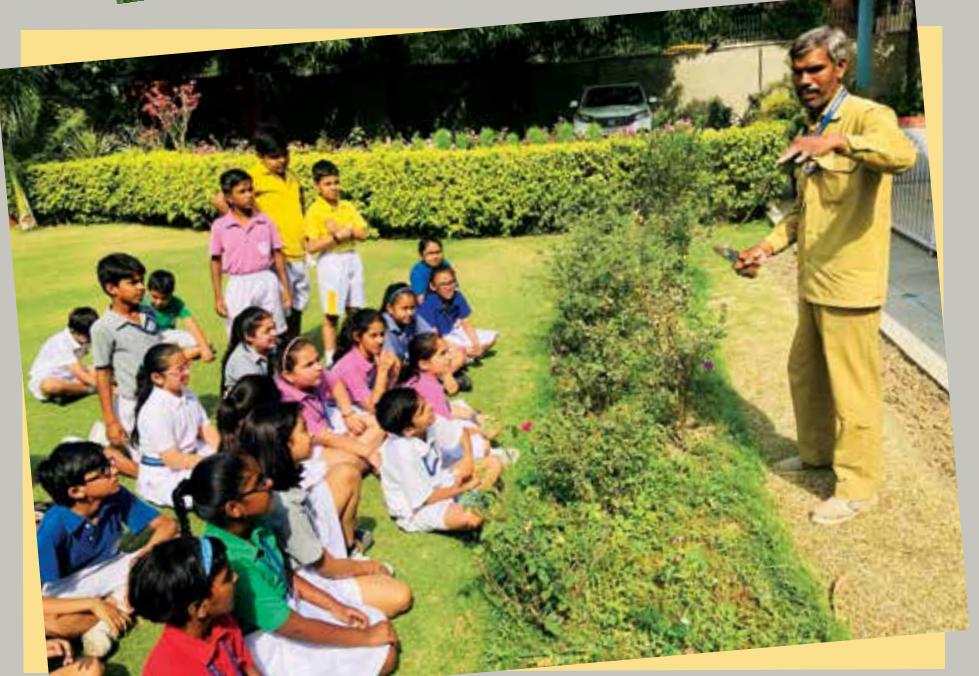
The math classes are integrated with emotions, feelings and happiness through activities where the children explore a new side of the subject and their own emotions too.

‘Learning from the best teachers’

The children are given the chance to interact with our staff members, who give our children gardening tips or converse with them in the local language of the region they are learning about.

‘Building classrooms with no walls’

The four walls of the room are left behind, when the children go out and explore the school campus to have their lessons. Be it Hindi, EVS, Math or Clay class the children are seen running around the campus to attend these classes with excitement on their faces.





‘Tiny hands doing big things’

The children are engaged in a number of activities which let them explore and create as it fuels their imagination.





NASCA – A Wonderful Experience

One fine day, we received a circular from school stating NASCA will now be a part of our school curriculum from class P3 to P5. It also said that we will learn mathematics, science, computers and technology in a fun and an interesting manner. I was quite intrigued and excited to explore and learn through this.

NASCA – RoboWizard

After a couple of months, finally we had our first NASCA class. It was a very interesting and fun session. The teachers first gave us an orientation about what NASCA is all about, then made teams of 4 children each. Thereafter, sir designated me as my team's leader. In the following session sir told us about "STEAM Education". STEAM stands for Science, Technology, Engineering, Arts and Mathematics. In this we learn about Robotics, Coding and programming, Science, Doodling with 3D pens, Augmented and virtual reality.

As of now we have started with robotics, coding and programming where we are given small projects where we have to assemble and programme blocks with an electronic brick to make a robot. We use Lego mind storms kit to make different projects like an automated well, a butterfly that can actually fly and even a robotic snake. The teachers



first show us the videos of the projects so that we know how it should look like. By this we learn many new things like, how to program a robot, learn a computer language etc.

It is wonderful to make these projects and feels great when we complete our projects successfully. Also, our teachers in NASCA keep on asking us tricky questions while we are building these projects to challenge us.

I am really looking forward to Doodling with 3 D pens, Augmented and virtual reality sessions in store during the next few sessions. I have also determined to earn my own mind storms kit from my mom soon!!

Every Thursday all my mom has to do is whisper in my ears in the morning "NASCA day!" and I immediately pop out of my bed, as I really look forward to each and every session. I wish we started this when I was in P3! Ever since NASCA classes have started, Thursday is the best day of the week for me at school.

Ayaan Ahluwalia, P5 C

NASCA – The fun class

NASCA stands for- National Academics of Science and Creative Arts. As the name suggests it combines science with arts, igniting both our mind and heart. At NASCA we use the Lego blocks to construct and then apply science to it. We understand scientific principles and learn practical use of scientific things.

We use the 'Lego mind storms ev3 education kit'. It is a kit that allows us to learn about science, technology and mechanisms. It also involves fun things. When we are finished with the construction, we do the programing. In programing, we give commands to the project. Commands are received by the ev3 brick. The brick has to be paired with the laptop. The brick has sockets through which wires are attached. The wires transfer commands to the motors or sensors attached to it.

The NASCA period is my favourite period and I eagerly look forward to it. We have completed one project, namely 'automatic well', in which a bucket comes up and goes down at the set speed. The movement is done with the help of the medium motor. Our next project is the 'butterfly'. In the butterfly project we will use ultrasonic sensors, which will find out the height of the butterfly from the ground and accordingly adjust the speed at which the butterfly should flap its wings. My learning at NASCA has been extremely enriching. I look forward to the upcoming projects.

Prathmesh Agarwal, P5 C





From the Principal's Desk

Dear Reader,
It gives me immense pleasure to bring out the first edition of '3 Wise Men', the e-newsletter of Baghicha Singh Junior Modern School. We hope to give you a peek into what's been happening with the buzz in our school. We will keep you updated with the buzz in our school. We believe that the best news will always eager to report them. We will be always eager to report them. These stories will be interesting to read.

The last few months have been fun-filled with activities and celebrations. We have many more such activities lined up for these months and now present them to you.

So, join us as we take you on a journey right across the Savitri Pratap Singh Block!

Happy Reading!

Manju Rajput

3 WISE MEN

VOL 1 | SEPTEMBER 2019

Happy Earth Day

It was a sunny afternoon. The 3 wise men-Ram, Abid and Jee were sitting under a tree, resting in the lap of nature.

Just then, Abid observed three birds flying near the tree. Suddenly, the man started to "play look magic", said Ram. Out of curiosity, they felt dizzy and fell down. They were very confused.

"They are CARRIAGE monkeys I have created by you & the humans."

"You depend on our wastes on earth, polluted air heavily with electric waste, cut down trees and forests, never care about the effects of our actions. We can forecast how our actions could further damage the planet. We are sorry for what we have done."

As they were speaking to the nature, a strong wind blew and pulled them back under the tree. Ram, Abid and Jee were shocked that they were still seated in their carriage.

"What day and where was the state of earth? Human did not protect the environment from past few years," said Abid, wiping the sweat from his brow. "We should do something to save our earth!"

"I have decided what we can take a pledge to help protect our environment. Let's do it. They quickly pruned down their pledge and read it loud. Ram, Abid and Jee decided to:

- Not use plastic bags.
- Plant trees and help make the surroundings greener and cleaner.
- Not waste water and try to save it.
- Not eat meat.
- Inform our society friends and relatives to follow these methods to save the earth. The 3 Wise Men went around telling everyone about their experiences and asked every others to take the pledge."

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Teachers' Day Celebration

"A good teacher is like a candle - it consumes itself to light the way for others"

– Mustafa Kemal Ataturk

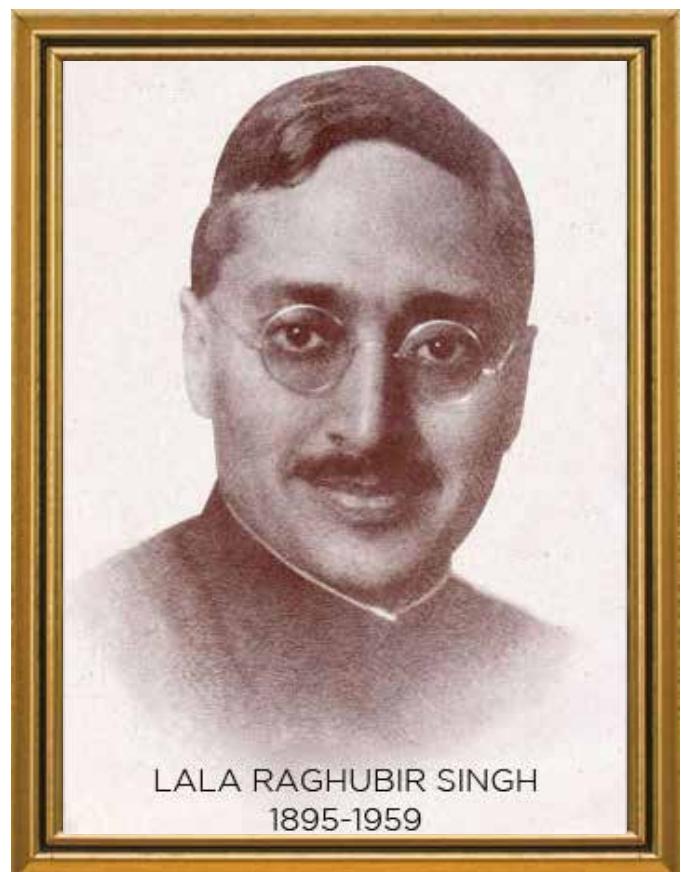
She not only gives us knowledge, guides us, inspires us and fills our lives with love. She helps us recognize our strengths, weaknesses and become better human beings.

With these sentiments, members of Sarojini Naidu House celebrated Teachers' Day.

The Assembly started with a poem being recited by a member on 'Why do we have Teachers'. Next the members enlightened the audience with interesting facts about Dr. Sarvepalli Radhakrishnan's life who wasn't just a teacher but an accomplished scholar, philosopher, statesman and a diplomat.

Dr Sarvepalli Radhakrishnan, India's second President was born on September 5, 1888. When he became the President of India, some of his students and friends requested him to allow them to celebrate his birthday, on 5th September. He replied, "Instead of celebrating my birthday, it would be my proud privilege if September 5th is observed as Teachers' Day."

The house members also paid tribute to another renowned educationist and the founder of Modern School-Lala Raghbir Singh ji whose birthday is also on 5th September. Lalaji's vision was to





establish a school which would combine the traditions of Indian education with modern educational techniques and foster an all-round growth of a child. It was his hard work and dedication that laid the foundation of Modern School.

Taking the Assembly forward members of the House choir sang a melodious song which echoed their love for their teachers. As a finale a young member mesmerized the audience with her semi-classical dance performance as a tribute to her "Gurus".

