

हिन्दी

व्यंजन (प - ह)

- नीचे दिए गए व्यंजनों को लिखने का अभ्यास करें और साथ ही इनसे शुरू होने वाले शब्दों को जानें। (Parents, please note that children do not have to read and learn to write these words, they only need to associate and recognize the words with the akshars)

प – पपीता



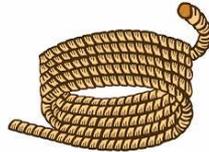
य – यज्ञ



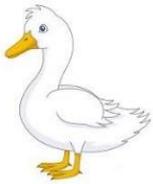
फ – फल



र – रस्सी



ब – बतख



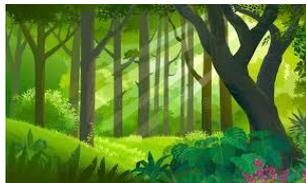
ल – लड़का



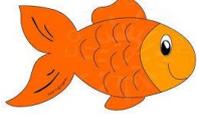
भ – भालू



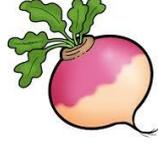
व – वन



म - मछली



श - शलगम



स - सब्जी



ह - हाथ



- दो अक्षर वाले शब्दों को पढ़ें:

घर



बस



चल



जल



डर



फल



रथ



हल



वन



- शब्दों की अंताक्षरी

बच्चों के साथ शब्दों की अंताक्षरी खेलें - पहला खिलाड़ी एक शब्द दे। जैसे हम, दूसरा खिलाड़ी इस शब्द के आखरी अक्षर 'म' से एक शब्द बोलेगा. ऐसे इस खेल को आगे बढ़ाया जा सकता है।

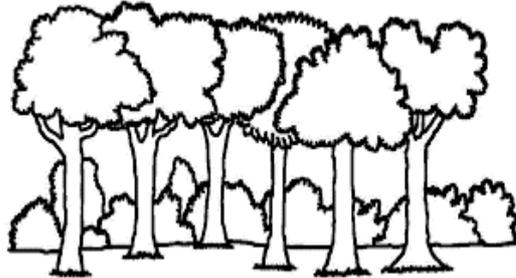
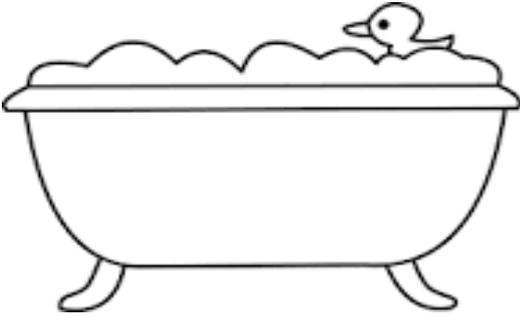
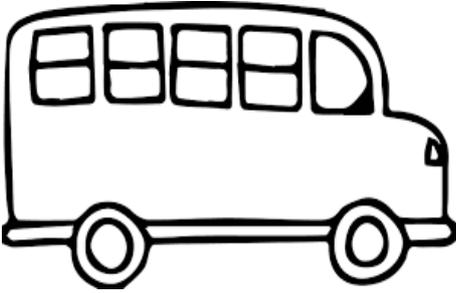
- बच्चों के लिए कुछ मजेदार कहानियों और कविताओं के लिंक

- <https://youtu.be/OPq0ERBmDlc>
- <https://youtu.be/eJx9fkfSEfl>
- <https://youtu.be/ZqktD0ciVFk>
- <https://youtu.be/Quy9gSPRzSk>

○ अभ्यास कार्य

○ चित्र पहचानिए । दिए गए शब्दों को काटकर सही चित्र के नीचे चिपकाए।

वन	बस
फल	टब



(अगर आपके पास प्रिंट लेने की सुविधा न हो, तो आप किसी भी कागज़ पर यह अभ्यास कर सकते हैं)

**EVS**

**TOPIC - KEEPING OURSELVES HEALTHY**

We can stay healthy only if we keep ourselves clean. We should eat healthy food and drink at least 6-8 glasses of water every day. We must remember these things to stay **healthy**.