The audience next witnessed the most prestigious moment of the day. The felicitation of our dear Principal Mrs. Manju Rajput, a title conferred on her by the Board of Trustees for her exemplary work in the past years. She was presented a



On every September 5, Teachers' Day is celebrated all over India as an occasion to appreciate and acknowledge the efforts and hard work of our teachers in making us sophisticated and responsible individuals.

The celebration of teachers' day is one of the best memories of the school days in every person's mind. This day is considered as an important day in schools and colleges. Teachers' Day is celebrated with full fervor and joy in all the educational institutions across India.



bouquet by Mrs. Alka Sethi as a token of our love and appreciation.

The best was yet to come, everyone present in the hall was surprised and mesmerized by the melodious voice of our Principal ma'am when she took the mike to celebrate Ganesh Chaturthi by seeking his blessings. She sang a beautiful rendition of the *Vandana* - गनपत विघ्न हरण गजानन, which left everyone filled with positivity.

**Anu Katyal
Adwitiya Dua
Yameen Hasan**



Year after year PTA has performed special cultural programs like dances and skits for their teachers to make them happy and feel special in every way possible. Not just that they have also organized special programmes in honour of the teachers who indulge in thankless work all throughout the year. The last year's comedy play for the teachers is still etched in the memories of everyone.

This year in order to do something different than the regular the PTA thought of an entirely new way of celebrating the day. We took all the teachers out of school premises to show them the movie "SAAHO". With so many teachers in one movie auditorium, surely there was a new energy in the movie hall. All the teachers had fun and shared their thoughts about the movie.

After all, who else can give better reviews than our teachers? Over all it was an exciting and different experience for them.

Hope the teachers remember PTA 2018-2019 as good entertainers who could bring smiles to their faces.

Surbhita Gupta, PTA Member





Bhutan

A Holiday in the Hills

"We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures we can have if only we seek them with our eyes open."

— Jawaharlal Nehru

A holiday in the hills, that too in such an exotic locale as Bhutan sounds just too good to be true! And so it seemed, when I got to know that I was to accompany the Headmistress Ms. Manju Rajput and a group of twenty three P4 and P5 children for a six day- five night trip to the Kingdom of Bhutan. And, for me the icing on the cake was that my friend and colleague, Ms. Damyanti Bisht was also coming along.

On 24th March 2019, we landed in a quaint town, Paro where we learnt about the local culture and history by visiting the National Museum and the Buddhist temples namely, Druk Choeding and Dumtse Ihakaang. Day 2 saw all of us gearing up for an adventurous hike to the Taktsang

Monastery popularly known as the Tiger's Nest. Hanging precariously, the Tiger's Nest defies architectural principles and it is indeed a sight to behold. We covered the initial part of the uphill route on horseback and the rest was all walking to the top. Although the climb was challenging and arduous, some of us did actually manage to reach within a stone's throw of the Taktsang Monastery. Here, I must mention that Damyanti turned out to be quite a mountain Sherpa, climbing effortlessly. The day's outing concluded with a wonderful picnic lunch by the riverside.



On 26th March'19, we headed to Thimpu for sightseeing in and around the city wherein we were introduced to traditional architecture, culture and art forms with day excursions to the National Institute of Zorig Chusum, the National Post Office, the Chagangkha Temple as well as a handmade paper factory. The following day, we headed towards the Kuensel Phodrang or the Buddha Point. Situated at a hill, overlooking the city of Thimpu, it is the world's largest sitting Buddha statue. After a refreshing start at the Buddha Point, we went to the Motihang Takin Preserve which houses the Takin, Bhutan's National animal. The highlight of our stay in Thimpu was a visit to the Dochula Pass which offers a majestic view of the Eastern Himalayas. The slopes of the pass are spotted with 108 stupas or chortens which were built as a memorial in honour of the Bhutanese soldiers who were killed in the December 2003 battle against Assamese insurgents. There was so much to take in and learn at every place we visited!

We enjoyed shopping for souvenirs and artifacts at the local markets. The hotel stays throughout the entire period were most comfortable and the staff tried their best to provide us with cuisine of our preference. Overall, the Bhutan trip proved to be an exciting adventure in the hills which enriched the entire group with close insights of the mysterious Himalayan Kingdom, its people and their way of life.

Finally on the 29th of March, we boarded the Delhi bound flight from Paro, loaded with countless experiences and beautiful pictures in our kitty. On my way home, I thanked RSJMS for helping me to tick off one destination on my bucket list.

Ms. Mona Singh, Teacher

Bhutan - Land of the Thunder Dragons

Bhutan, a Buddhist kingdom on the eastern edge of the Himalayas, is known for its' monasteries, fortresses and dramatic landscapes. Since the 17th century the official name of Bhutan has been Drukyul, country of the Drukpa Lineage or the Land of the Thunder Dragon.

Recently, our school group accompanied by the teachers and Headmistress ma'am visited the cities of Paro and Thimphu. Located at 7,218 feet above sea level, Bhutan's clear air was a big relief for all of us coming from Delhi. Our first stop in Paro was the Ta Dzong National Museum of Bhutan, which hosts a wide display of animal tusks, horns and wooden carved masks. We then proceeded to the Dumtselhakhang Temple, which is designed like a Stupa. This 15th century temple is a teaching institute for monks aged 15-30 years. During our visit, we were privileged to see Monks practicing meditation. Another tourist attraction in Paro is Taktshang or Tiger's Nest. It is a site of a sacred Buddhist temple and one of the most adventurous climbs. We horse backed halfway up the Hill. The mid-point provides a great view of the Monastery and makes for a lovely Picnic spot. A small group including myself went all the way up to the top. The breath-taking view from top made the steep climb worthwhile.

Our next destination was Thimpu, the capital city of Bhutan. It is the largest city in Bhutan and is the 4th highest capital city in the World by altitude. Our tour started with a visit to the National Institute of Zorig Chusum. This art and craft institute provides vocational training in painting, embroidery, sculpting, metal work and wood turning. The National Post Office, where one can find innumerable souvenirs and memorabilia like personalized stamps, post cards and fridge magnets to take back home was unlike any Post Office I had seen before. We then proceeded to the ChagangkhaLhakhang temple an early medieval Bhuddhist temple and then

finally to the Clock Tower, which though not very high has four clock faces. Another tourist attraction, called Kuenselphodrang, and also known as Buddha Dordenma, is the World's largest sitting Buddha statue at the height of 51.50 meters. This statue is made of Bronze and is gilded in Gold and 1,25,000 smaller statues have been placed within the larger one.

The zoo (where we saw the national animal, Takin), Botanical garden and various market places were a few other places of interest. Our last point of visit was the Douchla pass. It offers a stunning 360 degree panoramic view of the snow covered Himalayan mountain range. 108 chortens or stupas built in memory of Bhutanese soldiers killed in the 2003 war grace this mountain pass after being formally consecrated and sanctified with religious rites. One of my most unforgettable experiences was watching archery at its best. Three archers shot arrows one after the other aiming at the preceding arrow and reaching the target all together.

The culture of Bhutan is fully reflected in its literature, religion, customs, music, dance and the monastic practices of the monasteries. Bhutan is a feel good country not only for tourists but more so for its residents. One cannot say enough about a country that is guided by Gross National Happiness unlike Gross National Product that is followed world over. The happiness and wellbeing of the people is of prime importance and the King measures his success based on the GNH. This trip has made a deep everlasting impression on me and it's been inspiring, enlightening and holistic. Until next time, Le Shim Bay Jo eh!

Angad Athary K. Suri, P5 D

My amazing school trip to Bhutan

Iwent on a school trip to Bhutan for 6 days. It was one of the greatest trips and experiences ever. We did hiking and pony rides.

We visited paper factory where I observed people making handmade papers. They even sold them in packets which were organic and handmade. We also visited many temples in Bhutan. Later, we visited a museum where different masks such as Lord of Death, White Diety were displayed.

We came across the faces of animals which represented various emotions like The Leopard's face represented jealousy, The Owl's face represented laziness.

One of my favourite visits was The Tiger's Nest for hiking on horsebacks. I got scared when my horse lost balance and started leaning on other horses. We went to the Buddha point, where the largest sitting Buddha was located. The height of the statue was 167 feet. It was made of bronze but it glistened as if it was real gold. We stayed at beautiful resorts in Paro and Thimpu (states of Bhutan). We visited many shops there and bought many local products, like a purse, a wallet and some other souvenirs.

The best memory of Bhutan was that there is no pollution at all. The place was so fresh and clean. I love Bhutan very much. I would like to visit Bhutan again!!!

Sauvik Jain, P5 D

I was really excited to go to Bhutan with my friends, it was my first international school trip. We were accompanied by our Headmistress ma'am and two teachers. Bhutan is a country famous for its natural beauty, forest conservation, great culture and heritage. It was a great educational experience for all of us.

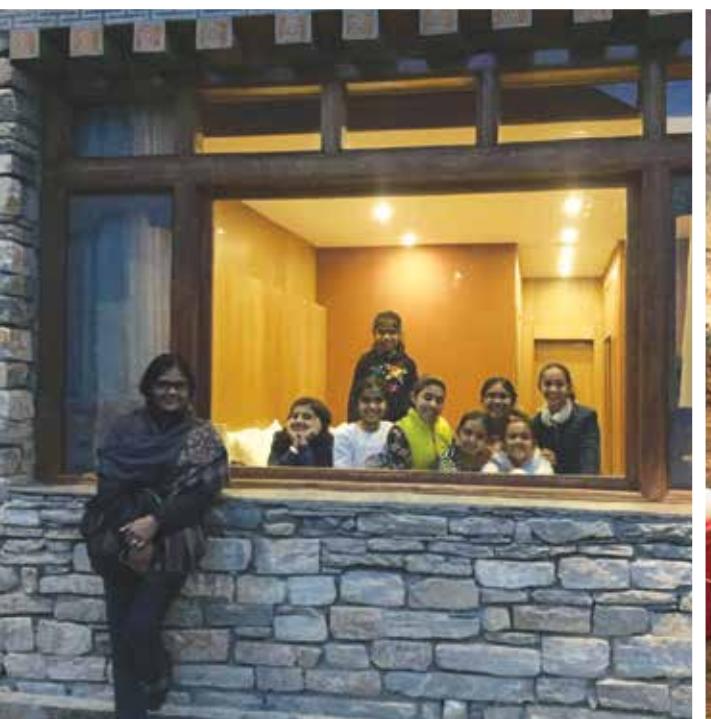


We visited many monasteries, monuments, paper factory and zoo in Bhutan. I even enjoyed having the 'Red Rice' dish, a famous delicacy of Bhutan. I was thrilled to see world's largest sitting statue of Buddha at the Buddha point. It was made of bronze and studded with semi-precious stones. We also got an opportunity to see Takin - Bhutan's national animal at the Thimpu zoo.