**LINKS:** To have a better understanding of the topic, the following link can be viewed.

<https://youtu.be/xcYs6ubgrug>

**Five best cleaning agents that we all need:**

Soap, toothbrush and toothpaste, comb, nail trimmer and handkerchief.

Know what they are and use them. They are all good for our hygiene. That's what keeps diseases at bay. Watch this fun and informative song and stay clean!

[https://youtu.be/eh0\\_KjbrCBs](https://youtu.be/eh0_KjbrCBs)

**Activity:** Draw or paste pictures of 5 things that help to keep your body clean. Remember to name these items.

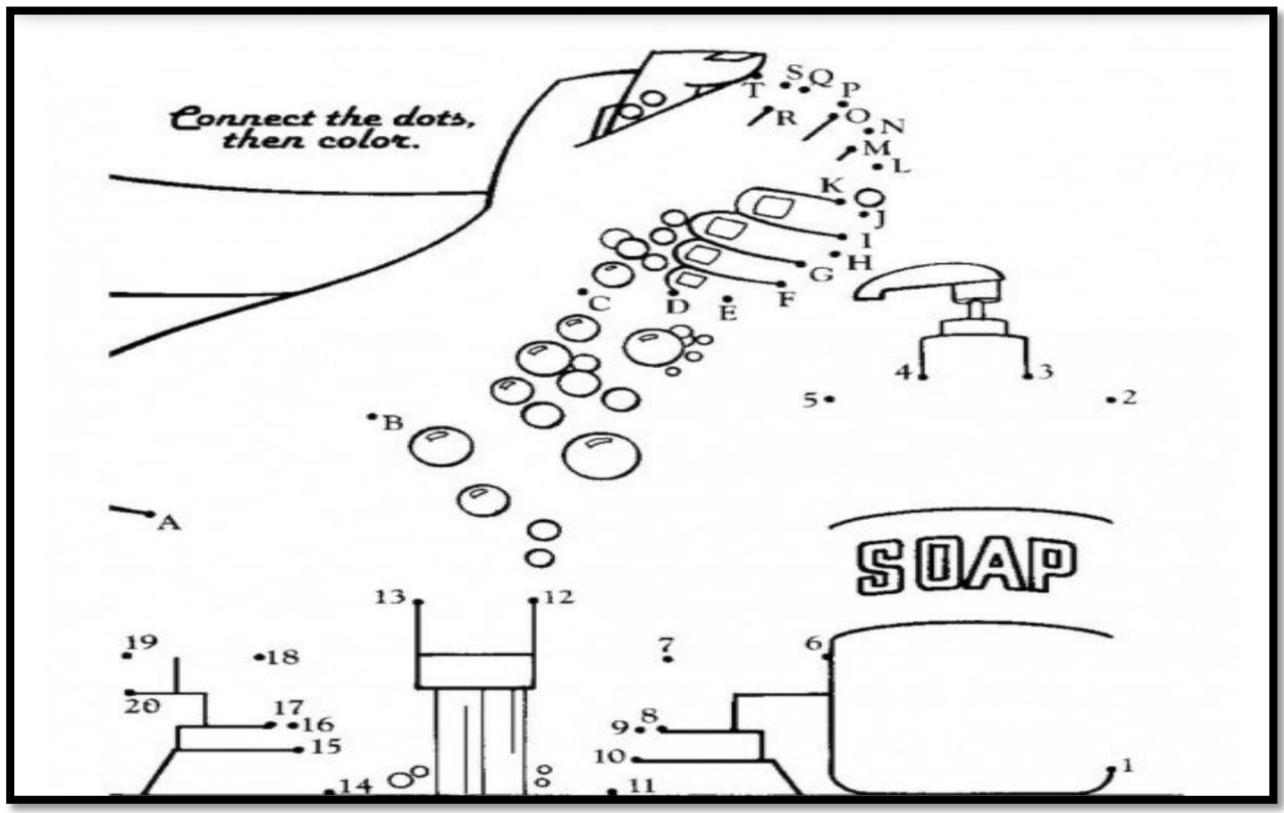


Help your child by giving information about how coronavirus is spreading and what we can do to help minimize the risk. One of the best ways to keep children safe from coronavirus is to maintain hygiene and encourage regular handwashing, for at least 20 seconds. [Sing along with The Wiggles](#)