I enjoyed the entire tour but the place which I liked the most was Tiger's Nest. It's a sacred Buddhist site located near Paro. Due to its location, the only way to get to the monastery is by hiking. We covered half of the way on ponies and the rest on foot. We enjoyed our little picnic by the river there and it was the best moment of the trip. I spun the prayer wheels and I said a little prayer for my family. It took us 5-6 hours to complete this trip, so we reached our hotels completely exhausted. We went straight to sleep after dinner as we had no energy left after the hiking trip. My first international school trip was amazing and I am looking forward to many such experiences in future with my friends.

Shivain Gupta, P5 C







A Trip to Pune and Mahabaleshwar

Each year, students of RSJMS are taken on a trip to a popular tourist destination in India to understand and experience the rich cultural diversity of our country. In April this year, 43 students of classes P4 and P5 went on a four day educational trip to the cultural capital of Maharashtra – Pune. Along with Pune, they also visited Panchgani and Mahabaleshwar. The children were accompanied by Mrs Charu Mehta, Mrs Anshu Bedi and Ms. Adwitiya Dua.

Known as the 'A city of virtue', Pune was the first capital of Maratha ruler Shivaji Maharaj. It is now known for its educational facilities, glass and sugar industries. On landing in Pune, we drove straight to The Aga Khan Palace which was built by Sultan Muhammed Shah Aga Khan III. The palace, which is of great historical value, is closely linked to the Indian freedom movement as it served as a prison for Mahatma Gandhi, Kasturba Gandhi and Mahadev Desai. After a scrumptious lunch we went to see The National War Memorial Southern Command which is dedicated to post-Independence war martyrs. After that we headed towards Shaniwar Wada, the Palace of the Peshwa.

The next day, after enjoying our breakfast, we started for our journey towards land of strawberries- Mahabaleshwar. On our way to the hotel in Mahabaleshwar, we visited one of the famous tourist attractions there, the Venna Lake. After a long day of travelling and lake visit, the children enjoyed their dinner at the hotel. The next day we drove to the famous Pratapgarh Fort where the 'battle of Pratapgad' between Shivaji and Afzal Khan was fought below the ramparts of this fort on 10 November 1659. We also visited the famous temple of goddess Bhavani situated within the boundaries of the fort.

Later on finally we visited the Mapro Factory, which is one of the main attractions of Panchgani and Mahabaleshwar. Mapro Factory is a well-known manufacturer of variety of jams, chocolates and whole strawberries crush. As all good things come to an end, so did our trip. The next day after breakfast we drove back to Pune and later flew back to Delhi with lots of memories and yummy candies.

Ms. Adwitiya Dua, Teacher

My school trip to Pune and Mahabaleshwar

Iwent on my first school trip to Pune and Mahabaleshwar. I was excited from the start and was waiting for the day of departure. The journey was full of laughs and jokes. Every day we would wake up early and go to historical, interesting places. We also visited a beautiful lake – Venna Lake. In Mahabaleshwar we went to the famous Mapro Jam Factory. The farm had endless fresh strawberries growing on it. We all bought a lot of things for ourselves and our families. The chef of the hotel would always welcome us back with delicious food laid on the table. The last night the hotel organised a magic show and dance session for all of us. It was the best part of



the trip, we all loved dancing to our favourite songs. This was a fabulous trip that I will always remember and cherish.

Sahana Abbi, P4 G

I went for a school trip to Pune and Mahabaleshwar in April. When we landed in Pune, we went straight to Aga Khan Memorial Palace. It was all about Mahatma Gandhi and other freedom fighters. Some of the statues were headless. Then we visited Pataleshwar Cave Temple and Saras Bagh. Another interesting visit was Shanivar Wada. It has 2 gates- one was a small door called "Khidki Darwaza" and another was a big door called "Peshwa Dwar". Next day, we proceeded to Mahabaleshwar in bus. We had yummy Domino's Pizza, played Antakshari, chit chat, etc. in the bus. Then we went to Pratapgarh Fort. It had 1,080 steps that we managed to climb. Over there, we saw a big statue of Shivaji Maharaj. Then we visited the amazing Mapro Jam Factory. We saw a video explaining how they make different products from fruit extract.

Every day was a great fun with friends and teachers. We ate ice cream almost daily in the hotel. The trip is memorable because of the Pyjama party we had done in the hotel room. I can never forget this trip. I wish to go for all trips organized by the school.

Navdha Aggarwal, P4 F







Trip to Wagah Border and Golden Temple

Amritsar is famous for the Golden Temple and Wagah-Attari Border, situated at a distance of about 27 kms from Amritsar. It is India's first line of defence which is guarded by Defence Border Security Forces.

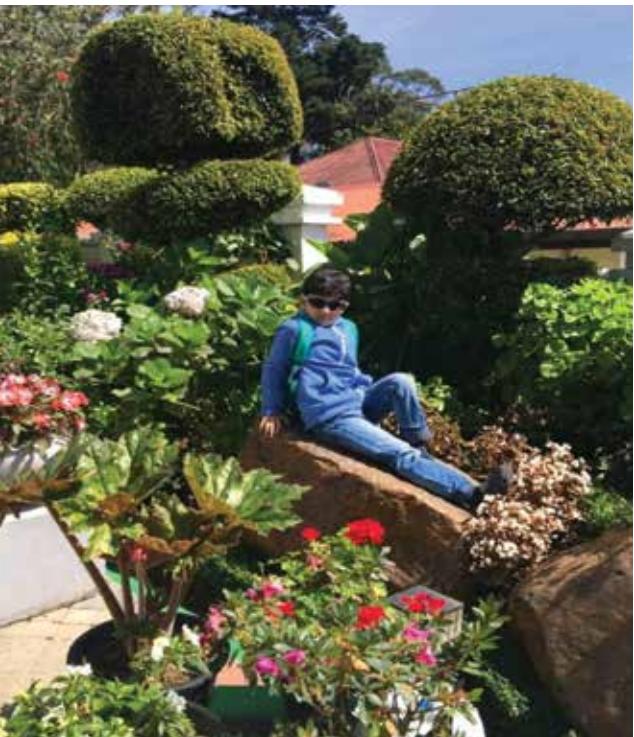
The 'retreat ritual' is performed daily in the evening immediately before sunset to formally close the border for the night and take-off the National Flag of both the nations. The parade by BSF takes place at 5 pm where the flags of both the countries are lowered with due respect (called the *Flag Lowering Ceremony*). The courage and dedication of the Armed forces and their respect towards the flag will fill your heart with overwhelming joy. It's their duty to safeguard the nation's pride, boundaries and people.

Next, we visited the holy Golden Temple (Sri Harminder Sahib) of Amritsar. As the name describes, the temple's dome is gilded with 750 kg of pure gold. At the entrance you need to walk through a foot bath to ensure your feet are clean.

Everybody must cover their heads out of respect before entering the Golden Temple. We did *darshan* twice, once at night on the first day and early in the morning the next day (at around 5.30 am). We also attended the early morning *Ardas*.

The night lights of the temple are not to be missed. The temple glistens under the lights and the mood is calm and quiet. People come and worship and get *Kadah Parsad*. The Golden Temple of Amritsar is very peaceful and beautiful. I am sure people who visit it once, would want to go there again and again.

Anya Chawla, P3 B



My Trip to Sri Lanka

Vacation is a time for fun and exploring the world. This time in the winter vacation, I went to Sri Lanka with my family for five days. First, we went to Kandy, a major city in Sri Lanka, where we visited an Elephant Orphanage. There we saw many elephants doing various activities. Next, we went to the Spice Garden, Tea Factory and Temple of the Tooth and then we left for Nuwara Eliya. It is a very famous hill station of Sri Lanka. There we saw Sitaji's temple with lord Hanuman's foot prints. It was great fun. Then we went to a lake for boating and horse riding. Next day we left for Bentota, a coastal town in Sri Lanka. It has become my favourite place as we enjoyed a lot on the beach, did water sports and took a river safari in Madu river. And then our last destination was Colombo. It is the capital of Sri Lanka and is really very beautiful. And as all good things come to an end so did our wonderful trip. I will always cherish the time spent there and I look forward to going on more such trips with my family.

Atishay Jain, P3 A

Visit to Water Park in Dubai

In the winter break this year, my family decided to visit Dubai. I have been to Dubai twice before this trip, but since I was very young at that time, I don't remember much about it. However, this time, we visited all the main places again such as Abu Dhabi Grand Mosque, Dubai museum, Dessert Safari, Dubai Fountain etc. But my favourite day was spent at the Wild Wadi Water Park.



We left early for it as we wanted to have as much fun as possible. Since I had learnt swimming in my last summer vacation, I was really excited to go to a waterpark. We were lucky since the park was not much crowded on that day. I was not allowed to go on many rides because of my age and height. Those rides were really scary and my elder brother and my father enjoyed those a lot. There were many rides for me such as Juha Lagoon, Juha Journey, Flood River and Breakers Bay. The ride which I enjoyed the most was Juha Lagoon. It was like a big play area with water. There were slides, stairs, ropes, all in a big play area. The best part of it was

a big bucket that used to turn on us, with all the water in it. It was like playing in the rain. After I got tired of playing, I sat in a water tube with my father and we went on Juha's journey. It is like a long river which goes all around the water park. We even tried to race with my mother and brother who were on the other tube, but we lost the race. There were many options for food as well, and I decided to have a burger with chocolate milk shake. It was the best day of the trip and I want to go back to the water park with my friends.

Abeer Asrani, P3 B

My Visit To Bharatpur Bird Sanctury

One day while having dinner, my grandfather made a remark, "Oh! Lots of birds from different continents are visiting India; I am going to Bharatpur to see them, who all are coming?" I promptly raised my hand 'Me, dadu'!! So, I, along with my family, went to Bharatpur, which is a city in the state of Rajasthan.



In Bharatpur, I visited the Keoladeo National Park, one of the largest wetland parks in the country. Inside the park, I saw many birds such as Rosy Pelican, Painted Stork, Crested Serpent Eagle, Egyptian Vulture, Flamingo, Indian Parakeet, Spoonbill, Spotted Owlet, Glossy Ibis, Northern Shoveler, Cormorants to name a few.

Bharatpur, is special because many winter birds visit there from faraway lands. Flamingos fly to India from Africa, Rosy Pelicans come from Europe and Northern Shoveler from Europe and

Northern Asia flying all the way over the mighty Himalayan Mountains. They come to Bharatpur to avoid the harsh cold winter in their home and to a place where they will get plenty of food and better weather.

Looking at them and their beautiful colours I wondered how they were able to find the way to my country. I found out that they use the sun, moon, stars and the Earth's magnetic field to navigate their way. Each bird, from birth, has this developed sense. They do not need google maps or phones to find the way.

On their arrival, who did they meet? They met Indian birds like Parakeet, House Crow, Kite, painted stork and our national bird the peacock. It was fun to see them live, play and eat together. I wondered what stories they were telling each other.

It would be wonderful if I too could fly like a bird because you do not need any passport, visa and aeroplane. I, too, can then fly from one country to another.

Vardaan Mukerji, P3 E

Visit to my Roots- Devprayag in the Himalayas

Family roots are the places to where our ancestors belonged. Few days back, I went to my mother's ancestral village. It is in the Himalayas and is known as Devprayag.



It is the starting point of India's largest river, The Ganga. At the Sangam, river Bhagirathi and river Alaknanda meet to form river Ganga. The river is huge and the water flows very fast. I went to the Sangam with my parents and fed bait to fish.

Many colourful fish came almost to my feet to take the food. The fish were big and colourful and I was very excited to see them. There were many people praying and bathing there. I found the water very cold to bathe but I dipped my feet into the water. The wind there was very cool.

While we enjoyed our journey, I also saw many children walking to school. My mother told me that the kids have to walk long distances to go to their school. I told my mother that we are very lucky to be able to go to school by bus. We also went to a temple to pray. It was on the top of a mountain and we had to trek a little to get there. The breeze was cool but the sun in the hills was very bright and hot. My dad told me that it was due to the clean atmosphere of the hills. The air was fresh and clean. I had lots of fun while trekking. From the top of the mountain, the view was very beautiful and we could see far away valley and hills below us. We could also see snow-clad mountains. I enjoyed myself a lot and would love to visit my ancestral home again to feel the fresh and clean air.

Krish Sanwal, P4 H



My Trip to Singapore and Bali

This summer, my family and I visited Singapore and Bali in Indonesia. We did many new and exciting things! In Singapore, we saw three *Merlions* – the original at Merlion Park, a small replica of that, and the big Merlion on Sentosa Island. We also visited the SEA Aquarium and rode the cable car on Sentosa. The cable car was so high in the sky and had an awesome view! Another cool part of our trip was seeing all the animals like giraffes, flamingos, and monkeys at the Night Safari and Singapore Zoo, and riding the boat at the River Safari. We walked around other parts of Singapore, like the Gardens by the Bay. It was very hot. Fortunately, our hotel had a pool to help us cool off!

In Bali, we stayed in a seaside town called Candi Dasa. I had fun feeding the fish at Tirta Gangga Water Garden. We also visited Pura Lempuyang Temple. We had to walk up a steep hill and climb many steps. From the temple, we could see Mount Agung, an active volcano! You can get lot of seafood and Indonesian food in Bali, but my brother and I managed to find the only restaurant that serves hot dogs in all of Candi Dasa! When it was finally the time to return to India, we got to fly in an A380 – the biggest commercial airplane. It was a memorable vacation.

Contributed by - Aarav Mehta, P1 B



Amazing Disneyland!

During this summer vacation, I went to Hong Kong with my family. In Hong Kong we visited many wonderful places. However, my personal favourite was Disneyland. On the third day of our trip we went to Disneyland. We got on many fun rides! My favourite ones were the Big Grizzly Mountain Runaway Mine Cars and Space mountain. Those were the ones that I really enjoyed the most. When we went to eat something, we saw Chip & Dale. I wanted to take a picture with them but there was a long queue. However, after sometime I was finally successful to click a picture with one of my favourite characters. The *Paint the Night* parade and "We love Mickey" projection show transforms the buildings along Main Street, U.S.A. into a canvas of vibrant, colourful visuals that pay tribute to Mickey Mouse's major milestones. It was a feast for the eyes. When we came back to our hotel from Disneyland my feet were hurting really bad. But it was worth as I had an amazing time! I hope to go there again soon!

Vanya Arora, P2 C



My Summer Vacation 2019

I went to USA with my family during my summer vacation. I went to many national parks such as The Grand Canyon, Zion National Park, the Redwood National Park, Tahoe National Park, Yosemite National Park, Sequoia and Kings Canyon National Park and Death Valley.

My favourite National Park was Zion. I did canyoneering there. I climbed steep, rocky mountains and I rappelled down with a rope. I felt a little scared at first, but then I got used to it and enjoyed it. Our guide Mike, showed me how to go through very narrow spaces using my feet and hands. When I was done, the guide said, "You are very brave and did very well for your age".

In the National Parks, I went on many hikes. Most of the hikes had very good views. On one hike, I went up to a waterfall where I saw a rainbow forming with the mist rising from the

waterfall. I got drenched with water during this hike. In one of the parks, we also saw a huge rock called EL CAPITAN which is a vertical granite rock formation. It was a super strenuous climb because it had very few cracks for foothold. There is also a movie on a person who climbed El Capitan without any ropes, just with this hands and legs! The movie is called FREE SOLO.

My favourite memory of the trip is my day at Steve's ATV rentals. We were staying on a beach town called Pismo beach in Southern California. This is a very large beach where cars can drive on the sand right up to the water's edge. The sand here is like a desert. Strong winds shape the sand into dunes. That's why people have fun driving their ATVS on the beach going up and down the dunes. You can also get your own stunt motorbikes and have a thrilling day at the beach. We rented two ATVs from Steve's rentals. One was 90cc for me and the other was 250cc for my father. We went on some of the smaller dunes at first. Then, we went up the higher ones. My ATV almost fell off the edge of a high sand dune.

I saw the world's tallest and widest trees in Redwood and Sequoia National Parks, respectively. I also lost a tooth while staying in America. I had a wonderful trip to the US with many beautiful memories which will be cherished forever.

Veer Gupta, P3 B

Dreams do come true!!

Dreams do come true! I love watching Animal Planet. The episodes on sea and sea life always mesmerize me. The beautiful blue water, the colourful fish, starfish, the turtles and of course the corals! I had always dreamt of swimming with them. And



this summer vacation my parents planned a trip to Phuket, Thailand. In Phuket we went snorkelling. All dressed in my snorkelling gear, I jumped into the sparkling blue water from the speedboat we were in. Under the water there were colourful fish, the corals and me! I have no words to describe the exciting and amazing experience- it was simply wonderful! All beautiful creations of God and me! Yes, that was the day when my dream of becoming one with the sea world came true!

Anahita Wadhwa, P4 A

A memorable trip to Amsterdam and Norway

During the summer vacation, my family and I went for a trip to Amsterdam. There the weather was really cold. We stayed in a hotel called Radisson Blu. We visited a place which was very famous in Amsterdam named Zaanse Schans where we saw many huge Wind Mills. We also went to the Cube House, where I saw houses made in the shape of a cube. On the next day, we did a Canal Cruise. The city of Amsterdam has water bodies all around. We also visited Norway. It was really beautiful and the weather there was mostly rainy along with cold winds blowing throughout the day. In Norway, we went on the Holland America Cruise. The stay in cruise was a memorable experience. It had swimming pool, gymnasium, library, basketball court and a lavish dining room. On the ship, there was an activity room named CLUB HAL, where my sister and I had lots of fun. We visited Oslo, the capital of Norway. We visited other states in Norway like Stavanger, Flam etc. by the Ship. We visited a really nice beach named 'Huuk'. On the beach, we clicked many pictures standing on the strong, tall, big and hard rocks.

In Norway, my favourite place was the Royal Palace. Then we went back to Amsterdam and our stayed in hotel NH Collection. Over there, we also went to the Sarvana Bhawan of Amsterdam. In Amsterdam, my favourite activity was the Canal Cruise. It explained the history of Netherlands. We were shown the entire city and the famous canals that were built there. It was an awesome trip and I enjoyed it thoroughly. Hurray!!!

Varyaa Gupta, P4 C



Amazing tour to Amsterdam and Norway

In these summer holidays we went for a trip to Amsterdam and Norway. The first day we took a flight of Emirates from Delhi to Amsterdam via Dubai. In Amsterdam, first we boarded an airport shuttle which took us to Hotel Radisson Blu. Then we visited the famous Wind Mills in Zaanse Schans. The next day, we did Canal Cruise near our Hotel. On the third day, we took a taxi and went to board the Cruise to Norway. From the Cruise, after two days we went to Oslo, the capital of Norway. In Oslo, we visited the Royal Palace. We also had a picture with the Royal Guard. Day after, we went to a Norwegian city, called Kristiansand and also went to the

world-famous zoo named Dyreparken. There were many exciting rides in the zoo. We saw lion, pigs, chimpanzees etc. On the seventh day, we visited Stavenger and rode a ship. Next day, we took a train to discover Flåm. It is a beautiful and pleasant village. We spent next one day on the ship. Then we again went to Amsterdam. We stayed in a hotel named NH Collection. That day we went to a shopping village called Roermond. In the village, there were huge branded showrooms and we had a great time shopping for me and my family. Next day we went to a Science Museum called NEMO Museum. The museum was very interesting. We were shown experiments related to Chain Reactions, which I liked a lot. We also sat on an exciting ride called "LOOK OUT", which was located on the twenty-second floor of a tall building.

The next day we came back to Delhi by a flight of Air India. It was an amazing tour. I would really like to go back again.

Vrishti Gupta, P4 C

Experience of a Yoga Camp

During my summer holidays this year, instead of visiting famous tourist places, we went to a Yoga Camp in Uttarakhand. I had great fun there even though there was no AC, TV or Internet. I used to get up at 5.30 AM everyday (even before the sunrise) and do yoga for two hours followed by a healthy breakfast. In breakfast we used to have dalia, poha, fruits and

milk. There is no specific age to do yoga. Our teacher's name was C.M. Bhandariji and he is around 70 years old. We went for nature walks in the afternoon and met the village people. I saw many types of fruit trees like litchi, walnuts, apricots and mango. We also had a mud bath there. In the middle of the trip, it was my parents' anniversary. I sang a song for them and made a lovely card for them with my sister. On our way back to Delhi we stopped at Corbett Park in Ramnagar but sadly could not spot a tiger. We saw a herd of wild elephants that scared me but still it was the best trip of my life.

Advika Gupta, P3 E





School Excursions

Visit to Sunder Nursery

The students of kindergarten had a wonderful excursion to the Sunder Nursery. They were super excited for this day of the fun filled week. We left in the bus singing rhymes and playing games. After entering the nursery we walked around seeing the beautiful flowers in bloom, the old broken fort. Then we went to the green house which housed an amazing collection of bonsai. We finally reached the part of the nursery where we were to sit, play and have our food. The variety of food they had got spoke volumes about their excitement. We sat in a circle, shared our food and then played games. Finally it was time to go back to school. It was a fun-filled day which remained in our talks for a few days and in our hearts forever.