(some links take a while to open, do be patient)

Name \_\_\_\_\_

I pledge to wash my hands



### Life Skills

Good hygiene is important. Keep yourself healthy and clean. Brush your teeth twice daily, take bath every day, wear clean clothes. Comb your hair properly. Trim your nails regularly. Do not touch your eyes, mouth or nose with unwashed hands and cover your mouth and nose when you sneeze. A clean child is a healthy child.

## Earth Day

We live on planet Earth. Earth Day is celebrated all over the world every year on 22<sup>nd</sup> April, with a message to protect the planet from things like pollution and deforestation. Come let's protect our planet by taking part in activities like picking up litter and planting trees. **Save Earth, Save Life.**

Link: <https://youtu.be/yl3zgcL0Tv8>

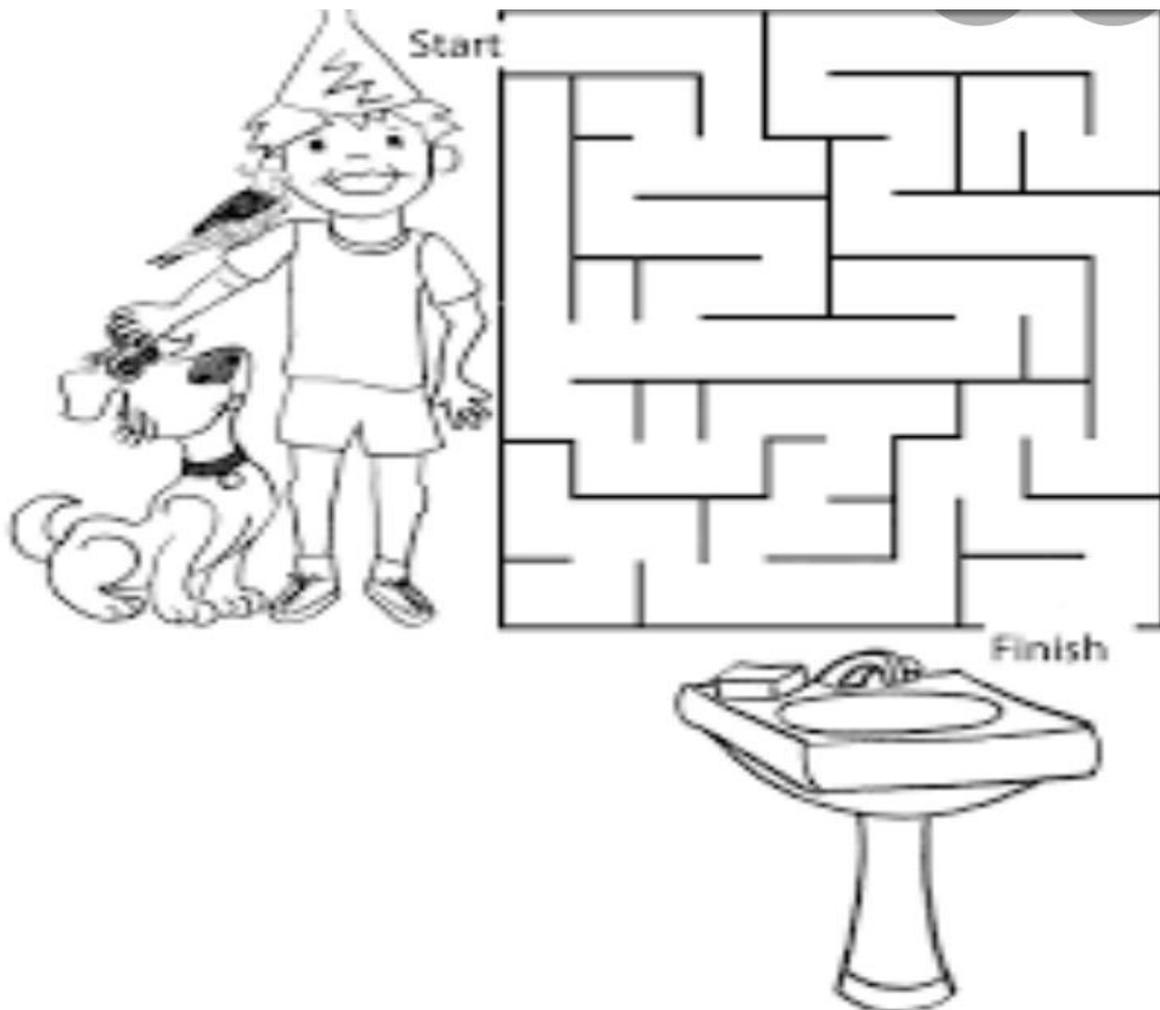
Rhyme: <https://youtu.be/UbnRANz4nT0>



**Activity:** Make an attractive and meaningful paper badge, with the help of paper, colours and a strip of cello tape to hold the safety pin in place, for Earth Day. Wear it with pride.

### Task:

Help Raghav reach the washbasin to wash his hands.



## ENGLISH

**Topic:** Development of reading habit in children depends on their understanding of the alphabet. Building a word is one of the fundamental steps for a child to speak a language. Usually the child picks up words in a language that they are most exposed to. However, while trying to teach another language, one must proceed step by step. To help your child recognize and pronounce individual letters and the sounds that they make, open the links below and encourage your child to speak along.

**Suggested Links:** <https://www.youtube.com/watch?v=Tn6Zzbq-XGU>

<https://www.youtube.com/watch?v=eegWzglBMh0>



**Activity:**

**1. Name Activity**

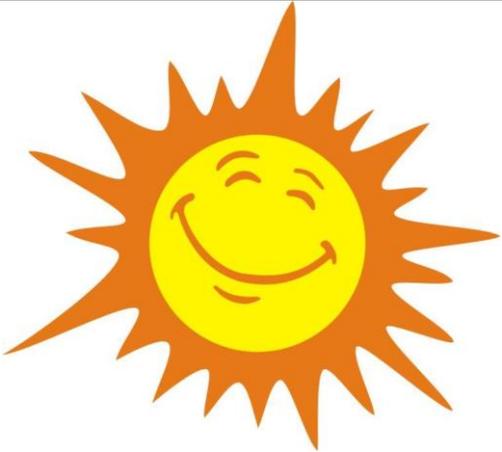
Let the child write his/her name on a sheet of paper. Circle the first letter of their name. Draw any five things which begin with that letter.