Meenu Malhotra, Teacher



Visit to the Neighbourhood

In the month of July, the KG children got an opportunity to get acquainted to places near the school. The teachers along with the children boarded the school bus, ready and eager, to explore our neighbourhood. The bus first took us to Khan Market where the children saw streets bustling with people. Along the way, they saw a mandir and a church. We then headed towards a fire station, where our

tiny tots saw several fire engines lined up. They were explained how fire fighters are trained to combat and extinguish fire and help protect the public in emergency situations. Next we crossed the Metro Station where the children were familiarised by the metro station sign and were explained how trains take passengers from one place to another. We crossed a petrol station where the children watched cars standing while the helpers at the station filled fuel in few cars and scooters. They were told how cars, scooter and other vehicles on the road cause air pollution and the benefits of traveling in buses and carpools. We crossed a nursery where the children noticed numerous plants and flowers displayed in rows. They were informed about how several gardeners maintain the nursery and people come here to buy pots and plants for their homes. We then headed to the Safal store where the children got out of the bus and went inside to explore the variety of fruits and vegetables displayed in the shop. Our final stop was Kendriya Bhandar where the children observed people buying a variety of items for their daily requirements and watched with keen eyes how customers paid money for the items and received a bill for the same. The children were delighted with the experience of visiting and exploring their surroundings and made several observations towards the end of the tour.

Divya Sibal, Teacher



Screening of the Movie "The Lion King"

Field trips give students educational experiences outside the boundaries of their regular school environment and provide opportunities to explore the real world.

Keeping this in mind, as part of a recreational trip, on 9th August, 2019 the students of classes P3 were taken to the Odeon cinema, Connaught Place for a screening of the popular Disney movie 'The Lion King'. Teachers, guards and maids also accompanied to ensure the welfare of the students.

The movie was quite entertaining and age-appropriate and had a good impact on the thinking of our students as it taught that with great power comes great responsibility and also we should never lose the faith in ourselves.

It was a fun-filled day with a great learning experience for them. The kids could not stop talking about it for a week.

Hansita Kalra, Teacher



Assemblies

CHARLIE CHAPLIN: The King of Laughter

The assembly celebrated the great personality 'Sir Charlie Spencer Chaplin', who was born on 16th April 1889 in Walworth, London, UK. He was an English comic actor, filmmaker and composer who rose to fame in the era of 'SILENT FILMS'. The girls of the house performed a beautiful tap dance as a tribute to the dancing skills of Charlie Chaplin.



Small hands can change the world

Earth Day is an annual event celebrated on April 22 worldwide. Through this assembly, the students learnt about different ways to protect the environment like not burning plastic items and leaves, eating more organic food, using less water, donating old clothes and toys, and giving a thought about how to reduce the waste we produce. By taking some simple actions in everyday life, we can help create a cleaner and healthier environment.





World Heritage Day

The International Council on Monuments and Sites (ICOMOS) had announced 18th April as the World Heritage Day in 1982. The students presented a street play (nukkadnatak) on this theme. The message of the play was that all of us should follow some steps to protect our monuments like never scribbling on the walls, participating in regular Cleanliness Drives and spreading awareness about these monuments and their importance.

A little effort from our side can make drastic changes that will make the future generations proud of our heritage.



'Trees - Our Best Friends'

The assembly started off with the young members of the house sharing facts followed by recitation of a poem highlighting the usefulness of trees. The children were made to understand that trees are essential for our survival so we need to save and plant more trees. It ended with a group dance performance which was much appreciated by everyone.



"Baisakhi: The Festival of Thanksgiving"

The children spoke on the topic of Baisakhi and presented a group song- 'Ayiayi baisakhi re'. The assembly concluded with a joyous and fun filled group dance on Baisakhi which was enjoyed by everyone.





The Water Heroes

To spread awareness regarding water conservation, the students, dressed as "water heroes", shared few tips to save water in day to day life. All the students together took a pledge to not waste water and save every drop of it. The assembly concluded with a group song "Aao Haath Milaayein, Paani Hum Bachaayein" sung by the students.







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Bulletin Boards of RSJMS





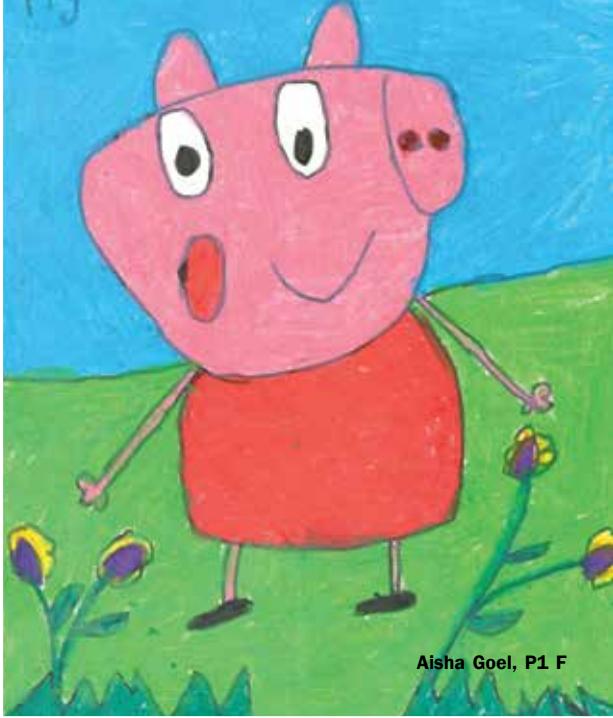
The displays in any school play an inevitable role in creating a better learning environment. At RSJMS teachers are inspired to create displays and use them effectively for educational, management and other purposes. Be it the display work inside the classrooms or the bulletin boards in the corridors, the purpose is always to create displays that promote active learning and make the classrooms and corridors look brighter, and more interesting and stimulating for the children. The display of students' work is a powerful way of showing that their work is valued. It creates a sense of achievement and vastly enhances their motivation. They appreciate their own work and the work of others. The ideas that are put forward through the displays create a welcoming, attractive and child friendly learning environment. The bulletin boards of our school celebrate efforts as well as excellence of our teachers and children in providing new information, facts and also showcasing their creativity and innovation.