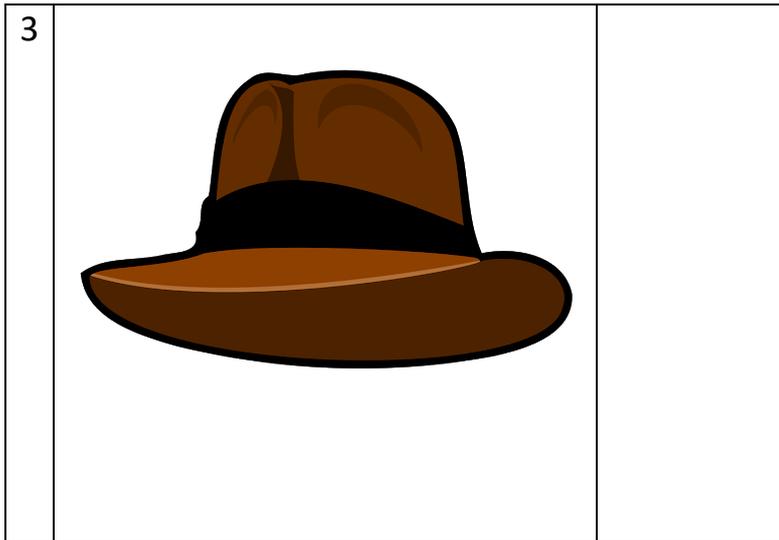
**2. Scavenger Hunt**

Send your children on a hunt. Arrange alphabets written on pieces of paper around your room/house. Then challenge them to find as many items that begin with each of those letters as possible. When a child finds an item he/she should place it on the piece of paper labelled with its initial letter. Your "j" paper may hold items like jug, jar, jam, etc. See if your child can find items in your room/house for every letter of the alphabet.

**3. Learning to spell**

For this game prepare a set of three letter words. In the first column paste only the picture, like this -

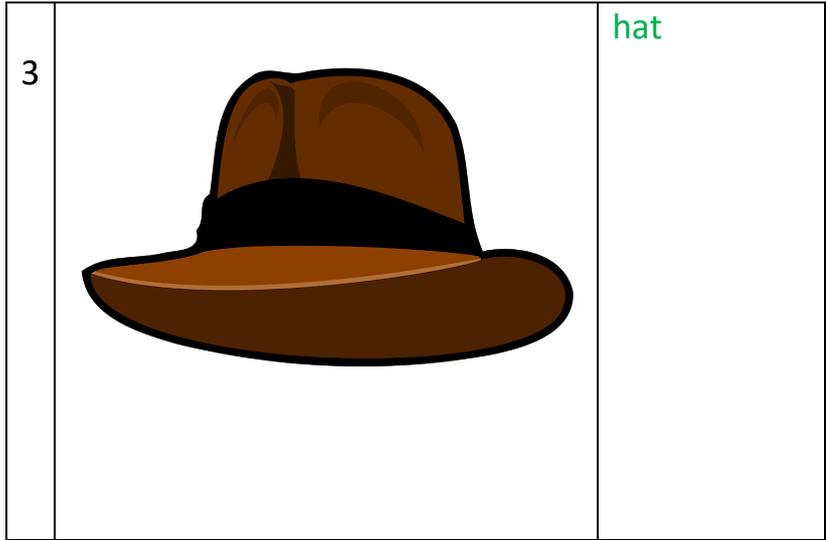
1		
2		



Ask the child to pull letters out of the bag containing alphabets, if they get a letter they can use, they add it next to the picture.

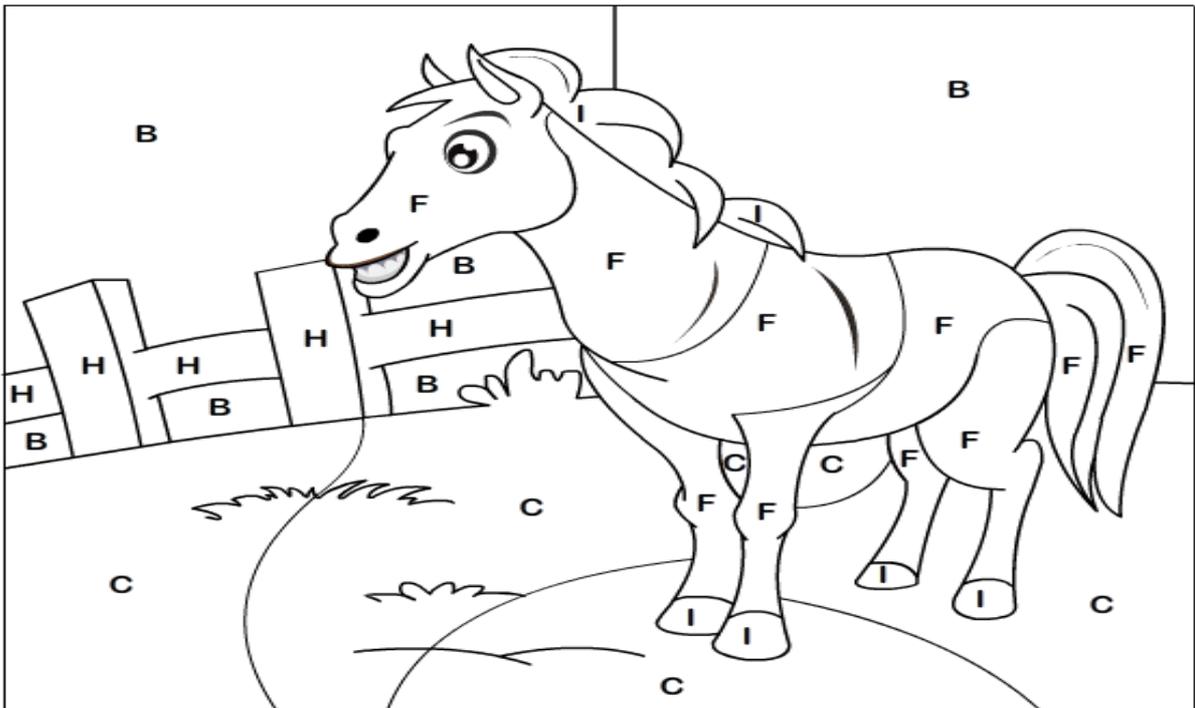
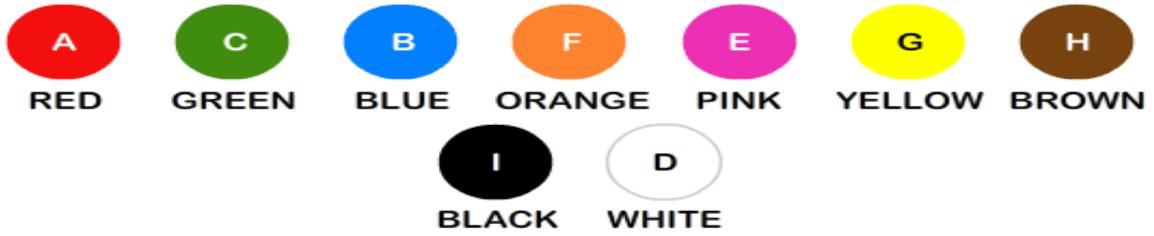
If they can't use it, they place it back in the bag. Then they go to the next picture, build the word with the help of alphabets from the bag, so on and so forth.





**Task:**

Use the alphabet colour key to colour the horse. Be alert, colour only if you can spot the letter.



## MATH

**Topic:** Counting from 1-30, Before and After and Number Recognition

**Links:**

<https://www.youtube.com/watch?v=IndiN1T0018>

<https://www.youtube.com/watch?v=SHIY9fzQd8>

**Activity:**

### 1. Count Rajma Seeds

Let's do a small counting activity. Are you ready? With mom's help take a handful of Rajma. Now guess how many Rajma seeds you have in your hand. Yes, you can write it down on a sheet of paper or in a note book. Put the seeds in a katori and count how many seeds are there in all.