Shivangi Rana, Teacher



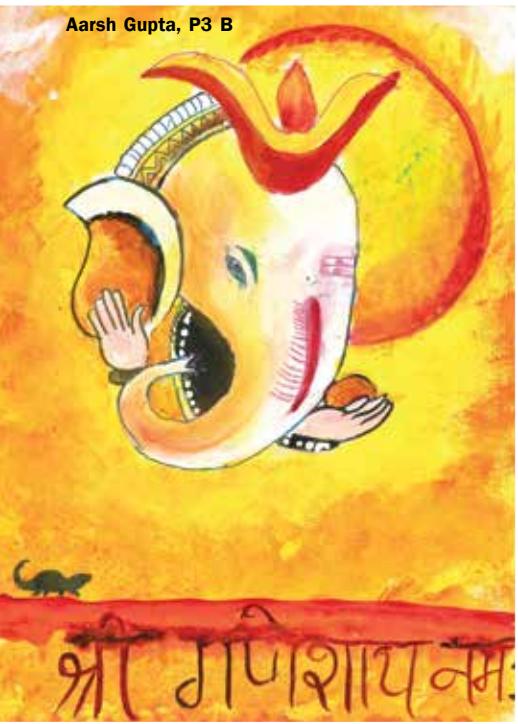


Harit, P5 A



Aisha Goel, P1 F

Young Artists



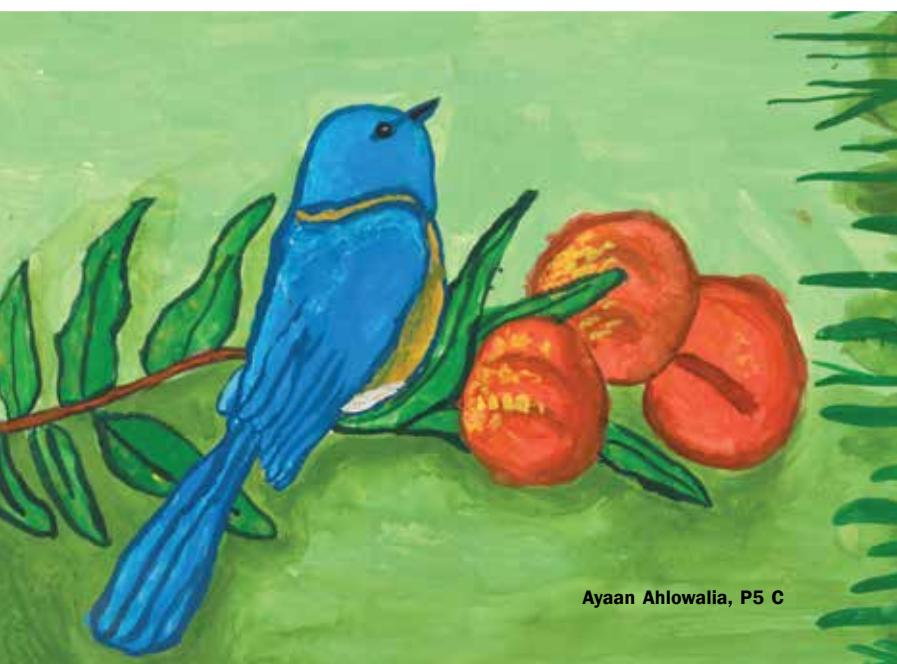
Aarsh Gupta, P3 B



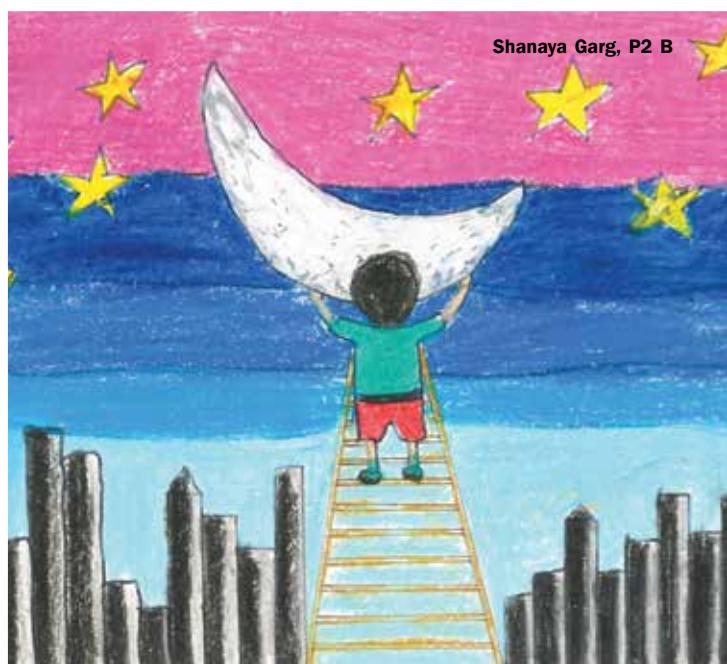
Ayansh Aggarwal, P4 H



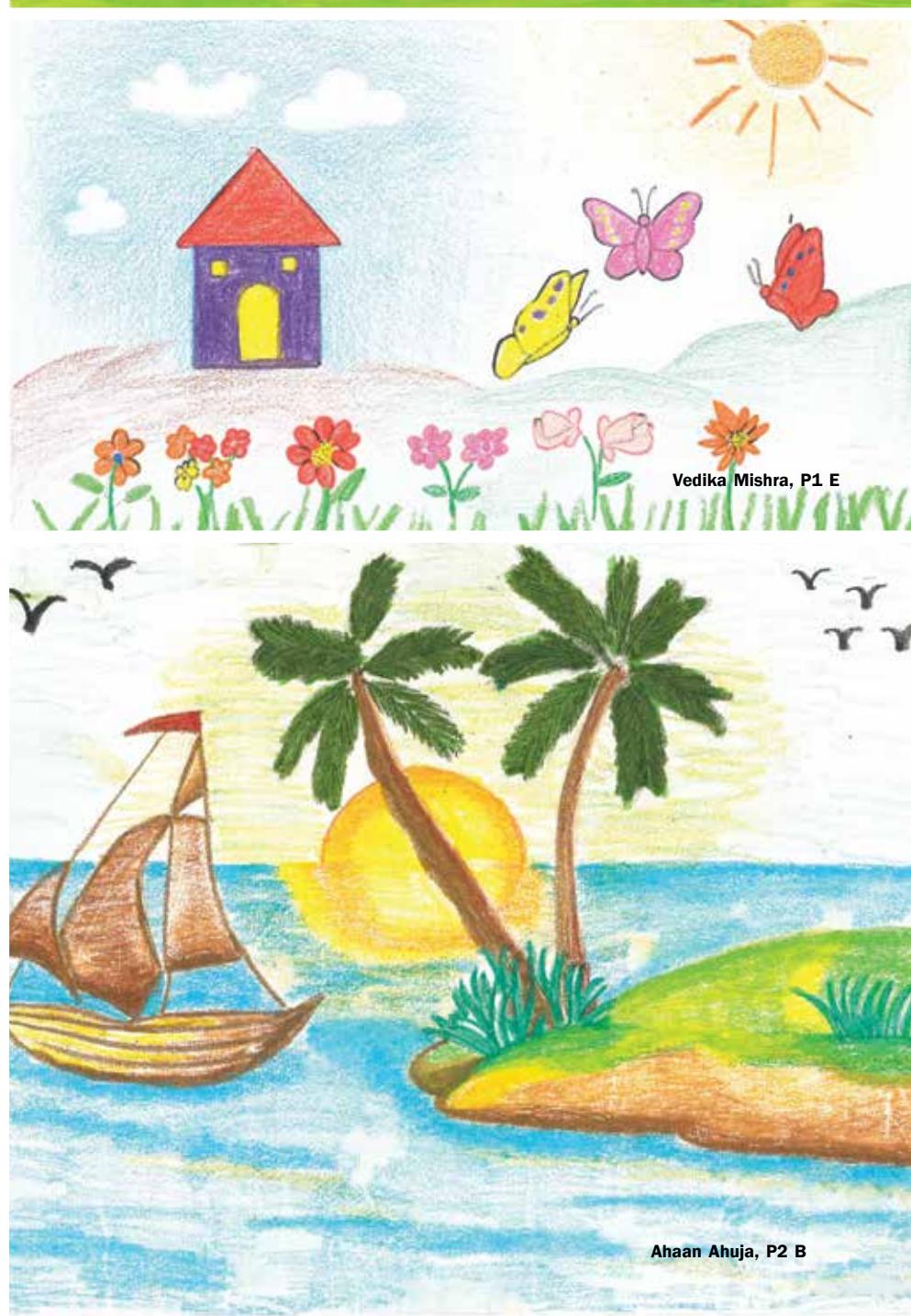
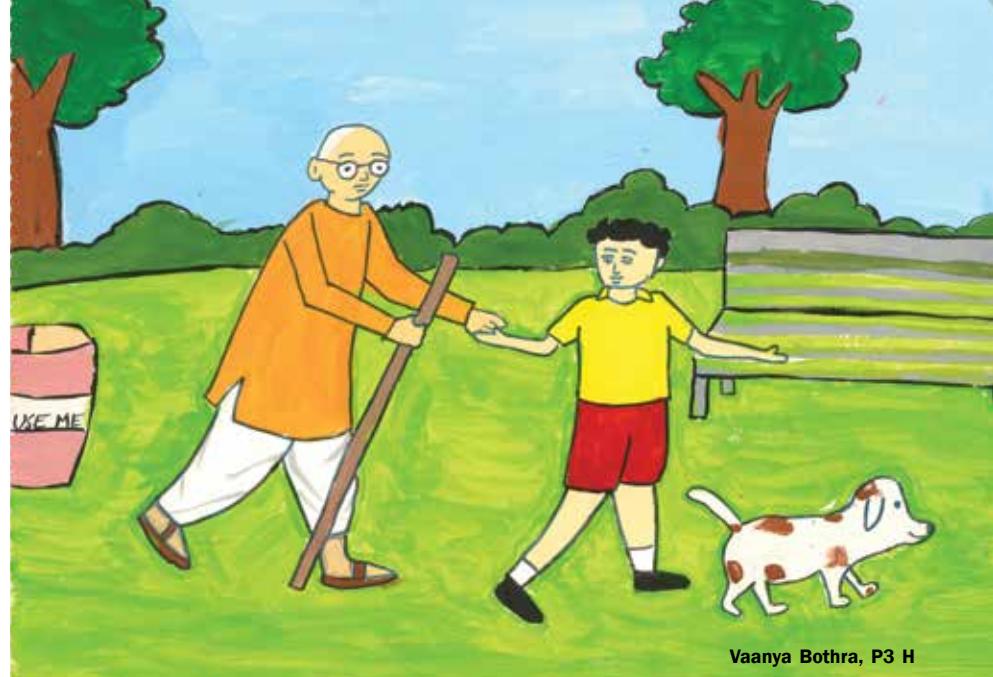
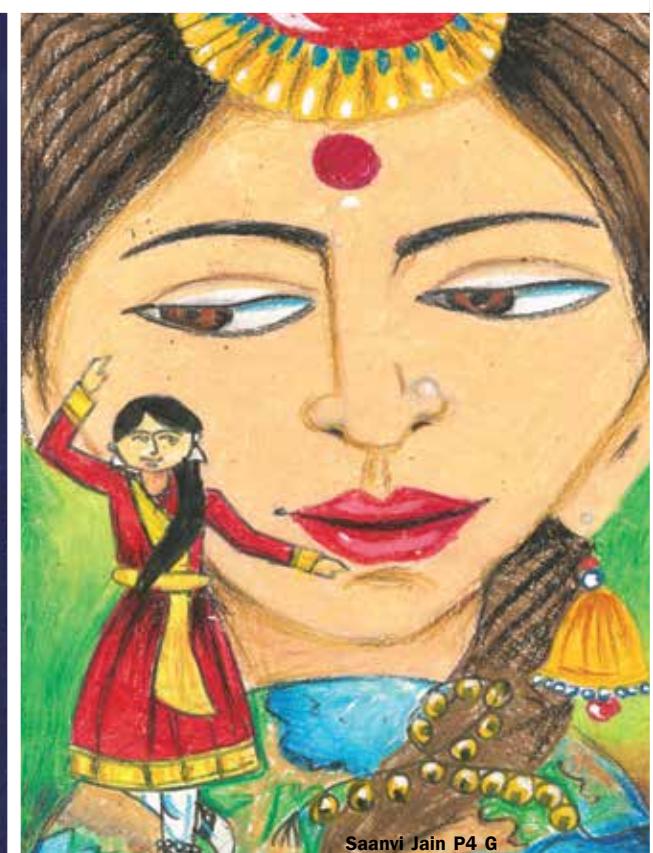
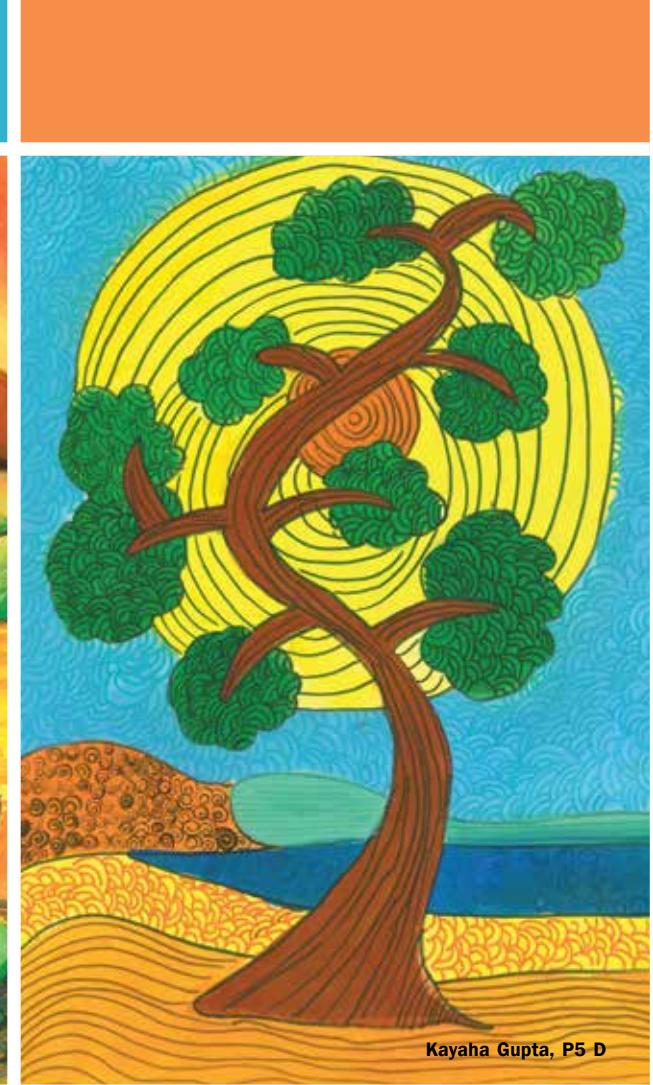
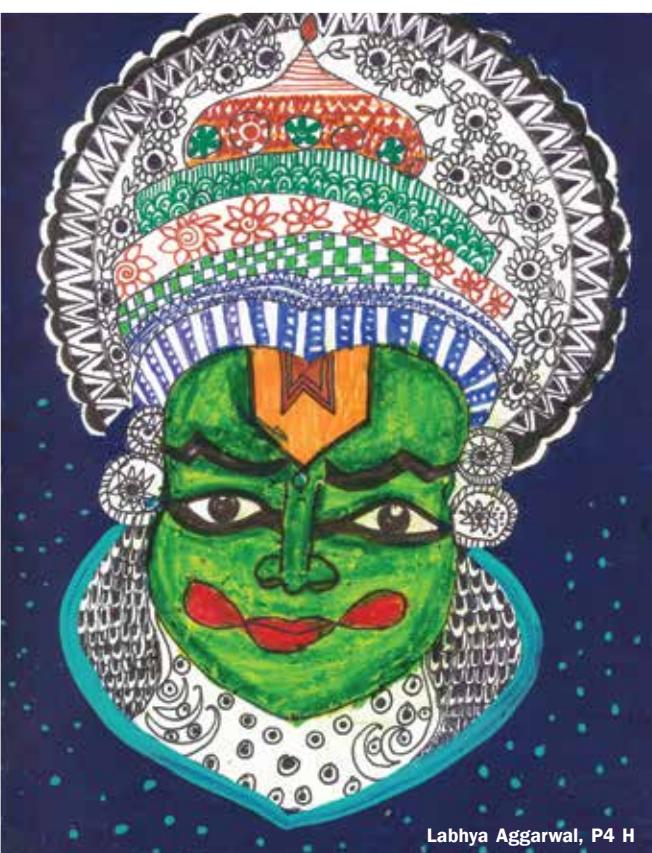
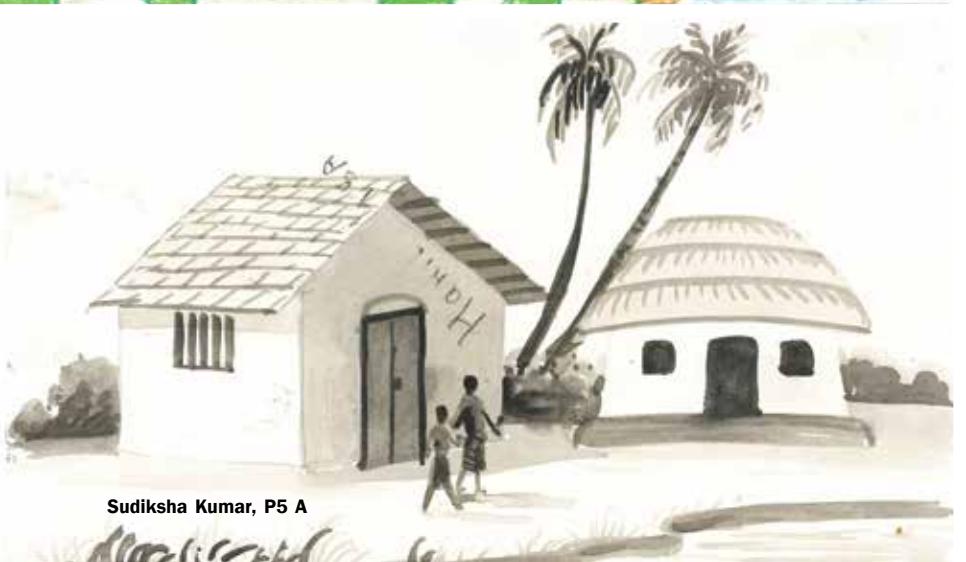
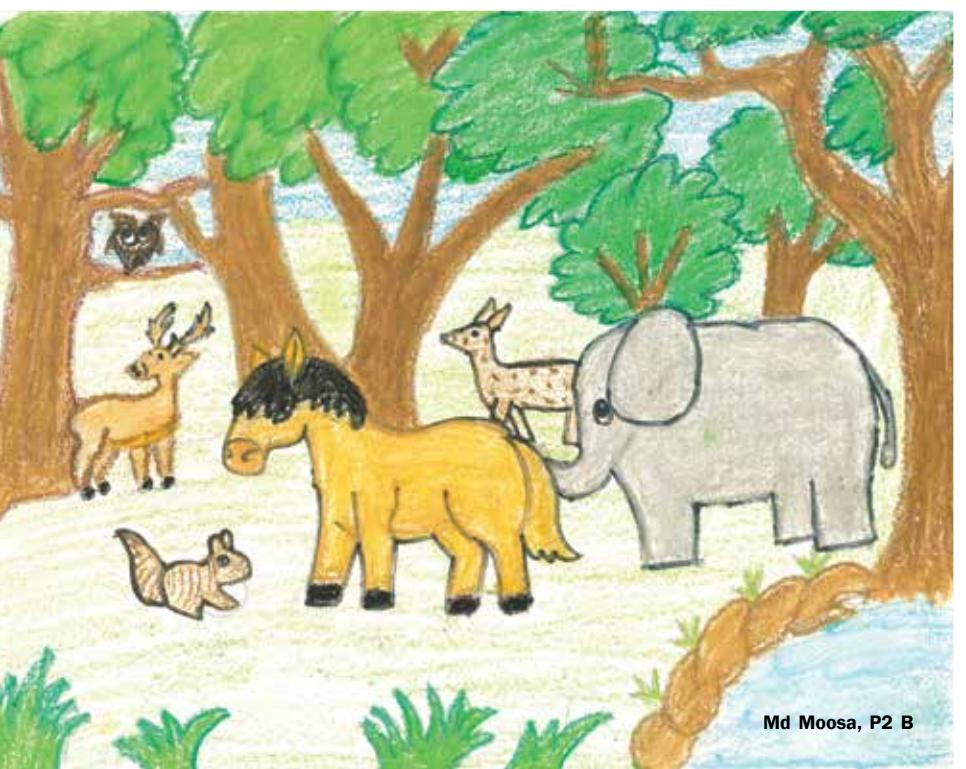
Aryaman Singh, P3 D



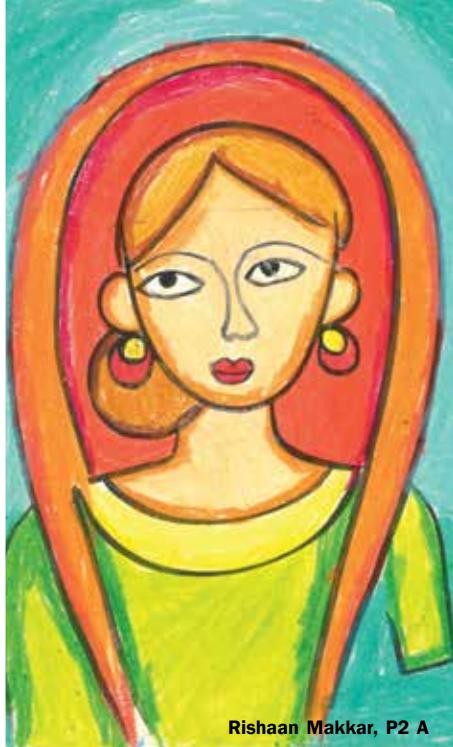
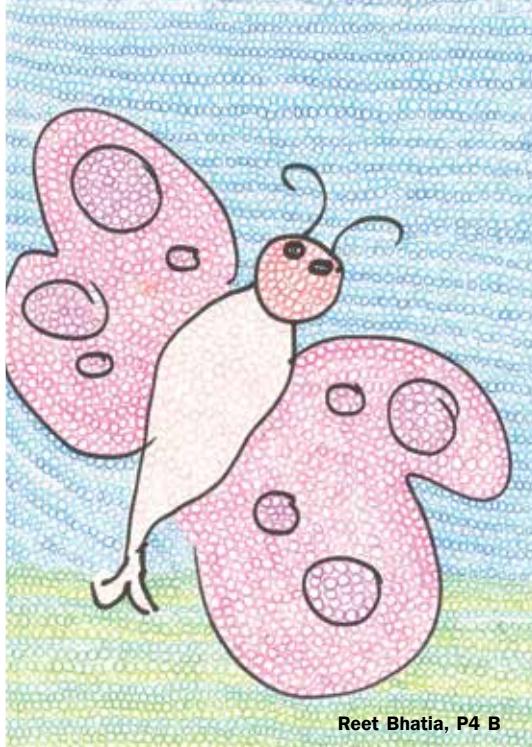
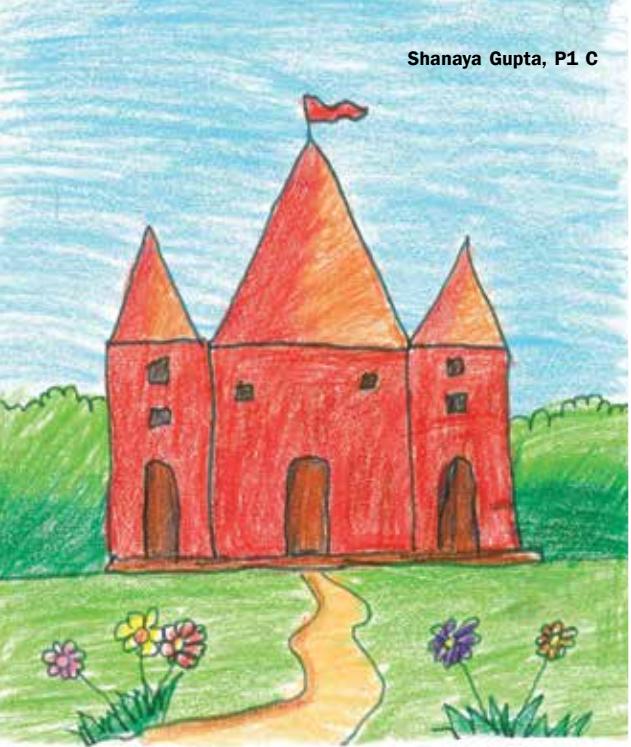
Ayaan Ahlowalia, P5 C