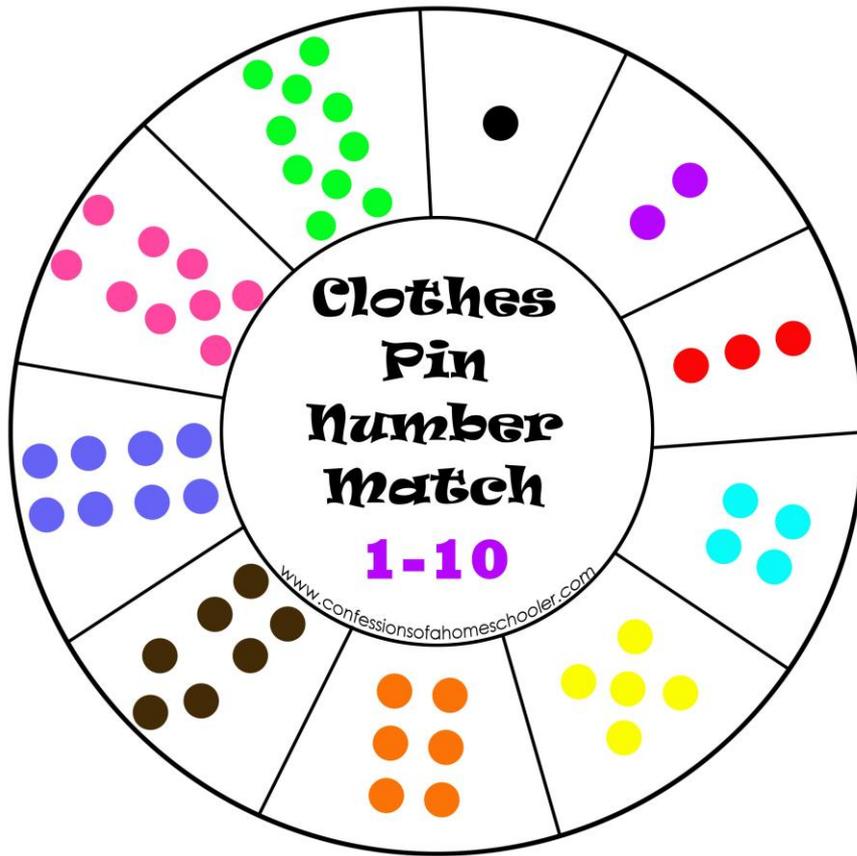
Great, now write the counted number of seeds again on the sheet. Compare the two numbers. Which is bigger? Write it down.



### 2. Clothes pegs Number Game

Write numbers on mini-clothes pegs and then have your child clip them on to the correct number of dot(s). You can print the wheels and glue them onto a thick card. Using clothes pegs, label the numbers 1-20. See Pictures below.





3. Please click on the link to listen to the story of 'Billy, The Goat'. Once you have listened to the story, try to do the activity given below:

<https://1drv.ms/p/s!AjJE8mSOfQZieGv9HTwRtHDpVMY>

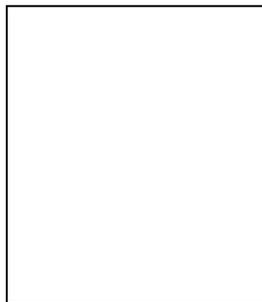


Now let's play a game. Cut and stick the images given, in the boxes provided:

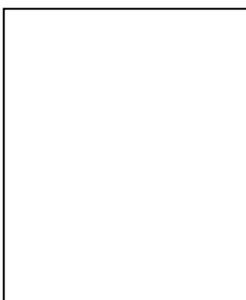
1. Who met Billy the Goat **before** the Lion?



2. Who met Billy the Goat **after** the Wolf?



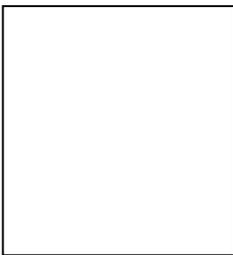
3. Who met Billy the Goat **before** the Cheetah?



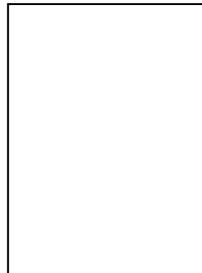
4. Who met Billy the Goat **after** the Cheetah?



5. Who met Billy the Goat **before** the Hyena?



6. Who met Billy the Goat **after** the Lion?



Pictures to use for your activity.





Now, let's play a game with numbers.

What number comes before?

What number comes after?

	8
--	---

	5
--	---

	7
--	---

	4
--	---

	9
--	---

	12
--	----

	14
--	----

1	
---	--

6	
---	--

2	
---	--

3	
---	--

10	
----	--

13	
----	--

11	
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**Task:**

1. **Think** where all you see numbers. Take a paper and pencil and draw.



Can you count and write the number of dots each puppet is holding



Orange

Purple

Pink

Sea Green