Shanaya Garg, P2 B

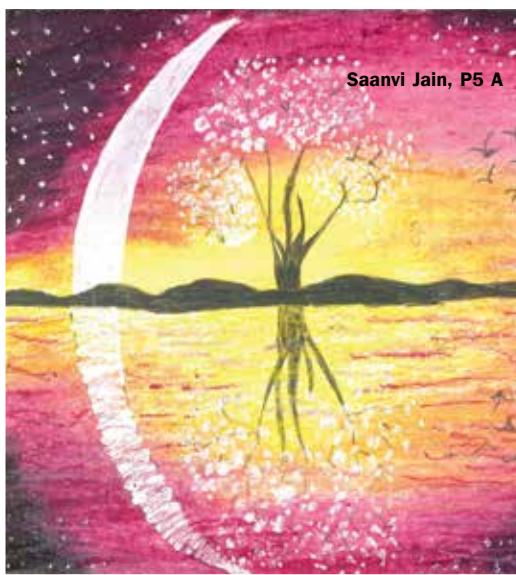


Shanaya Gupta, P1 C

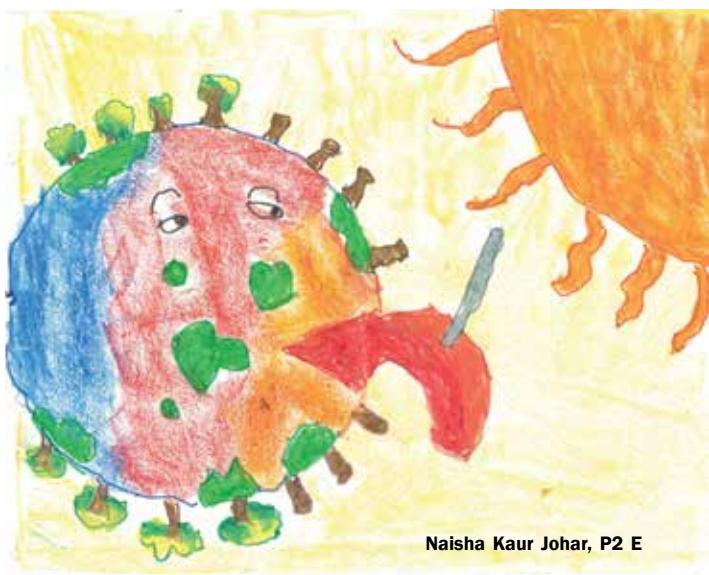


Reet Bhatia, P4 B

Rishaan Makkar, P2 A



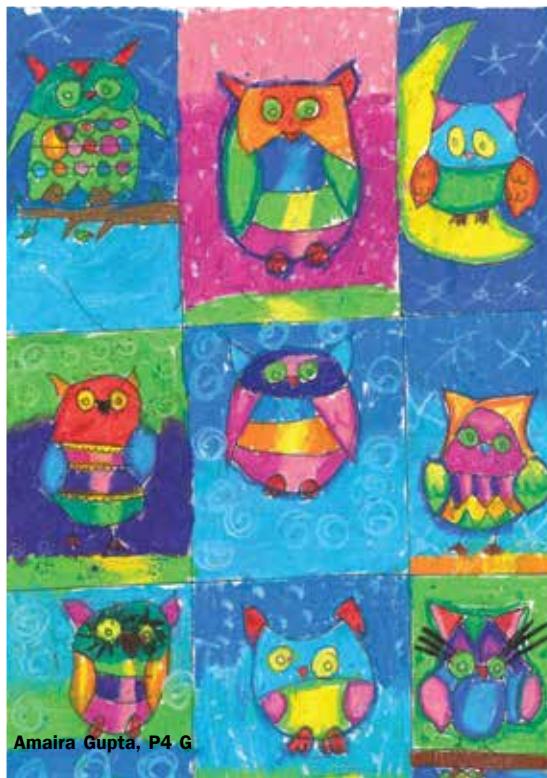
Vivaan Gupta, P2 C



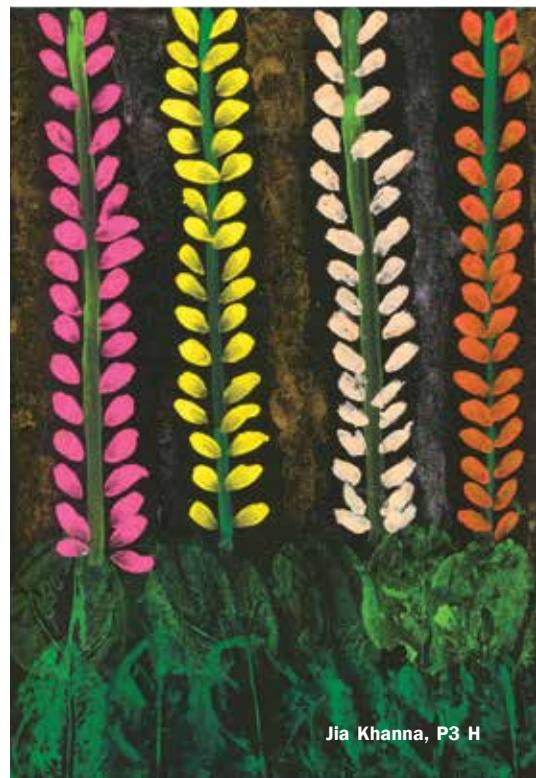
Naisha Kaur Johar, P2 E



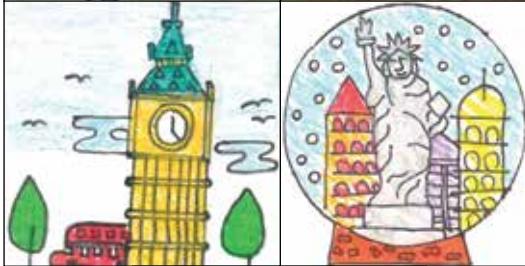
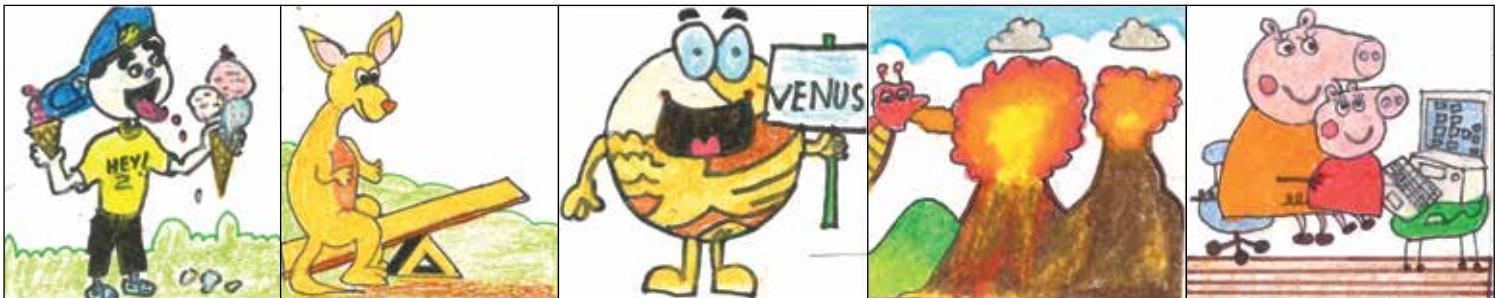
Avika Jain, P3 G



Amaira Gupta, P4 G



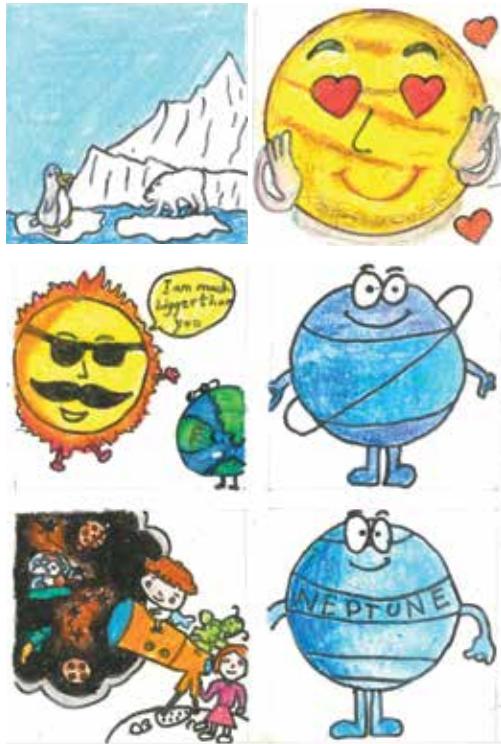
Jia Khanna, P3 H



Did You Know?

- 80% of vanilla flavoured food (including vanilla ice-cream and vanilla essence) is made artificially because natural vanilla beans are very expensive.
- Kangaroos cannot walk or jump backwards.
- Venus is the only planet in the solar system that rotates clockwise and all other planets rotate anticlockwise.
- Australia is the only continent in the world that has no volcanoes.
- You cannot talk and inhale or vice versa. When you speak, you will not be able to inhale. Give it a try!
- Pigs are one of the smartest animals on the planet. Their intelligence was first discovered in experiments in the 1990s. Pigs were taught several tasks using a cursor on a computer screen. They learned these tasks as quickly as chimps!
- New York drifts away about one inch from London every year.
- Have you ever put an apple into water and noticed the apple floating? Yes! Apples are made of 25% air so they float on water. Try this out with other fruits and vegetables too!

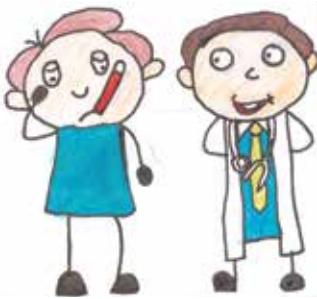
Aarsh Gupta, P3 B



Planet Facts

- Only 3% of Earth's water is fresh and rest 97% is salted. Out of that 3%, over 2% is in the form of ice frozen sheets and glaciers. Which means only 1% of fresh water is available in lakes, rivers and underground.
- A year on Earth is not 365 days, it's actually 365.2564 days. It's the extra 0.2564 day that creates the need for leap year!
- 99.86% of solar system's mass is found in the Sun. The majority of the remaining 0.14% is contained within the eight planets.
- 1 million Earths could fit inside the Sun. A hollow Sun would fit around 9,60,000 spherical Earths. The Sun's surface area is 11,900 times that of Earth's.
- The moon has no atmosphere. The lack of atmosphere means no sound can be heard on the moon, and the sky always appears black.
- With the exception of Neptune and Uranus, the other five planets (known as the Naked Eye Planets) can be seen unaided and all seven are visible with a small telescope or binoculars.

Atharv Chopra, P2 B



Laugh Out Loud!

1. Patient- Doctor I have pain in my eyes whenever I drink tea.
Doctor- Take the spoon out of the mug before you drink.
2. Mother- Did you enjoy your first day at school?
Girl- "First day? Do you mean I have to go back tomorrow?"
3. A girl had been talking on the phone for about half an hour, then she hung up.
"Wow" said her father. "That was short. You usually talk for two hours!"
"Wrong number", replied the girl



Ananya Grover, P4 F

Riddles

1. If a red house is made of red bricks and a yellow house is made of yellow bricks, what is a greenhouse made of?
2. What has to be broken before you can use it?
3. I'm tall when I'm young and I'm short when I'm old, what am I?
4. You bought me for dinner but never eat me. What am I?

4- Cutlery

Answers: 1- Glass, all green houses are made of glass; 2- Egg; 3-Candle;

Ananya Grover, P4 F



DOODLE TEAM

The illustrations for these sections of Sandesh have been created by the young doodle masters of RSJMS

Potpourri: Anahita Wadhwa P4 A, Saanvi Jain P4 G

Young Poets: Aisha Gupta P2 B, Shanaya Kochar P2 A, Garv Aggarwal P2 B, Sindhuja Singh Chauhan P3 B

RSJMS Story Box: Garv Aggarwal P2 B, Shanaya Kochar P2 A, Aisha Gupta P2 B, Anahita Wadhwa P4 A

उड़ान: Shanaya Kochar P2 A, Anahita Wadhwa P4 A

Did You Know and Planet Facts: Aryaman Singh P3 D

Laugh Out Loud and Riddles: Niharika Roy P4 F